



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

INDEX

Shlok for the Month
School Survey
Thought for the Month
Birthday Greetings !
From the Principal's Desk...
ISC
Secondary / Primary Section
Primary Section
School Updates

SHLOK FOR THE MONTH

सत्यम् एव ईश्वरो लोके सत्यम् पद्मा समाश्रिता ।
सत्य मूलानि सर्वाणि सत्यान न अस्ति परम् पदम ॥

Truth is god and all virtues follow truth. All are rooted in truth and there is nothing higher than the truth.

SCHOOL SURVEY

AI apps can Teach but not Educate

Agree	73%
Disagree	27%

THOUGHT FOR THE MONTH

To succeed in your mission, you must have single minded devotion to your goal.

- A.P.J.Abdul Kalam

BIRTHDAY GREETINGS !

Sonali Chatterjee	1st August
Swarachita Kumari	3rd August
Frangel Fernandes	3rd August
Loveleen Menon	4th August
Lakshmi Joshi	4th August
Rupesh Tayade	5th August
Bhawna Joshi	5th August
Sushil Bagve	7th August
Samidha More	7th August
Kshiti Meher	14th August
Jasmine Chettiar	16th August
Nedra Henriques	17th August
Veena Govil	17th August
Sudipta Dey	21st August
Dhaval Tandel	22nd August
Sneha Ajit Nair	23rd August
Neelam Redkar	29th August
Rozy Singh	31st August

FROM THE PRINCIPAL'S DESK...

"We need to prepare our children for their future, not our past."

This powerful thought reflects the urgent need to evolve with time, and Artificial Intelligence (AI) is at the heart of this transformation in education. Artificial Intelligence will not replace teachers, but teachers who embrace AI will transform education.

In the rapidly changing world of education, Artificial Intelligence (AI) is emerging as a game-changer. Its impact on teaching and learning is profound, bringing innovation, personalization, and inclusivity into classrooms.

AI is not a substitute for human connection, empathy, or inspiration that teachers bring into classrooms. Instead, it works as a powerful partner, enabling teachers to become more efficient, resourceful, and student-centered.

Walking hand in hand with the revolution in the educational field, N. L. Dalmia has also adopted AI as a companion for an evolving learning journey enabling personalized learning by analyzing each student's strengths, weaknesses, and pace of understanding. This allows teachers to create tailor-made learning experiences where every child learns effectively without feeling left behind.

Most importantly, AI is preparing both students and teachers for the world of tomorrow-a world where technology is integral. Skills like coding, robotics, and data analytics are no longer "extra-curricular"; they are essential. AI ensures that our students are not just learning, but also building future-ready competencies.

Education is stepping into a future where every learner is empowered, every teacher is supported, and every classroom is limitless. It makes learning smarter, inclusive, and future-oriented while keeping the human connection at the heart of education. The future of learning is here - and it is intelligent, dynamic, and full of possibilities.

Dr. Seema Saini
CEO and Principal

ISC SECTION

ISC Section

A New Journey- ISC Convocation Ceremony

A momentous occasion for students as they embark on their professional journeys and contribute to society, the ISC Convocation Ceremony was a wrap of class 2023-2025. Held on the 25th of July, this ceremony served as a reflection of the academic excellence and the efforts invested by both the students and the institution.

The CEO and Principal in her address, lauded the graduating students for their perseverance, dedication and achievements, both in academics and co – curricular pursuits. Ma'am reminded them that the values and lessons learned within the school's walls would serve as a compass in navigating the challenges and opportunities of the future. The highlights of the evening was the ceremonial presentation of certificates, symbolizing not just the completion of their school journey, but the readiness to embrace the wider world with confidence and responsibilities.

Wearing a traditional graduation attire, marking the culmination of their educational journey and transitioning into the next phase of their lives, the ISC students of NLDHS took pride in carrying the school values with them! The Ceremony was a clear reflection of the institute's commitment to providing quality education and preparing students for the real world.



SECONDARY SECTION

"Guru Purnima: Students Acknowledge the Glory of the Guru!"

The objective of this program was to help the new generation recognize the greatness of teachers, their place in life, and the true values of education. The students expressed their gratitude towards their teachers and reflected on the vital role they play in shaping lives. Through speeches, songs, and creative illustrations, they expressed how Gurus are role models, sources of inspiration, and guiding lights in life.



Grade VI

As a part of an experiential learning initiative to bring history alive, an engaging activity was conducted in Grade 6 on the topic Indus Valley Civilization, where students stepped into the shoes of archaeologists and historians. This hands-on activity aimed to deepen their understanding of ancient urban culture, architecture, and material remains of one of the world's oldest civilizations.



PRIMARY SECTION

Grade I - Speakers Day

On Speaker's Day, our students confidently spoke about Healthy Food vs. Junk Food, highlighting the benefits of nutritious choices and the drawbacks of unhealthy ones. It was a great opportunity for them to practice public speaking while deepening their understanding of healthy eating habits.



Grade II - Evs poster making activity

To help students understand the importance of trees and promote environmental awareness from an early age, an engaging EVS activity titled "Save Trees" was conducted in Grade 2. Children were then encouraged to express their thoughts creatively through: Drawing and making posters with slogan- "Save trees.. Save Earth"



PRIMARY SECTION

Grade III - World Emoji Day

To mark the fun and expressive spirit of World Emoji Day, our enthusiastic Grade-III students took part in a delightful activity titled Draw Your Emotion Emoji! With a splash of color and a burst of imagination, each student created a unique emoji to express their feelings. This exciting activity was just about drawing - it was about understanding and expressing feelings in a way that's familiar and fun.



Grade IV - Museum on Wheels

Grade IV students celebrated International Museum Day with great zeal. Students presented and showcased antique items from their homes and explored Warli and other traditional art forms. Their creative work reflected a deep appreciation for Indian culture and heritage, highlighting the importance of preserving history and understanding our past.



Grade IV - 3 R's Best Out of Waste

Students engaged in a Best Out of Waste activity, where they showcased their creativity by transforming materials. They crafted items such as pen holders, plant pots, and decorative pieces. This initiative promoted sustainability and highlighted the importance of recycling.



Grade V - Science Activity

An online "Eat the Rainbow" healthy dish Science activity was conducted for the students of Grade V to promote healthy eating habits. In consonance with the chapter taught in Science, 'Food and Health'; students prepared colourful salads using a variety of fresh fruits and vegetables. They participated with enthusiasm, showed creativity in presentation, and shared the health benefits of their ingredients.



PRE-PRIMARY SECTION

Monsoon Magic Week – A Splash of Learning and Fun!

Our Nursery children celebrated Monsoon Magic Week with great joy and enthusiasm! Through storytelling, songs, games, and creative art activities, they explored the wonders of the rainy season. From learning about rainy wear and creatures to singing cheerful monsoon tunes and painting magical artworks, every moment was filled with fun and discovery. This vibrant week sparked creativity, boosted vocabulary, and brought learning to life in the most delightful way!



Enhancing Eye-Hand Coordination Through Play

Our Jr. Kg. children had a fun and engaging time playing a game that involved passing paper cups using a pencil. This simple yet exciting classroom activity was designed to enhance their eye-hand coordination and fine motor skills. With focused eyes and steady hands, the little ones passed the cups to each other with great enthusiasm, turning learning into play and strengthening essential developmental skills along the way.



Celebrating “Me” – Because We Are All Special!

Our Jr. KG and Sr. KG students celebrated themselves through a joyful self-portrait activity, proudly sharing what makes them unique. They expressed their individuality with confidence, building self-awareness and self-esteem in a fun, creative way. Singing the lively “We Are Special” song added to the excitement, filling the classroom with smiles and positivity. It was a heartwarming celebration of self-love and confidence!



Building Strong Math Foundations with First in Math!

Our Sr. Kg. children enthusiastically engaged with the First in Math program, exploring key math concepts through interactive games and hands-on activities. Designed to build number sense, critical thinking, and problem-solving skills, the sessions made math fun and meaningful. It was a joy to see our little mathematicians grow in confidence, collaborate with peers, and celebrate their learning through play!



SCHOOL UPDATES

CISCE Karate Zonal Championship 2025

On Thursday, 24th July 2025, our school had the immense honor of hosting the CISCE Karate Zonal Championship for Boys and Girls in the U-14, U-17, and U-19 categories. The event brought together a remarkable gathering of young martial artists, seasoned coaches, and dignitaries from the world of Karate, united by their shared passion for this disciplined and empowering art form.

The day began with a formal welcome, as our respected CEO and Principal, Dr. Seema Saini, greeted the dignitaries. We were deeply honored to welcome Hanshi Vispy Kapadia, the visionary Founder of All India Gojuikai Karate-Do. Joining him was Shihan Shiraz Kapadia, the Director of the organization. We were also privileged to host Shihan Keuree Patel, the Principal of All India Gojuikai Karate-Do. Also present was Sensai Behram Kapadia, the organization's Coordinator.

Dr. Seema Saini then officially declared the championship open, addressing the audience with an inspiring message that emphasized Karate not merely as a sport, but as a lifelong discipline that shapes character, mental strength, and respect.

What followed was a day of electrifying Kumite (sparring) matches across all age categories. From swift footwork to sharp reflexes, and tactical thinking to disciplined aggression, each bout was a true display of the athletes' training, focus, and fighting spirit. The mat witnessed incredible determination and mutual respect as participants competed with honor and passion.

The event concluded with a prize distribution ceremony, honoring the winners with medals and certificates in recognition of their outstanding performances. The proud smiles and thunderous applause reflected the hard work behind every victory.



SCHOOL UPDATES

Staff Picnic 2025

The much-awaited Annual Staff Picnic 2025 brought a refreshing pause to the academic hustle, as the staff of N. L. Dalmia High School headed to the scenic Spree Resort, Khalapur for a day filled with joy, bonding, and celebration. Away from the buzz of city life, the team indulged in a rejuvenating experience marked by laughter, connection, and shared memories.

The day unfolded with high-energy team-building activities, followed by a fun mix of indoor and outdoor games. The afternoon saw everyone cooling off in the water park, grooving at the rain dance, and enjoying a relaxing dip in the swimming pool. Each moment was crafted to celebrate togetherness and joy.

A delightful surprise awaited all with a special guest appearance by Mr. Raju Ahirkwar, the celebrated body double and celebrity artist of Shah Rukh Khan. His motivational story struck a chord with everyone as he presented his biography, "Shahrukh Banana Aasan Nahin", to the school.

As the sun set, the festivities continued with a soul-soothing live musical evening that added melody to the memories of the day. With a delicious spread, cheerful conversations, and heartfelt laughter, the picnic was a beautiful reminder that at N. L. Dalmia, staff is not just a team - it's a family.



CAMUN 2025-26

- A Proud Moment for N. L. Dalmia High School

We are delighted to share the outstanding achievements of our students at CAMUN 2025-26 (Children's Academy Model United Nations), held on 26th & 27th July 2025 at Children's Academy, Thakur Complex. Representing N. L. Dalmia High School with confidence and diplomacy, our students earned the following accolades:

- Anoushka Srivastava, XII C - Best Delegate, United Nations Security Council (UNSC) • Shivansh Shukla, X A - Best Delegate, All India Political Parties Meet (AIPPM) • Sujaan Badani, XI D - High Commendation, AIPPM • Trina Roy, XI D A - Special Mention, United Nations Office on Drugs and Crime (UNODC)



SCHOOL UPDATES

- Literary Achievements - July 2025**

- ASISC Debate Competition (Zonal Level) - 10th & 11th July 2025

Host: Shree Chandulal Nanavati Vinaymandir, Vile Parle (W)

• Junior Category - Nilaya Morais (9E) & Yashmit Kulkarni (10E) – Runner-Up

Senior Category - Sujaan Badani (11D) & Nishtha Jha (11B) – Runner-Up



- Aryabhata Award - Intermediate Category**

In further recognition of excellence, N. L. Dalmia High School, was awarded the 2nd Place in the Aryabhata Award (Intermediate category). This prestigious award acknowledges schools that demonstrated overall excellence and collective brilliance in problem-solving and critical thinking.



- ASISC Inter-School General Knowledge Quiz – 5th July 2025**

Host: Jasudben M.L. School, Khar (W), Mumbai

Participants:

Tanush Manish Jain (9B) – Participated

Jiyan Hiren Mehta (9B) – Participated

Harsheil Jain (12C) – Participated

Ruhaan Sultan Badani (12C) – Participated

Aditya Satyanarayan Gowda (8E) – Participated

Dev Narayan Todi (8C) – Participated

- Albert Barrow Memorial All-India Inter-School Creative Writing Competition – 11th July 2025**

Category I (XI–XII):

Bhargav Sen Bhowmick (12D) – Results Awaited

Category II (IX–X):

Aaliya Arshad Kazi (10D) – Results Awaited

- ASISC Declamation Competition (Zonal Level) – 17th July 2025**

Host: Sadhu Vaswani International School, Sanpada

Participants:

Trina Roy (11D) – Participated

Ria Dsouza (8C) – Participated

Tabasmee Das (9C) – Participated

- ASISC Drawing & Painting Zonal Competition – 19th July 2025**

Host: Lilavatibai Podar High School, Santacruz West

Participants (Results Awaited):

Vansh Poddar (9D)

Alima Sudheeran (11D)

Chitrlekha Arup Saini (7B)

- ASISC Annual Inter-School Creative Writing Competition – 19th July 2025**

Host: Kapol Vidyanidhi International School (ICSE), Kandivali (W)

Participants (Results Awaited):

Shyameshwari Suraj (10D)

Harsheil Jain (12C)

Alanis Lancelet Mendonca (7A)

- S. M. Shetty High School – Silver Jubilee Oratorical Contest – 12th July 2025**

Host : S.M. Shetty High School, Sanpada

Achievement: Tabasmee Das (9B) – 1st Runner-Up

◆ **THE EDITORIAL TEAM :** Ms. Annie Michael, Ms. Preeti Thackeray, Ms. Shuchismita Dutta, Ms. Vincy David, Ms. Binita Parmar

◆ **STUDENTS :** Vedanti Puranik, Akshat Ranjan, Anunay Tripathi