



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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SHLOK FOR THE MONTH

वाणी रसवती यस्य, यस्य श्रमवती क्रिया ।
लक्ष्मीः दानवती यस्य, सफलं तस्य जीवितं ॥

The Life of a person whose speech is sweet, whose work is full of hard work, whose money is used in charity, is successful.

THOUGHT FOR THE MONTH

Don't see others doing better than you, beat your own records everyday, because success is a fight between you and yourself.

- Chandra Shekhar Azad

SCHOOL SURVEY

People are more connected than ever, yet lonelier than before

Agree	88.2 %
Disagree	11.8 %

BIRTHDAY GREETINGS !

Ms. Mitali Mehta	1st	April
Mr. Prabhakar Tambe	2nd	April
Ms. Anshu Jha	2nd	April
Ms. Ruqaiya Shaikh	3rd	April
Ms. Arshi Khan	6th	April
Ms. Merlyn Kunder	13th	April
Ms. Heena Punjabi	14th	April
Ms. Dipty Paleja	17th	April
Ms. Samita Paul	20th	April
Ms. Shrila Raghu	24th	April
Ms. Natasha D'Melo	26th	April
Dr. Ganapathi Subramaniam	28th	April
Ms. Dixita Khokale	29th	April

FROM THE PRINCIPAL'S DESK...

"A reader lives a thousand lives before he dies. The man who never reads lives only one." - George R.R. Martin

In the modern landscape of education, we are often distracted by the "new"- the latest software, the fastest processors, and the most recent viral trends. Yet, as I look out from my desk at the bright minds filling our hallways, I am increasingly convinced that the greatest competitive advantage a student can possess is also one of the oldest: the habit of deep, intentional reading.

We often frame reading as a mechanical skill or a chore for a literature exam. In reality, it is a "superpower" that builds the very architecture of our character.

A person who does not read is limited to their own lived experience - a single life, a single perspective. However, the reader possesses a map that spans centuries and continents. When you engage with a book, you are participating in a "mentorship of the mind." You are learning from the failures of historical figures and the triumphs of visionaries.

We live in an era of intellectual fragmentation. Our attention is often harvested in ten-second intervals, leaving many with what I call a "butterfly mind" - fluttering from one surface-level thought to the next. Reading is the ultimate act of resistance against this trend. It requires a sustained, singular focus. This cognitive endurance is exactly what is required to solve the world's most pressing problems.

To our students: I urge you to see your library as a passport and every book as a training ground for your future authority. Don't just read to "know"; read to "become." The world is waiting for leaders who are articulate, empathetic, and wise. These qualities aren't found on a glowing screen; they are forged in the quiet, profound moments between a reader and a page.

"Reading is a conversation. All books talk. But a good book listens as well." - Mark Haddon

Dr. Seema Saini
CEO and Principal

PRE - PRIMARY SECTION

Concert - (Sunflower and Nursery)

The Sunflower and Nursery children lit up the stage with their delightful concert, creating a memorable experience for everyone present. Our little stars showcased their dance performances with great enthusiasm and confidence in front of their parents. Their vibrant expressions, graceful movements, and joyful energy truly reflected their hard work and practice. It was a proud and heartwarming moment to witness the children perform so beautifully, overcoming stage hesitation and shining with confidence. The concert was a wonderful celebration of their talent, growth, and joyful spirit.



Mismatch Day - (Sunflower, Nursery, Jr.KG.)

Mismatch Day was joyfully celebrated by our Sunflower, Nursery, and Jr. KG children as a fun-filled finale to the academic year. Dressed in creative and colorful mismatch outfits, the little ones confidently participated in a lively ramp walk, cheered on by their peers. The excitement and enthusiasm were truly contagious as each child proudly showcased their unique style. The day was further filled with engaging games, music, and dance, where children and teachers came together to celebrate, laugh, and create happy memories.



International Day of Happiness - (Jr.KG. & Sr.KG.)

International Day of Happiness was celebrated on 20th March 2026 with joyful giggles in our Jr.KG. and Sr.KG. classrooms. A fun-filled "Funny Hair Day" activity brought together art and music, as children creatively designed hairstyles inspired by soft and loud rhythms. The day was filled with laughter, creativity, and cheerful smiles, making it a truly happy and memorable experience for our little ones.



Pet Buddy Care Day - (Jr.KG.)

Our Junior KG students celebrated Pet Buddy Care Day as part of their EVS theme "Feathered and Furry Friends." They brought soft toy pets and engaged in activities like feeding, grooming, playing, and studying with them. Through this fun experience, children learned empathy, kindness, and responsibility. The day was filled with joy and created lovely memories for everyone.





PRI-PRIMARY SECTION

Super Saturday - (Sr.KG.)

Super Saturday was celebrated with great enthusiasm by our Sr. KG children as a joyful farewell, marking their transition from Pre-Primary to the Primary section. The highlight of the day was a delightful dramatization of the story "Little Red Riding Hood" enacted by the teachers, which left the children thoroughly entertained and engaged. Watching their teachers perform added a special charm and excitement to the celebration. A special bonfire dance added to the festive spirit, making the evening even more memorable. The children also relished the delicious snacks arranged for them. It was a heartwarming and fun-filled celebration, creating beautiful memories as our young learners prepared to step into a new phase of their school journey.



First Day of New Academic Year -

The first day of school for our Jr. KG and Sr. KG students began on a cheerful and positive note. The children were given a warm and welcoming start, helping them settle comfortably into their new academic session. A variety of fun-filled games were thoughtfully planned to create a joyful and engaging environment, making the little ones feel excited and at ease. One of the highlights of the day was the special "Magic Mirror" ice-breaker activity. As the children peeped inside, they were delighted to discover a mirror reflecting someone very special - themselves! To make the day even more memorable, each child received a small welcome takeaway, marking the beginning of their new learning journey. It was truly a wonderful start filled with smiles, excitement, and positivity.



The Junior Graduation Ceremony - (Sr.KG.)

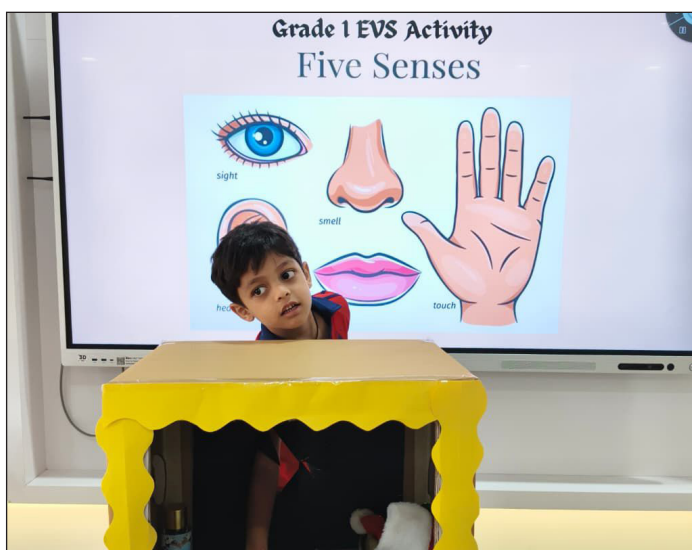
The Junior Graduation Ceremony for our Sr. KG students was a proud and memorable event. The children were felicitated with their graduation certificates in a formal ceremony, marking an important milestone in their journey. The celebration continued with a vibrant cultural program on the theme "Proud to be Indian – Salute to Our Nation," where the children performed confidently in front of their parents in colorful costumes. It was a joyful and proud moment for all.



PRIMARY SECTION

Little Explorers: Five Senses

Grade I EVS activity on Sensory Organs was conducted where students became little scientists during a fun Sensory Discovery session. They explored the world using their five senses through activities like identifying smells, textures, and tastes. The children learned how eyes, ears, nose, tongue, and skin help us understand our surroundings. It was a joyful day of hands-on learning filled with curiosity and excitement.



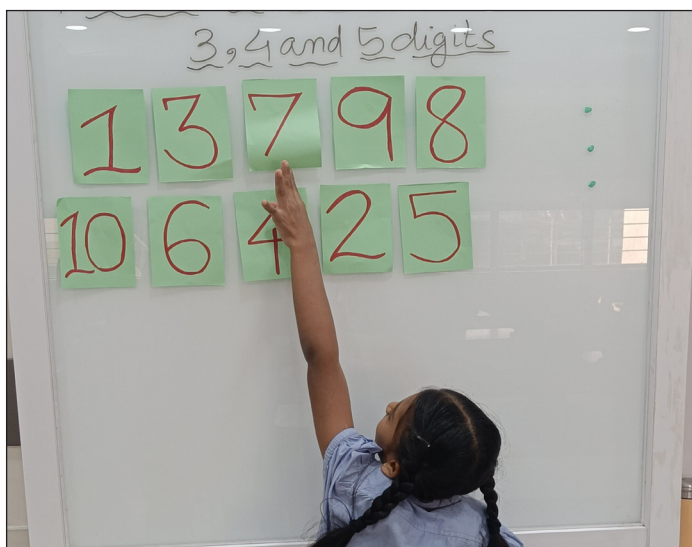
My Daily Routine Activity

Grade II EVS activity on "My Daily Routine" was conducted in the class, where learners were given flashcards to arrange in the correct sequence and speak about their daily routine. The activity encouraged participation, communication, and logical thinking. Overall, it was a very engaging and interactive session.



Grade III "Count it, name it, learn it!"

A fun and interactive classroom activity was conducted to help students of Grade-III to understand numbers and number names. The teacher displayed flashcards of numbers from 1 to 10 in a jumbled order, encouraging students to observe them carefully. Students were then asked to select digits and form 3, 4, and 5-digit numbers using the given cards. They enthusiastically created different combinations and actively participated in the task. After forming the numbers, students read them aloud and expressed their number names with confidence. This activity enhanced their understanding of place value while making learning enjoyable and engaging.



Grade IV - World Poetry Day - Where Nature Found a Voice

This World Poetry Day, Grade 4 transformed into a garden of young poets, where every child became a storyteller of nature. With the theme "Nature," students penned their own poems, giving life to whispering trees, dancing leaves, and singing birds. Each poem was a window into a child's imagination - pure, vibrant, and full of wonder. From the sparkle of rivers to the calm of the sky, their words reflected not just beauty, but a growing love and care for the environment. The classroom echoed with creativity, proving that even the smallest voices can create the most magical verses.



PRIMARY SECTION

Grade IV & V - Goal Setting Activity

Our young learners stepped into a world of dreams and determination through a creative goal-setting activity. They explored five important areas of life - academic, behavioural, health, personal, and social - and expressed their goals with excitement and honesty. From becoming better learners to kind friends and healthier individuals, each goal reflected their growing sense of responsibility and self-awareness. The classroom buzzed with positivity as students shared their thoughts and ideas. This meaningful activity inspired students to believe in themselves, take small steps forward, and shape a brighter, better future.



Grade V World Theatre Day

To celebrate World Theatre Day, N.L. Dalmia High School organized an engaging activity for the students of Grade V on 23rd March 2026. Held at the School Auditorium, the event aimed to foster creativity, build confidence, and help students appreciate the diverse art of performance. Participating students had the opportunity to dress up as various characters from historical, mythological, or literary backgrounds and present a short dialogue. To make their portrayals more expressive and enjoyable, the children used simple costumes and creative props to bring their chosen characters to life.



SECONDARY SECTION

Flower Dissection Activity

Students of Grade 6 revisited the concept of Biology, a new subject for them, through the topic of Flower via a hands-on dissection activity, strengthening their foundation from Grade 5. They brought flowers from home, identified the four whorls, and observed pollen grains under a microscope. The activity promoted active participation, sparked curiosity, and enhanced understanding through experiential learning, while also developing their observation and scientific skills.



From Contours to Cross-Sections: Visualising Landforms

Students of Class 8 A engaged in a hands-on Geography activity to understand contour representation of landforms. They created paper models of features such as plateaus, valleys, conical hills, and saddles. Using these models, they drew cross-sections by projecting contour heights onto a reference line. This helped them visualize how map views can be transformed into side profiles of terrain. The activity made it easier to identify and interpret landforms on topographical maps. It also strengthened their foundation for future learning, especially for Class 10 ICSE board examinations.



SECONDARY SECTION

Happiness Unleashed: SUPW Activity Highlights

On the occasion of World Happiness Day, our Grade 6 students participated in an engaging slogan writing competition as part of their SUPW activity. Working collaboratively in their respective houses - Agni, Jal, Prithvi, and Vayu – students designed vibrant posters with thoughtful slogans spreading messages of happiness and positivity. The activity beautifully fostered teamwork, creativity, and cooperation, while giving students a platform to express their ideas with confidence. Their enthusiasm and artistic flair truly made the event a success!



Poster Making Activity - World Forestry Day

On 18th March, Grade 7 students participated in a poster-making activity to celebrate World Forestry Day. The event aimed to raise awareness about forest conservation and environmental protection. Students expressed their creativity through colourful and impactful posters, highlighting themes like Save Trees and Go Green. The activity was both engaging and meaningful, encouraging students to value and protect nature.



SCHOOL UPDATES

National Level Achievement - Road Safety Olympiad

Yuvika Prashant Manjrekar of Grade 7 has secured Rank 11 at the National Level in the National Road Safety Olympiad 2026.



Tvishaa Poojary of class 9, secured first position in Semi Classical dance competition organised by Nrutyam in Nrityamahotsav 2026





SCHOOL UPDATES

22nd UCMAS Mumbai State & Zonal Level Mental Arithmetic Competition 2025-26

Our students delivered an outstanding performance at the 22nd UCMAS Mumbai State & Zonal Level Mental Arithmetic Competition, held on Sunday, 11th January 2026 at the prestigious World Trade Centre, Cuffe Parade.

The mega event witnessed participation from over 4,000 students across Maharashtra. Participants were challenged to solve 200 sums within just 8 minutes, testing their mental agility, speed, concentration, memory power, and accuracy. Through their rigorous UCMAS training, our students have enhanced their cognitive skills, including sharp memory, improved focus, faster calculation abilities, and strong problem-solving aptitude-skills that significantly contribute to their academic excellence and overall personality development.

State Level Achievements Champion Trophy + Rs. 3000/- Cash Award and Certificate

Hamza Choudhary - Grand Level 1

Merit Trophy + Certificate	
(Top 25 rankers after Champions and Runners-Up)	
Sr. No.	Student Name
1	Kiaan Patel
2	Kivaan Smit Shah
3	Vivaan Rinkesh Siroya
4	Diaan Parin Patel
5	Riyanshi Pankaj Agarwal
6	Daksh Sandeep Bhandari
7	Jash Dhiren Dedhia
8	Abdul Hannan Abdul Mateen Nagnoori
9	Aditri Dipesh Kumar Yadav
10	Dhvit Mahin Goshaliya
11	Md. Amr Rayyan Perwaze
12	Aarika M. Surwade
13	Vikhyath Anup Nair
14	Garima Mahesh Panchal
15	Dhruvi Prashant Manjrekar
16	Amayah Amit Negi
17	Dev Avinash Menon

Zonal Level Achievements	
Champion Trophy + Certificate	
Sr. No.	Student Name
1	Vivaan Rinkesh Siroya
2	Jash Dhiren Dedhia
3	Dhruvi Prashant Manjrekar
4	Dev Avinash Menon
5	Hamza Choudhary
1st Runner-Up Trophy + Certificate	
Sr. No.	Student Name
1	Mohammad Danish Ansari
2nd Runner-Up Trophy + Certificate	
Sr. No.	Student Name
1	Aarika M. Surwade
2	Garima Mahesh Panchal
Merit Trophy + Certificate	
Sr. No.	Student Name
1	Kiaan Patel
2	Kivaan Smit Shah
3	Diaan Parin Patel
4	Nidhi Manish Singh Chauhan
5	Riyanshi Pankaj Agarwal
6	Daksh Sandeep Bhandari
7	Abdul Hannan Abdul Mateen Nagnoori

These remarkable accomplishments reflect the dedication of our students, the guidance of their mentors, and the consistent encouragement provided by the school management. Their success at both State and Zonal levels has brought immense pride and honour to the institution.

We extend our heartfelt congratulations to all the winners and wish them continued success in their future endeavours.

SCHOOL UPDATES

Educational Visit to ISFB Campus & CEO Investment Challenge Workshop

The educational visit to the ISFB Campus on 2nd April 2026 was an enriching experience for students of Grades IX to XII (Commerce). It provided valuable exposure to the real-world domains of business, finance, and leadership beyond classroom learning. The highlight of the visit was the CEO Investment Challenge, a simulation-based workshop where students took on the role of CEOs. Through this activity, they explored important financial concepts such as Risk-Return Trade-Off and Discounted Cash Flow (DCF), along with the role of Artificial Intelligence in decision-making. The workshop was divided into two phases-Learn and Apply-allowing students to first understand concepts and then implement them in practical scenarios. They evaluated business opportunities, tackled challenges, and made strategic investment decisions. An engaging reflection session with industry experts further enhanced their understanding of real-world financial practices. The guided campus tour offered insights into a professional and innovative academic environment.



An Insightful Visit to the Printing Press – Where News Comes Alive

The visit to The Times of India Suburban Press, Kandivali East, on 24th March 2026 was an enriching experience for the students of N. L. Dalmia High School, Mira Road. It aimed to provide real-world exposure to journalism and newspaper production beyond classroom learning. The programme began with the arrival of the Principal and students, followed by lunch, a warm welcome, and a cheerful cake-cutting ceremony. A felicitation ceremony further set a positive tone for the day. An engaging session by Mr. Nitin Patil introduced students to the process of newspaper creation, from reporting and editing to printing and distribution. The highlight was the guided tour of the press, where students witnessed high-speed printing and the coordination behind producing thousands of copies within minutes.



ISC SECTION

Grade 11 Orientation: Batch 2026-2028

The ISC Section of N.L. Dalmia High School hosted an engaging Orientation Program for Class 11 students on 9th April 2026, marking the beginning of an exciting new academic chapter. Principal Dr. Seema Saini addressed the students, sharing her inspiring words and valuable guidance for the journey ahead. Teachers from various subjects - Accounts, Business Studies, Biology, Psychology, Mass Media and Communication, English, Economics, Entrepreneurship, Chemistry and Physical Education - introduced their respective disciplines, offering meaningful insights into the curriculum, its relevance, and future opportunities. It concluded on a positive note, leaving students feeling confident, motivated, and well-prepared to embark on their new academic journey.



THE EDITORIAL TEAM : Ms. Annie Michael, Ms. Preeti Thackeray, Ms. Vincy David, Ms. Binita Parmar, Ms. Loveleen Menon

STUDENTS : Devansh Goyal