



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

INDEX

Shlok of the Month
School Survey
Thought for the Month
Birthday Greetings !
From the Principal's Desk...
Moment of Triumph
Secondary Section
Primary Section
Pre-Primary Section

SHLOK OF THE MONTH

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥

You have the right to work, but never to its fruits. Let not the fruits of action be your motive, nor, let you attachment be the cause of inaction.

SCHOOL SURVEY

Should mankind 'fear' the rise of AI tools ?

Agree	60.79%
Disagree	39.21%

THOUGHT FOR THE MONTH

"Life is not easy for any of us. But what of that? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained."

- Marie Curie

BIRTHDAY GREETINGS !

JULY

Triloksingh Rawat	05th July
Rozy Singh	10th July
Siddhesh Aadvarekar	11th July
Ravi Yadav	15th July
Shridhar Indulkar	21st July
Shuchismita Dutta	28th July
Lina Wagh	31st July

FROM THE PRINCIPAL'S DESK...

"Preserve and cherish the pale blue dot, the only home we've ever known."

- Carl Sagan

Dear Students,

Antonio Guterres rightly said, "We are Generation Restoration. Together, we can build a sustainable future for land, and for humanity".

It is my honour to address the crucial topic of 'Environmental Stewardship', in this issue of Sanskriti. Our planet, as we all know, is facing unprecedented environmental challenges, the time has come that we fulfil our collectivist responsibility and foster a culture of sustainability and environmental consciousness, not just within our school community but the world at large.

These concerns are not abstract, as students I urge you to educate yourselves and others about environmental issues. Knowledge is power; understanding environmental problems is the first step in addressing them. Adapting sustainable habits can significantly reduce one's environmental footprint, and let me tell you, this does not require much; simple actions which include: conscious water and energy consumption, biking, walking instead of driving, and supporting eco-friendly products are just some measures we can undertake.

You as a student have the power to drive significant change in environmental preservation. The collective efforts of individuals can lead to an eco-friendly positive impact on the environment, ensuring a durable future for the next generation to come. It is imperative that we all comprehend the gravity of these challenges and take proactive steps to mitigate them.

Our school community is uniquely positioned to lead by example in promoting environmental sustainability through various activities as well as awareness programs. Students, teachers and parents can all contribute to creating a greener, more sustainable future. Always remember, we are the first generation to feel the impact of climate change and the last generation that can do something about it. Let's nurture nature so that we can have a better future. 'Let's Bridge the Knowing and Doing Gap'.

Dr. Seema Saini
CEO and Principal

SECONDARY SECTION

Session with Korean University

With the Globalisation of the world, studying abroad offers invaluable experience and opportunities to students. From the chance to experience diverse cultures and gain a global perspective to the potential to develop their capabilities N. L. Dalmia High School hosted the members of Korean Universities.



Grade IX - JAM Monologue

With the intention to help students build confidence in public speaking as well as develop storytelling skills a 'JAM Monologue' competition was organised for the students of Grade IX as a part of the SUPW activity in association with the Literary Club. The students exhibited their ability to step into the shoes of a character and express their thoughts, feelings and ideas aloud to the audience.



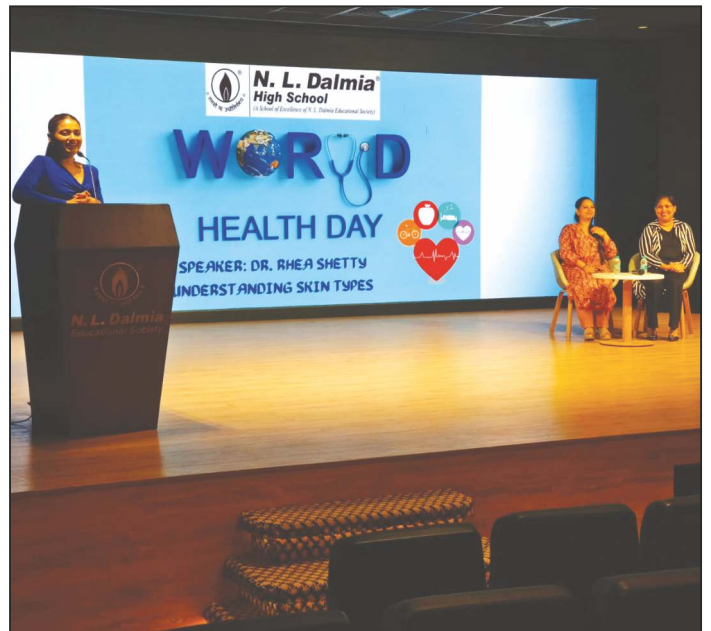
Grade IX - Strawberry Moon

Grade IX children participated in an activity based on Strawberry Moon, the day that was observed on 21st June this year. Based on their concept of Rotation and Revolution in Geography, students applied the knowledge and presented their views about the phenomenon. They give wings to their imagination and come up with a few supernatural ideas too.



World Health Day - Alumni Connect

The program took place in the auditorium to celebrate World Health Day and had invited our very own Alumni's, Dr Rhea Shetty and Dr Ashirwad Pawar. They asserted that if everyone is well, the nation will be well as well. Thus, we will be able to shape the country's progress and develop it in this way. It's possible that their speech inspired our students. Overall it was an amazing way to make our students aware.



PRIMARY SECTION

Grade I and II - Creative Crayons Competition

The Creative Crayons Drawing Competition for Grade I students was held at N.L Dalmia High School to foster creativity and artistic expression among young learners. The theme of the competition aimed to encourage children to explore their imagination and showcase their affinity towards nature and cartoon characters through colourful drawings.



Grade I - Convivial Learning Program

The Convivial Learning Program was conducted, featuring multiple activities that engaged learners in playful experiences. Engaging learners in playful activities allows them to explore, experiment, and learn in a relaxed and enjoyable manner. Whether through games, sports, or imaginative activities, playing with fun stimulates the mind and promotes problem-solving skills.



Grade III - Biomimicry - Science

Biomimicry is the emulation of the models, systems and elements of nature for the purpose of solving complex human problems. Students of Grade III researched on the given topic and made creative 3 D working models of Ship (inspired from fishes), Aeroplane (inspired from birds), Wind mills (inspired from whales), Nest shaped stadiums, Flippers.

Grade II - Story Telling Competition

The Grade II students of N. L. Dalmia High School participated in the story telling competition wherein the students narrated moral stories by using creative props. This competition enhanced the speaking skills of the students and increased their knowledge about life skills.



Grade I and Grade II - International Yoga Day

The grade I and II students of N. L. Dalmia High School celebrated International yoga day on 21st June, 2024 with great zeal and enthusiasm. The students performed different asanas to improve flexibility, strength and mental health. The yoga day helped the students to understand that meditation is important for calmness and stress reduction.



PRIMARY SECTION

Grade III - Convivial Learning Programme

The 'Pronoun Flowers' activity was a fantastic way to help students understand the concept of Personal and Possessive Pronouns in a visual and interactive manner. The Addition Activity with the honey bee carrying over numbers to the next place value was another creative way to present a complex mathematical concept. Students created amazing posters related to amazing facts about birds from India, Brazil, Australia and Mexico which enhanced their research skills.



Grade IV - World Music Day

Grade IV students were treated to an engaging and lively Digital assembly on the theme of Musical Rhythm, meticulously organized by their peers from Grade IV B. The event featured a variety of performances, including speeches, a music band, and a dance performance. These showcased the importance of music in our lives and how it brings people together, highlighting that music and dance are not only forms of entertainment but also powerful tools for expression and creativity.



Grade V - Camp Ranger - Bon Voyage... a journey on wheels

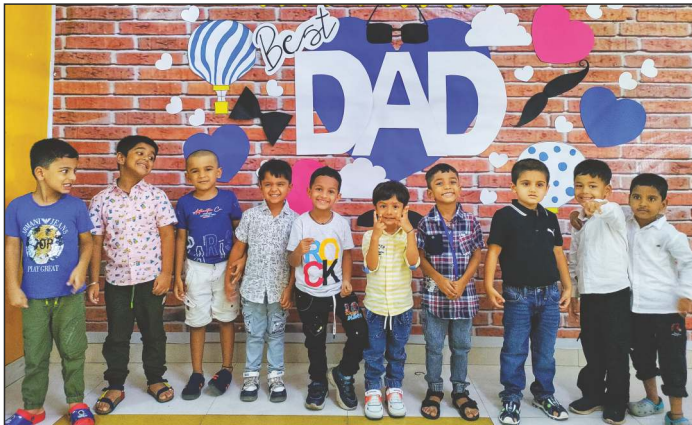
Camp Ranger was designed to provide a unique blend of knowledge and fun, with a range of physical activities and team-building exercises that promoted 21st-century skills such as collaboration, critical thinking, and creativity. The students were divided into teams and given car names like Mercedes, Mitsubishi, and Land Rover, which added to the excitement and sense of adventure. The camp included activities, such as Cold Cooking, Art Activity, and Outdoor Games. The students were able to showcase their culinary skills by making lemonade and sandwiches, and their artistic talents through the Magical Craft Activity. The sports activities were also a highlight, with students participating in different games. The highlight of the camp was the bonfire ceremony, where the students gathered together to pray for peace, love, and healing.



PRE PRIMARY SECTION

Father's Day Celebration

Our Pre-Primary students celebrated Father's Day with an inspiring and heartwarming classroom activity, wherein our little ones dressed up as their dad and shared touching words about their fathers. The children also crafted creative eye masks for their dads - their Super Heroes, adding a special personal touch to the celebration.



Plantation Theme - A Month of Green Learning

Our young learners enjoyed learning about different plants by taking a tour and learning about different plants in the school premises, and experiencing germination through a class activity. The combination of theoretical knowledge and practical activities made the learning experience comprehensive and enjoyable for our Sr.KG. students.



Mother's Day and Father's Day Celebration

We celebrated Mother's Day and Father's Day with our Sunflower children and their parents through a series of creative and engaging activities. The celebration was designed to honor and cherish the special bonds between our young learners and their parents, creating lasting memories through fun and creativity.

International Yoga Day Celebration

Celebration of International Yoga Day, witnessed our Pre-Primary students participating in a delightful and invigorating yoga session. The event aimed to introduce the children to the benefits of yoga through simple and fun poses, fostering a sense of well-being and mindfulness from an early age.



Creative Corner

Creative Corner was buzzing with exciting activities designed to enhance the artistic skills and fine motor abilities of our Nursery and Sr. KG students. The Nursery children were engaged in brush painting and palm painting, while the Sr. Kg. practiced their scissor skills in a fun 'snippy snip' session.



PRE PRIMARY SECTION

CISCE Zonal and Regional T20 Cricket Tournament, 2024

The CISCE Zonal and Regional T20 Cricket Tournament 2024 was an exhilarating event that showcased the immense talent and sportsmanship of young cricketers across various age categories.

Zonal Matches: The zonal matches took place from 22nd to 30th April at the Oval Ground, Churchgate. This phase involved intense competition, with teams vying for a spot in the regional semi-finals.

Regional Semi-finals: The six teams that emerged victorious from the zonal matches advanced to the regional semi-finals which were held on 6th June 2024. These matches were fiercely contested, setting the stage for the grand finals.

Regional Finals: The regional finals held on 7th June 2024 featured the top two teams from each category (U/14, U/17, U/19). The U/14 and U/19 finals were held in the first half of the day, with the U/17 final scheduled for later in the afternoon.



Father's Day

Father's Day is a meaningful celebration that highlights the contributions of fathers across different cultures and societies. Whether through simple gestures or grand celebrations, it offers an opportunity to express gratitude and love for fathers and father figures worldwide. N. L. Dalmia High School celebrated the Fathers Day event for the fathers of Grade II and VI with great zeal and enthusiasm on 15th June, 2024. The event was inaugurated by the Principal and CEO, Dr. Seema Saini by her inspiring speech. The event commenced with the fun filled activities for the fathers along with their children like penalty shootout, kabaddi, hockey shootout, box cricket, father child twinning, group dance. The show stopping contest of the event i.e. My Dad, My Super Hero contest was conducted by the core team members with the questionnaire round for the fathers. The winners were crowned by the Principal Ma'am and the other winners for the games were felicitated with the certificates.



SCHOOL UPDATES

- **Waste Plastic Collection**

Our school has partnered with ICPE to establish a permanent waste plastic collection initiative. Till date, we have gathered 106 Kg of waste plastic, including water bottles utilized during the board examinations. This effort aligns with the "5 Recycle Plastic - Free India" campaign, showcasing our commitment to environmental sustainability and responsible waste management.



- **Mission Swachata Aur Paani**

Harpic News18 #MissionSwachhtaAurPaani is an initiative mobilizing India for better sanitation. The Season 3 finale of this mission, a nationwide campaign by News18 Network and Harpic promoting sustainable sanitation and clean water. The event was designed to galvanize the nation towards improved sanitation practices.



- **School Council Election 2024-25**

The election process took place in the allocated area, ensuring a fair and transparent voting procedure. House wise meetings were convened, involving house captains, sports captains, and School vice captains. The election process was discussed and executed during this meeting. Candidates running for various positions delivered impactful speeches, outlining their visions, goals, and plans to contribute positively to the school's development. To maintain the integrity and confidentiality of the election, ballot boxes were provided, and voting slips were distributed to eligible voters.



- **Shivaansh Sen Sharma, Grade I** participated in the 'Fastest 5 km run by a kid' event organized by L&T at Atal Setu, where he astounded everyone with his exceptional performance. Shivaansh's determination and dedication were on full display as he covered the 5 km distance in an astonishing 53 minutes, setting a new World Record.



SCHOOL UPDATES

• Jaanhavi Raijade Shines in USA Open Karate Championships and Junior international Cup 2024

She continues to make waves on the global stage with her exceptional talent and determination. In the recently concluded Junior International Cup and USA Open Karate Championships 2024, Jaanhavi displayed her prowess and brought home a collection of medals, adding to her impressive track record. In the Junior International Cup, held amidst fierce competition, Jaanhavi clinched the Gold medal in the Kata category, showcasing her mastery of form and technique. Additionally, Jaanhavi secured the Bronze medal in the Kumite category, highlighting her versatility and combat skills. Furthermore, in the USA Open Karate Championships, Jaanhavi excelled once again by winning the Silver medal in the Team Kata event.



• District level Mumbai Swimming Championship, 2024

Renaissance Club in Versova (Andheri) hosted the prestigious District Level Mumbai Swimming Championship. The event witnessed an overwhelming participation of over 200 young swimmers from various schools across the city. We are delighted to share that Rachit Yadav from Grade I of our school achieved outstanding success by securing the 1st position in the Under 8 age category for the 108 meters freestyle swimming competition.



• National Astronomy Challenge 2024

The National Astronomy Challenge (NAC) is a highly engaging Olympiad designed for students in Grades IV - IX. Conducted in January 2024 in a proctored environment, participants were given four months to prepare for the Olympiad. Our school proudly celebrates the achievements of Vihaan Jain (Grade VI) and Reyansh Soni (Grade V), both of whom are School Level Gold Medallists and National Toppers. Additionally, Dev Narayan Todi (Grade VII) secured 2nd position at the National level and was awarded by Dr. Mila Mitra, an astrophysicist and former NASA scientist, and Co-founder of STEM & Space, an organization registered with ISRO dedicated to inspiring young minds in the field of space exploration.



• Success at International Speak Up 2024 Conclave

Our school had a remarkable presence at the International Speak Up 2024, an online inter-school critical expressions conclave hosted by Invictus International School, Amritsar. This prestigious event brought together students from around the world to showcase their oratory, speech, creativity, critical thinking, writing, and expression skills on a virtual platform. In the event's highlight, INVOKE – Extempore, our talented team comprising Suhani Bhatt from Grade IV and Umaimah Barday from Grade 5=V, demonstrated exceptional abilities and secured the 3rd position at the International level. Their performance was a testament to their dedication, creativity, and sharp critical thinking skills. Summer Camp 2024 - A Season of Fun, Learning, and Growth

INVICTUS

INVOKE - Extempore

TEAM PRIZES

Overall Best Delegation : (1st Position)	Villa Theresa High School
2nd Position :	Sunbeam School Annapurna
Joint 3rd Position :	N L Dalmia High School Sunbeam School Lahartara
Critic's Choice Award :	B. K. Birla Public School