



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

INDEX

Shlok for the Month
School Survey
Thought for the Month
Birthday Greetings !
From the Principal's Desk...
ISC / Secondary Section
Primary Section
Pre-Primary Section
School Updates

SHLOK FOR THE MONTH

दुर्जनः सज्जनो भूयात् सज्जनः शान्तिमाप्नुयात् ।
शान्तो मुच्येत बन्धेभ्यो मुक्तश्चान्यान् विमोचयेत् ॥

May the wicked become good, may the good realize peace.
May the peaceful be released from all bondage; and may the
released redeem others.

SCHOOL SURVEY

Discipline is not a trait; it is a Choice

Agree	74%
Disagree	26%

THOUGHT FOR THE MONTH

Learn from yesterday, live for today, hope for tomorrow. The
most important thing is not to stop questioning.

- Albert Einstein

BIRTHDAY GREETINGS !

JULY

Trilok Singh Rawat	5th July
Suchetana Dutta	11th July
Ravi Yadav	15th July
Shridhar Indulkar	21st July
Shuchismita Dutta	28th July
Lina Wagh	31st July

FROM THE PRINCIPAL'S DESK...

Dear students,

I am delighted to welcome you to a phase of seamless learning with technology-where the best of teaching learning process blends with digital tools to make education more interactive, inclusive, and impactful.

I must take a moment to sincerely appreciate our students who adapted so gracefully to online learning. Your discipline, digital etiquette, punctuality, and eagerness to participate in this virtual mode of education have been commendable. From muting microphones at the right time, raising virtual hands, to submitting assignments responsibly-each action has reflected your growing maturity and respect for learning.

This term promises a vibrant array of events-cultural days, competitions, exhibitions, and festivals that we, as a school, look forward to every year. I encourage our students to participate wholeheartedly. Whether you're performing on stage, representing your house in a quiz, or contributing behind the scenes-every role matters and every effort counts.

Let us bring zest back into our classrooms, discipline into our routines, and joy into everything we do. Let us learn not just from books, but from experiences; not just to score well, but to grow well.

As always, our teachers are here to guide, and our school is a space for all to thrive. So step in with confidence, aim high, and support one another in making this year truly remarkable.

As rightly said by Malala Yousafzai, "Let us make our future now, and let us make our dreams tomorrow's reality." With those words in mind, let's kindle the flame of curiosity, creativity and commitment for the months to come.

Dr. Seema Saini
CEO and Principal

ISC SECTION

Our Young Authors

Mst. Bhargav Sen Bhowmick and Ms. Akansha Tyagi from the Humanities stream, and Ms. Sharon Liz Hermon from the Science stream have proved that even the youngest minds can furnish powerful words! Digital natives, these students use modern tools to share their thoughts, stories and poems that echo contemporary age and the youth culture. Began humbly as mere love for Literature, their passion now inspires peers to believe in their voice and the power of writing. The depth and maturity they bring to the table is beyond their years, hinting at great futures ahead.



SECONDARY SECTION

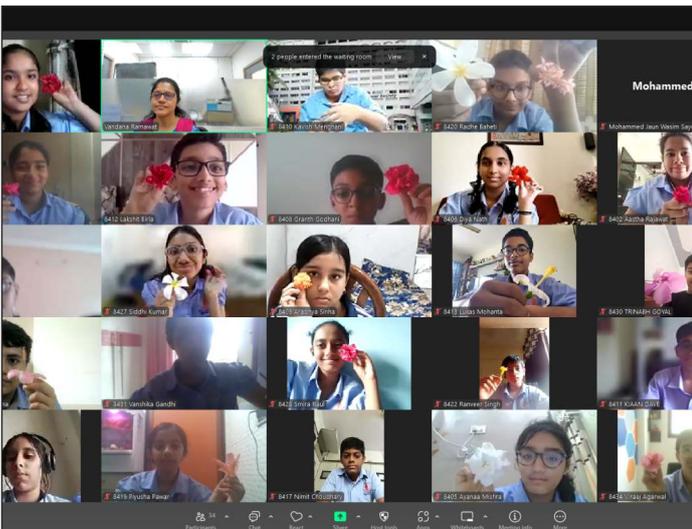
To celebrate the richness of literature and mark William Shakespeare's birthday as **Literary Day**, the students of Grade 7 participated enthusiastically in the **Literary Week** held in April. The week began with an **Elocution Competition**, followed by a **Monologue Presentation**, where young performers stepped into the shoes of various characters and brought them to life with passion and flair. Another highlight was the **"Poems Come Alive"** event, where poetry was not just read but performed. The week concluded with a vibrant **Culmination Programme**, which featured **Dramatizations** in the form of student-prepared skits.



SECONDARY SECTION

Grade 8

During biology class, Grade 8 students engaged in a virtual flower dissection activity to study the various parts of a flower. Each student was asked to bring a hibiscus or any commonly available flower to the session. With the teacher's guidance, students carefully dissected their flowers and observed parts such as sepals, petals, stamens (anther and filament), and pistil (stigma, style, ovary). They noted the structure and function of each part and shared their observations.



50th Blood Donation

Sandeep.S.Shah Sir has reached a remarkable milestone: 50 blood donations.

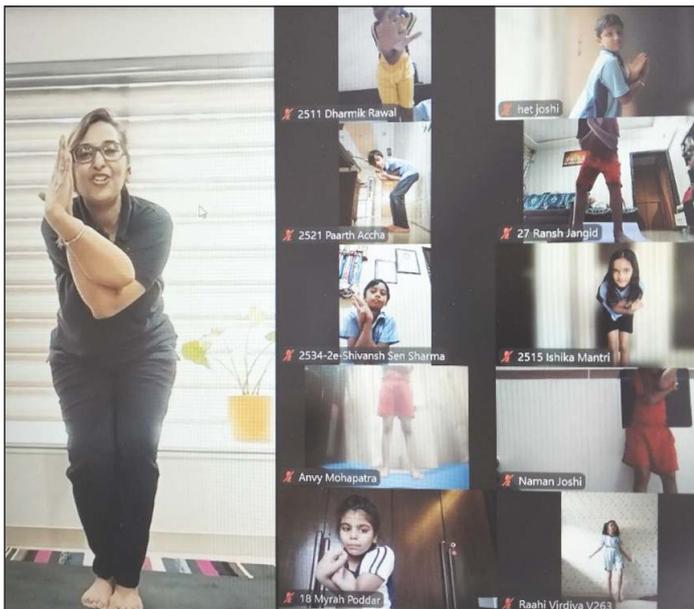
Each donation is not just a number; it is a lifeline, a silent gift of hope, and an act of humanity. Through these 50 donations Mr Sandeep has potentially saved or improved the lives of over 150 people. He has been nominated for "PanchRatna 2025" award with a memento and Rs 20000 cash award on World Blood Donor Day. Thank you for being a beacon of hope.



PRIMARY SECTION

Gr 1 and 2 - Yoga Day

At N.L. Dalmia High School, the students of Grade 2 enthusiastically participated in various activities online. To mark International Yoga Day, the children performed simple yoga postures, learning the value of fitness. These interactive sessions made online learning enjoyable and meaningful.



Grade IV - Science - Seed Germination Activity

An online Seed Germination Activity - 'One Plant - Many Lives' was conducted for Grade IV students as part of the chapter "Plants Around Us." Students actively participated by planting seeds at home. The activity aimed at helping students understand the process of seed germination, gain hands-on experience, and develop observation and scientific skills.



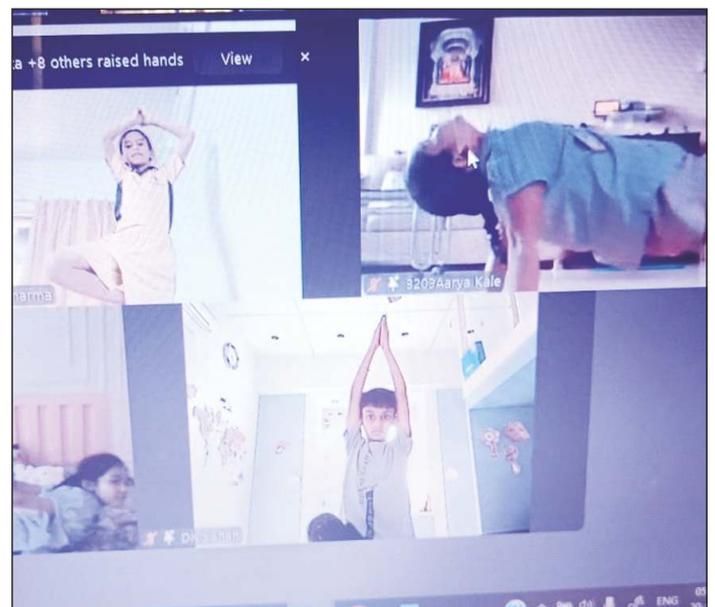
Grade III Math - Fun with numbers

Students explored the world of numbers, enhancing their problem-solving and critical thinking skills. Students created their own unique five-digit numbers and showcased their understanding of various mathematical concepts. This activity allowed them to demonstrate a clear understanding of basic math concepts.



International Yoga Day - Grades III to V

Students of Grades III to V celebrated International Yoga Day with enthusiasm. They learned the importance of yoga and followed the teacher in doing simple yoga poses and breathing exercises. The session helped them understand the benefits of staying healthy and calm through yoga.



PRE-PRIMARY SECTION

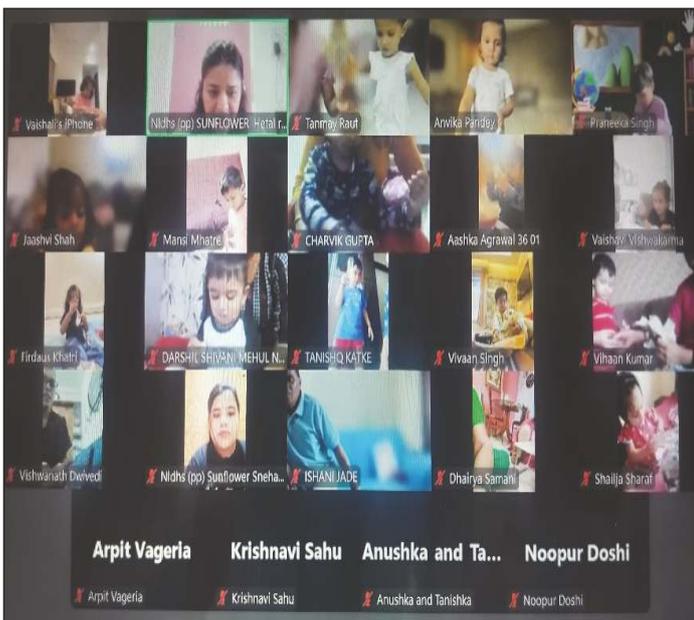
Mother's Day

To celebrate the unconditional love and care of mothers, our Pre-Primary students took part in a heart-warming Mother's Day activity where they handcrafted personalized keychains as tokens of appreciation. It was a joyful and meaningful session, filled with laughter, and the excitement of creating something special. The keychains, though small, carried immense love-making them a perfect gift to honour the most important women in their lives.



Sun Flower

Our tiniest students are not left behind! With enriching online sessions full of music, movement, stories, and hands-on fun, our playschool children are joyfully exploring, learning, and growing-one giggle at a time.



Sr Kg. Jr Kg. and Nursery

Bringing freshness and fun to our virtual kitchens, our young chefs from Sr.kg, Jr.Kg, and Nursery were filled with delight in making healthy fruit salad as a part of the Clean Cooking initiative. With tiny hands and big smiles, they chopped, mixed and created bowls of colourful goodness...learning that eating healthy can be tasty and joyful! This vibrant activity nurtured independence, fine motor skills, and joy of mindful eating.



Jr.KG. Show & Tell Activity

Discovering the magic of our Five Senses! Our Jr. KG children had an exciting Show & Tell activity, where they explored how we see, hear, smell, taste, and touch the world around us! Through fun presentations and interactive learning, they embraced curiosity and confidence at School. A sensory adventure to remember!



SCHOOL UPDATES

- Professional Development Workshop 2025

Empowering Educators | Inspiring Classrooms

N. L. Dalmia High School successfully conducted its annual **Professional Development Workshop** from **2nd to 6th June 2025**, featuring a series of dynamic training sessions and seminars designed to enhance teacher growth, well-being, and leadership.

The week began with an enlightening session by **Ms. Norina Fernandes** on *Nurturing Leadership in the Classroom*, setting a strong foundation for the days to follow. This was followed by a thought-provoking session on *Living Smart & Safe in the AI Era* conducted by renowned AI expert **Mr. Asreet Kishor**, who shared valuable insights into the responsible integration of technology in education.

Mid-week, the focus shifted to financial literacy and planning. A dual session titled *Make Your Money Work While You Teach and Let's Talk NPS*, led by **CA (Dr.) Jai Kotecha** and **Mr. Dhiren** from Axis Bank, empowered educators with practical financial strategies and tools to secure their futures.

On Day Four, **Ms. Sapna Sukul** led a powerful and reflective session on *Professional Ethics & Boundaries and Teacher Well-being & Work-Life Balance*.

The success of this initiative was made possible by the unwavering support of our **Management and CEO & Principal, Heads of Sections**, and the enthusiastic participation of our **teachers**, who embraced the learning with open hearts and minds.



- CISCE Zone C T20 Cricket Tournament 2025

A Promising Start Amidst New Structure and Stormy Skies

Dates: 9th - 13th June 2025

The *CISCE Zone C T20 Cricket Tournament 2025* hosted by *N. L. Dalmia High School* for the *13th consecutive year*, concluded on a high note on *13th June 2025*, setting an energetic and promising tone for the new academic year's sports calendar.

Organised under the aegis of the **Council for the Indian School Certificate Examinations (CISCE)**, this year's tournament stood out not only for its competitive zeal but also for its resilience and adaptability in the face of challenges posed by early monsoon showers.

As part of a visionary restructuring, CISCE has reorganised Maharashtra into nine zones (A to I) and further divided Mumbai into four sub-zones (A to D). Our school now comes under **Zone C**, which includes 56 schools from across Mumbai. This strategic restructuring ensures wider outreach, better management, and increased opportunities for young talent.

A total of **36 teams from 20 schools** registered for the tournament in Zone C, covering categories from **Under-14 to Under-19** for both boys and girls. Although two teams were unable to participate, the tournament witnessed spirited matches and commendable performances.



SCHOOL UPDATES

- **Movie Screening: "Binny and Family"**

Students of Grades VII to XII (approx. 600) attended a special screening of the film "Binny and Family" organized by Brush of Hope, a non-profit promoting child safety and cyber awareness. Held at Movie MAX Theatres, the movie addressed the growing communication gap between parents and children in today's fast-paced world. Through a touching narrative, the film encouraged students to reflect on the importance of open dialogue with their parents and trusted adults. This meaningful initiative not only entertained but also educated, leaving a lasting impression on young minds about emotional connection and mutual understanding at home.



- **Vedic Voices - A Shloka Recitation Competition**

Vaani Mathur achieved a remarkable feat by securing the 1st prize in ;Vedic

Voices; - A Shloka Recitation Competition, organized by Ram Ratna International School, Keshav Srushti. The competition invited virtual entries followed by a live final round at Ram Ratna International School. Vaani stood out among the top five finalists in the 3-5 years age category, impressing the judges with her fluent recitation of five shlokas from Shrimad Bhagavad



Gita (Adhyay 4) in just one minute. Additionally, Dharmist Mathur from Sr. KG E secured the 3rd prize in the competition, showcasing exceptional dedication and talent.

- **School Council Election -**

The School Council Members Election for the academic year 2025-26 was conducted at N. L. Dalmia High School on 29th March 2025. Positions such as School Captain (MVC), School Vice-Captain, House Captains and Vice-Captains of all four houses, Sports Vice-Captain, and representatives from the Primary, Secondary, and ISC sections were contested. Students participated enthusiastically, showcasing their commitment, leadership skills, and school spirit. The process involved nomination, campaigning, and voting under the supervision of the school management and coordinators, ensuring a fair and transparent election. The elected members will take charge of their responsibilities following the formal Investiture Ceremony in the new academic year.



- **National Stock Exchange (NSE), Mumbai visit-**

On Monday, 7th April 2025, the Commerce students of Grades IX, X, and XII from N. L. Dalmia High School visited the National Stock Exchange (NSE), Mumbai, for an exclusive educational trip aimed at providing them with practical insights into the workings of the Indian financial markets. The visit began with a security check and refreshments, followed by a structured program that included expert-led sessions on the Capital Market Segment, Futures & Options Segment with live market demonstrations, and an overview of the NSE NSMART platform.



SCHOOL UPDATES

- MSR Activity - Old Uniform Collection Drive**
 N.L. Dalmia High School successfully organized an Old Uniform Collection Drive under the "Second Chance – A New Purpose" initiative from April 21st to 26th, 2025. The drive aimed to promote sustainable practices and reduce textile waste through recycling. Students and parents actively participated by donating used uniforms, which were then collected, sorted, shredded, carded, and re-spun into yarn for new fabric production. This initiative not only diverted waste from landfills but also empowered underprivileged communities by creating employment opportunities.



- Value Education-Summer Camp**
 Our school, in collaboration with ISKCON, organized a spiritually enriching summer camp titled "Explore Maharashtra through Its Saints" from 5th to 10th May 2025. Held on the school premises, the camp introduced students to the teachings of Maharashtra's revered saints like Sant Chokhamela, Sant Gorakumbhar, Sant Narahari Sonar, and Sant Sakhubai, emphasizing on values such as respect, simplicity, and faith. Students also learned and performed devotional songs and Abhangas throughout the week. The camp concluded with a devotional visit to ISKCON Temple.



- Celebration of World Theatre Day**
 On 27th March 2025, our School celebrated World Theatre Day with an engaging and enriching interactive session led by Mr. Alok Porwal, an alumnus of the National School of Drama (NSD). Mr. Porwal, a distinguished actor, director, and performing arts educator, shared his insights on theatre, acting techniques, and the evolving landscape of content creation. The session, themed "Unleashing Creativity, Expression & Performance," resonated deeply with students, who actively engaged in discussions and demonstrations. This event not only entertained but also inspired students to embrace the power of performance and creative expression.



- Orientation on English Elocution, Speech & Drama, and Communication Skills (29th March 2025)**
 An impactful orientation session conducted by All for Kids for students from Sr. Kg to Grade VI was held in the school auditorium, focusing on English Elocution, Speech & Drama, and Communication Skills. The session offered an insightful glimpse into how the program builds language fluency, public speaking confidence, and expressive performance skills. Through interactive activities and live student participation, trainers showcased the value of early communication training.



SCHOOL UPDATES

- **Soumay Bihani Shines at the US Open Karate Championship 2025**

Representing Team India, Soumay delivered an outstanding performance by securing four prestigious medals: a Silver in Kumite (12 years – Junior International Cup), Bronze in Kata (12 years – Junior International Cup), Bronze in Kata (12–13 years – US Open), and a Gold in Team Kumite (US Open). His achievements are a reflection of his dedication, hard work, and passion for the sport.



- **Shrey Dobal Shines at District Chess Tournament**

We are delighted to share that Shrey Dobal of class 5D secured 3rd place in the Thane District Under-11 Chess Tournament, scoring 5 out of 6 points. His strategic gameplay and focused performance earned him a well-deserved spot on the podium. Congratulations to Shrey on this remarkable achievement!



- **5th Maharashtra State Open Championship 2025**

Pahal Kedia, Grade IV, a talented student of N. L. Dalmia High School, brought immense pride to the institution. She showcased an outstanding performance at the 5th Maharashtra State Open Championship 2025 held in Pune, securing two Gold medals in Poomsae and Kyurogi.



- **CISCE Subroto Cup Football Tournament (20th June)**

The Under-15 team participated in the tournament held at All Saints School, hosted by Hiranandani Foundation School.

