



# SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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## SHLOK OF THE MONTH

ऐश्वर्यश्च विभुशनम सुजनता शौर्यस्य वाक्संयमो ।  
ज्ञानस्योपशमः कुलस्य विनयो वित्तस्य पात्रे व्ययः ॥

An affluent and rich person is adorned if he is kind, a powerful person by control over his speech. A learned person is adorned by his peace of mind, humbleness adorns a noble man, and the money spent is appreciated if it is for a worthy cause.

## SCHOOL SURVEY

**Artificiality has become the new Reality in today's times.**

|          |         |
|----------|---------|
| Agree    | 84.86 % |
| Disagree | 15.14 % |

## THOUGHT FOR THE MONTH

"Doing Good is a simple and universal vision. A vision to which each and every one of us can connect and contribute to its realisation. A vision based on the belief that by doing good deeds, positive thinking and affirmative choice of words, feelings and actions, we can enhance goodness in the world."

- Shari Arison

## BIRTHDAY GREETINGS !

### OCTOBER

|                |              |
|----------------|--------------|
| Tilakraj Singh | 02nd October |
| Charmy Lapasia | 09th October |
| Anon Fernandes | 18th October |
| Deepa Mali     | 21st October |
| Asma D'costa   | 29th October |

## FROM THE PRINCIPAL'S DESK...

"Discipline is the bridge between goals and accomplishments."

- Jim Rohn

In today's fast-paced world, to attain the desired goals and objectives, we need to understand the concept of self-discipline. The essence of discipline lies in the ability to make clear decisions and stay focused on our goals amidst numerous distractions.

An essential aspect of discipline is that it stands out as a vital thread, in the amalgams of education and personal development, adhering to rules and values that enhance our academic performance and positively impact our overall well-being, allowing time for our hobbies and extracurricular activities.

Embracing discipline from our early student life fosters physical and emotional well-being, setting the stage for a flourishing future. Cultivating discipline enhances our personal conduct in life apart from our academic excellence, contributing to self-improvement and thus, shaping us into pillars of strength and integrity. Adhering to rules in school helps us focus on our studies.

Setting clear goals and prioritising focus and punctuality are of paramount importance. You should establish a study routine and stick to it, dedicating a specific time each day to study and embracing one task at a time that boosts efficiency, productivity and quality of learning, leading to a happier and confident you. By fostering these habits, you can navigate life's challenges and increase your chances of success in the future.

Always remember, building and maintaining discipline is beyond words. It is a continuous process that requires patience and perseverance, profoundly shaping your lifestyle that elevates you as a role model, radiating a strong persona, inspiring others.

**Dr. Seema Saini**  
CEO and Principal

## SCHOOL EVENT



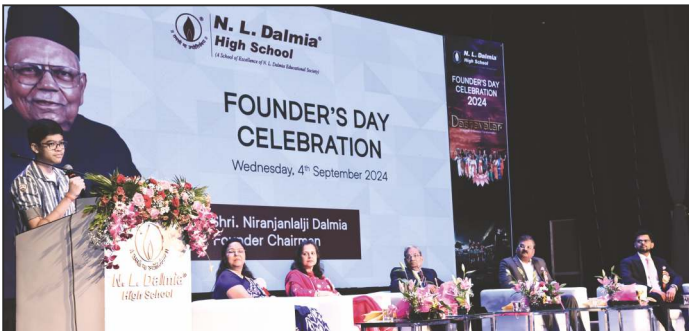
Lighting the Ceremonial Lamp



Felicitating the ISC Achiever



Hard Work turns 'Dreams into Reality'



The Achiever Empowering and Inspiring his Peers



The CEO and Principal Dr. Seema Saini Addressing the Audience

### Founder's Day Celebration

N. L. Dalmia High School commemorated its 34th 'Founder's Day' on 4th of September with a lot of enthusiasm and exuberance marking the Birth Anniversary of our Founder Chairman, Late Shri Niranjanlalji Dalmia, fondly known as Babuji. The day embarked on with gratitude for Babuji's vision, celebrating his legacy and his unyielding commitment to nurture the young minds. A true visionary and an epitome of benevolence, Babuji has been an eternal beacon of inspiration to us.

The function witnessed the esteemed presence of our respected Chairman Sir, Shri Shiv Kumar Dalmia, Hon. Secretary, Mr. Shaileshji Dalmia, Mrs. Natasha Dalmia and the Vice President, Mr. Mudit Dalmia. The program commenced with invoking the blessing of the almighty, followed by felicitation of the toppers for the year 2024. Awards and recognitions stand as an affirmation to one's hard work and dedication, infusing zeal and opportunity to do more. Our students from ISC and ICSE sections made us proud with their academic accomplishments and were awarded for their remarkable achievements.

Mst. Atharva Ambegaonkar, topped the entire ISC section securing an impeccable 95.25%. Ms. Anusha Singh secured 2nd rank with 94.75%. Mst. Aravind Haridas and Ms. Brajpriya Gadhari bagged 3rd position by scoring 94.50%. The ICSE section witnessed an exemplary feat of our students. 1st position was secured by three students, Mst. Harshit Singh Jadeja, Mst. Naivedya Lalan, and Ms Swara Shingare, scoring 99.20%, the 2nd position was secured by Mst. Vyom Soni with 98.80% and the 3rd rank was bagged by Mst. Medhansh Lyer who scored 98.60%.

Our school has always been uplifting the students' morale, encouraging them to excel in every field. With an intent to invigorate and inspire our students, the 'Niranjanlal Dalmia Scholarship' was awarded to Mst. Meet Bhandari from the Primary section and Mst. Ranveer Singh from the Secondary section. On this auspicious day, our CEO and Principal Dr. Seema Saini addressed the gathering and motivated the students with her golden words of wisdom.

The formal program was followed by the cultural which showcased the stellar performances of the students of N. L. Dalmia High School presenting 'Dashavatar', the musical, a kaleidoscopic amalgamation of mythology and science. The students enacted the ten incarnations of Lord Vishnu with aplomb, showcasing the teachings of Dashavatar and reflecting upon facing the challenges while preserving the balance of the universe. The performances, costumes, props and the music kept the audience amazed and mesmerized.

The program concluded with a vote of thanks. Indeed the occasion stood a testament to the lasting influence and reaffirmation of our school's dedication to nurturing the flame of learning within us and those around us.

**SCHOOL EVENT**

# Dashavatar

A Journey of Timeless Transformation

The word Dashavatar derives from 'dasa', meaning ten and avatara, which refers to 'incarnation'. It is believed that whenever there arose a dire need to restore the cosmic order, Lord Vishnu descended on Earth in various forms. But are we equally aware of the close association of this mythology with the scientific Theory of Evolution by the naturalist and biologist Charles Darwin?



The Epitome of Excellence



Hon. Secretary's Address



Our Student Ambassadors



The Recipient of 'Niranjanlal Dalmia Scholarship Award'



The Charismatic Storyteller



The Coherent Anchors



Crafting Character, Telling Tale

## SCHOOL EVENT



The Inception - Mastya Avatar



When the Stage Comes Alive



Captivating the Audience



Kurma - The Preserver of the Cosmic Order



Unleashing the Inner Actor



A Theatrical Extravaganza



Passion to Precision



The Powerful Parshuram Performance



Artistry in Every Gesture



At the Pinnacle of Glory

## SCHOOL EVENT



The Perfect Canvas



Stepping into the Epitome



Embodiment of Virtue and Honour - 'Lord Ram'



The Vibrant Performers



A Burst of Energy and Passion



The Epitome of Tranquility



The Little Angels



Peace at it's Peak



Truly Blissful and Enchanting



Attitude of Gratitude

## ISC SECTION

### Orientation Programme of the Psychology Club

The Psychology students of the ISC section along with Ms. Ridhika Wakode (Teacher) were invited to the orientation programme of the Psychology Club of the Degree College, 'Psych Busters'. An exploration worth harnessing, the experience refined the importance of the subject psychology in daily life. It was an interactive session of complete learning for the ISC students.



### ISC - RIDS

Students of Grade XII conducted a survey as a part of the RIDS project - The Recognition of an International Dimension in Schools Programme. Under the umbrella of Psychology, with the topic 'Mindful Moments, Stress and its Management among Adolescents', the students of Grade XII curated a structured questionnaire to survey the adolescents in our school. A similar activity will be conducted by our collaborative partner school 'Love of God' in Sierra Leone, West Africa.



## SECONDARY SECTION

### Grade X - Educational Trip - Amritsar

The Grade X educational trip to Amritsar, Wagah Border and Jalandhar was a remarkable journey filled with historical, cultural and spiritual experiences. In Amritsar, they explored Jallianwala Bagh and the vibrant Satta Pind, deepening their understanding of India's history and Punjabi culture. Jalandhar's Pushpa Gujral Science City captivated them with interactive exhibits, while the Golden Temple visit offered a serene spiritual experience.



### Grade IX - Educational Trip - Udaipur

The students of Grade IX embarked on an educational trip to Kumbhalgarh and Udaipur, Rajasthan. The educational trip aimed at providing the students with an enriching experience by exploring the historical, cultural and architectural significance of iconic locations such as Kumbhalgarh Fort, Haldi Ghati, Maharana Pratap Smarak, City Palace, Sahelio ki Bari and many more. The trip reinforced classroom learning, encouraging students to explore the world beyond textbooks and develop a lifelong love for learning.



## SECONDARY SECTION

### Grade X - Alumni Connect

A seminar was conducted for Grade X students on the topic 'Software Development vs Data Science: Roles & Duties.' The session was led by our alumni, Ms. Pooja Pandit. The seminar aimed at providing insights into the distinct roles and responsibilities within software development and data science fields, helping students understand career paths and opportunities in these domains.



### Hindi Diwas

This year, the school organized a special program blending cultural performances and educational segments to highlight the significance of Hindi. The event began with an introduction to Hindi Diwas, followed by traditional dance and singing performances that celebrated the cultural richness of the language. A poetry recitation showcased the literary depth of Hindi, inspiring an appreciation for its poetic beauty.



### Jal House MSR

"Happiness is the simplest form of gratitude."

As a part of the MSR, Jal House representatives visited Vanaprastha Ashram (Old Folks Home) on Uttan Gorai Road in Gorai-gaon. The main aim was to interact with the residents and bring some moments of happiness in their lives. The theme was recognizing the enthusiasm of the residents, emphasizing the importance of engagement and active listening.



### Marathi Activity

Our school was transformed into a vibrant celebration of Maharashtra's cultural legacy through a mesmerizing Marathi activity centered around the traditional art forms of Abhang, Povada and Sant Sahitya Gayan. The young participants, resplendent in meticulously chosen costumes, brought to life the revered saints and legendary figures of Maharashtra. The children masterfully delivered soulful renditions of spiritual hymns and verses.



**PRIMARY SECTION**

**Grade 1 - Convivial Learning Program**

The Convivial Learning Program featured a variety of activities aimed at engaging students through playful experiences. Participants took part in activities such as corn-chaat making and interactive English and Math games. This approach not only made learning enjoyable but also fostered problem-solving skills and mental engagement.



**Grade III - Hindi Quiz**

Hindi Quiz was organized for the students of Grade III to promote and spread the culture of Hindi Language. The competition was designed to assess the knowledge of the students in Hindi language and Literature. Students dressed up as their favorite national leaders and spoke about them confidently.



**Grade III - Science Activity 1 - Winged Wonders: Exploring Birds from Around the World (RIDS)**

Students researched and created a project on two birds from Australia, Brazil, Mexico, and India, focusing on habitat, diet and physical characteristics. Students demonstrated understanding of ornithology, enhanced research skills and developed creativity. The activity was a success, fostering students' interest in ornithology, cultural awareness and research skills.

**Grade III - Science Activity 2 - Poster on Winged Wonders: Birds (RIDS)**

To spark students' interest in ornithology and cultural awareness, while developing research, creativity and communication skills, students of Grade III researched and created informative posters on birds of different countries like Australia, Brazil, Mexico and India and wrote few interesting facts on them.





**PRIMARY SECTION**

**Grade IV - Marathi Quiz**

Marathi Quiz Competition was held for the students of Grade IV in the school auditorium. The main objective was to enhance Marathi language among the students. Students passionately participated and enriched their speaking skills, listening skills and critical thinking.



**Grade IV - Motions of the Earth - Social Studies**

Students explored how the earth's rotation results in different parts of the earth receiving sunlight or being in shadow at different times through hands-on activity. The activity of 'Rotation of Day and Night' provided students with a foundational understanding of 'Earth Science' while fostering curiosity and creativity about the natural world.



**Grade V - Simple Machine - Science**

The young innovators of Grade V showcased models of different 'Simple Working Machines' and explained their functioning and uses. The key objective of the 'Simple Machine Activity' was to bring out the hidden talents, creativity of students and focus on creating awareness about Science and Technology.



**Hindi Diwas Celebration**

The students celebrated Hindi Diwas to mark the significance of the Hindi language with great fervor. Students enthusiastically recited the couplets of renowned poets and authors. Heart-warming poems and songs truly mesmerized the audience. Students performed 'Nukkad Natak' on the significance of Hindi Language.



## PRE-PRIMARY SECTION

### Story Telling

Storytelling is a unique way for students to increase willingness to communicate thoughts and feelings by active participation. It further increases verbal proficiency and encourages use of imagination and creativity. It increases cooperation between students and enhances listening skills.



### Delicious Fruits - Collaborative learning with Christ Church Kindergarten School, U.K.

As a part of the above-mentioned International exchange program, the students of Jr. Kg. engaged in an activity to learn and understand the fruits of the four countries mentioned as U.K., U.A.E., Singapore and India. The aim of this project is to make the learning process interactive and experiential by developing deeper understanding.



## SCHOOL UPDATES

- **Cascade 2024**

40 students of N. L. Dalmia High School participated in Cascade 20, hosted by Jamnabai Narsee School. We are proud to announce that our team of three students secured 3rd position in the "Baby Shark Tank: Pitch Your Idea" contest. The winning team, which competed in the Shark-Product Pitching category, included Ananya Chandran, Aashnaa Vaishnav, and Shreyanshi Sinha from Grade V.



- **Goenka Model United Nations (GMUN) 2024**

N. L. Dalmia High School participated in the Goenka Model United Nations (GMUN) 2024, engaging in thought-provoking deliberations on critical global issues. Our delegates were involved in four significant committees.

**United Nations General Assembly (UNGA):** Addressed the Syrian Refugee Crisis.

**United Nations Security Council (UNSC):** Focused on the South China Sea Dispute.

**United Nations Environment Programme (UNEP):** Worked towards implementing Sustainable Development Goal 13 (Climate Action).

**All India Political Parties Meet (AIPPM):** Debated the Uniform Civil Code of Conduct.

These platforms provided our students with invaluable opportunities to enhance their critical thinking, public speaking, and diplomacy skills.

**Achievements:**

**Maximum Participation Award:** Our school won this award with a contingent of 17 delegates.

**Best Delegate:** Sanchit Bhandari (Representing People's Republic of China in UNSC)

**Special Mention:** Ranveer Singh (Representing Indonesia in UNSC)

**Special Mention:** Anoushka Srivastava (Representing Syria in UNGA)

## SCHOOL UPDATES

**Special Mention:** Dhairya Arora (Representing Mexico in UNEP)

**Verbal Mention:** Aarav Alley (Representing Gaurav Gogoi in AIPPM)

**Verbal Mention:** Saisumeet Panda (Representing Shivraj Singh Chauhan in AIPPM)



● **7th Heroes Taekwondo International Championship 2024 - Thailand**

On Day 1 of the event, Advait Menon, Palini Handa, and Vritika Das each secured a Silver Medal, while Pahal Kedia earned a Bronze Medal. On Day 3, in the Individual Pomsae category, Advait, Palini, Vritika, and Pahal each claimed a Bronze Medal. Additionally, the team of Advait Menon, Palini Handa, and Vritika Das earned a Bronze Medal in the Team Pomsae category, while Pahal Kedia participated in Freestyle Pomsae.



● **The AISM Zonal Level Taekwondo Championship 2024-25** showcased impressive performances from our students. The championship was limited to Kyurogi competitions with no further levels for U/8, U/10 or U/12 categories. The final medal tally for our team stood at 1 Gold, 2 Silver and 3 Bronze Medals.

- Vardhan Kedia - Silver (U/8 Boys) Grade II
- Advait Menon - Silver (U/10 Boys) Grade IV
- Nivaan Navneet - Participation (U/8 Boys) Grade II
- Pahal Kedia - Gold (U/10 Girls) Grade IV
- Hanika Jain - Bronze (U/10 Girls) Grade IV
- Tanishtha Rathod - Bronze (U/10 Girls) Grade IV
- Vritika Das - Bronze (U/10 Girls) Grade IV
- Palini Handa - Participation (U/10 Girls) Grade IV
- Adriti Navneet - Participation (U/12 Girls) Grade IV

● **Junior Red Cross Society** organized an Inter-School Rakhi Making Competition, which saw enthusiastic participation from 40 students across Grades III to VII. In Group One (Std III & IV), Nivaan Kokke from Grade IV secured the First Prize, followed by Hiya Jain from Grade IV, won the Second Prize, and Shatakshi Sharma from Grade IV, received the Consolation Prize. In Group Two (Std V to VII), the First Prize was awarded to Priyakshi Garnaik from Grade VII, while Manasvi Boob from Grade VI earned the Second Prize and Garima Panchal from Grade V took home the Third Prize. Manvi Jain from Grade VI also received a Consolation Prize. Group Three (Std VIII to X) saw Sharyau Surwade from Grade VIII emerge as the winner of the First Prize.



● **S. R. Sethi Inter-School English Elocution Competition for CISCE Schools, Mumbai** hosted by Marble Arch School highlighted a remarkable array of talent and eloquence. Our students participated with distinction and achieved notable success.

**Junior Category:** Aaliya Kazi from Grade IX qualified for the final round.

**Sub Junior Category:** Nilaya Morais from Grade VIII secured 3rd place.



## SCHOOL UPDATES

### ● National Youth Parliament 2024

Our students participated in the National Youth Parliament 2024, a challenging event with over 250 participants from various institutions. Despite the tough competition, three of our students achieved notable recognition: Ranveer Singh and Mahika Sankhe were awarded Honourable Mention. Agastya Lohar received a Verbal Mention.



### ● CISCE Regional and National Archery Competitions 2024!

We are thrilled to announce the remarkable achievements of Jia Fernandes and Swara Shinde in the CISCE Regional and National Archery Competitions 2024! At the regional level, Jia Fernandes secured a Silver medal in both the Overall category and the 40-Meter Range, along with a Bronze in the 30-Meter Range. Swara Shinde also impressed with a Bronze medal, earning a spot in the National competition. Both athletes' outstanding performances qualified them to represent Maharashtra at the CISCE National Archery Competition.

At the Nationals, held in Kolkata, Jia continued to excel, winning a Gold medal in the 40 Meters Range, a Bronze in the 30 Meters Range, and a Silver in the Overall category. Swara also delivered an outstanding performance, finishing in Second place in the U/14 Girls Compound-50 Meter event.

We are incredibly proud to announce that Jia Fernandes has been selected to represent the CISCE Archery Team India at the School Games Federation of India (SGFI) Games 2024, which will take place later this year.



### ● Singapore International School Model United Nations (SISMUN) Conclave 2024

The SISMUN Conclave 2024, saw 25 students from our school achieve remarkable success, bringing home multiple prestigious awards and securing the 'Best Delegation School' title. The event, centred around the theme "Windows Not Walls: For a World Without Conflict". SISMUN 2024 also adopted a revised THIMUN Rules of Procedure, fostering a truly global and competitive platform for the young delegates. The achievers are -

1. **Best Delegate: DISEC + ITU:** Anoushka Shrivastava  
**ECOFIN:** Ranveer Singh **ICJ:** Sanchit Bhandari
2. **Outstanding Delegate: ECOFIN:** Mahika Sankhe
3. **Special Commendation: UNFCC:** Soham Mitra
4. **Commendation: UNFCC:** Dhairya Arora **UNHCR:** Deevesha Bhatt **ICJ:** Rutujit Chakraborty **ILO:** Aarav Alley
5. **Special Mention: DISEC + ITU:** Ashmita Shome **ILO:** Saisumeet Panda
6. **Verbal Mention: DISEC + ITU:** Lanie Jain



### ● NKF National Karate Championship 2024 held at Kota

Seven students from N. L. Dalmia High School participated in the NKF National Karate Championships 2024, held in Kota and brought great pride to our school through their exceptional performances. The participants and their accomplishments are as follows:

- Divjot Singh (10-11 years): Silver in Kumite (35-40 kg)
- Ridhya Iyer (10-11 years): Gold in Kata and Gold in Kumite (45-50 kg)
- Iqra Kaware (12-13 years): Silver in Kata and Gold in Kumite (45-50 kg)
- Jaanhavi Raijade (14-15 years): Gold in Kata, Gold in Kumite (40-47 kg), and Gold in Team Kata
- Prutha Joshi (10-11 years, Girls): Bronze in Kumite (30-35 kg)
- Ishita Sharma (12-13 years, Girls): Bronze in Kumite
- Soumya Bihani (14-15 years, Boys): Bronze in Kumite (57 kg)