



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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SHLOK OF THE MONTH

कल्पयति येन वृत्तिं येन च लोके प्रशस्यते सद्भिः ।
स गुणस्तेन च गुणिना रक्ष्यः संवर्धनीयश्च ॥

The skill that sustains livelihood and which is praised by all should be fostered and protected for your own development.

SCHOOL SURVEY

Do you agree that there is unnecessary focus on 'dieting' than on 'mindful eating'?

Agree	84.44 %
Disagree	15.56 %

THOUGHT FOR THE MONTH

"There are two mistakes one can make along the road to truth... not going all the way, and not starting."

- Buddha

BIRTHDAY GREETINGS !

NOVEMBER

Reyali D'souza	05th November
Talasha Dhar	13th November
Vrushali Patil	13th November
Brinal Gonsalves	15th November
Victoria D'Souza	15th November
Vincy David Nadar	17th November
Sandeep Shah	28th November
Priyanka Bajaj	28th November
Manvendra Bhat	29th November

FROM THE PRINCIPAL'S DESK...

'Travel, because the best education is the one you experience!'

Dear Students,

Educational travel, also known as experiential learning, involves travelling to gain knowledge, insights and skills. Visits to historical sites, museums, cultural landmarks and immersive experiences enhance one's understanding of a culture or a region. It is a valuable way to learn about the history, art, science, or different cultures while exploring new places. Whether through school trips, international exchange programmes, field trips or educational visits our School has always promoted educational travel as part of its learning experience.

Offers various benefits that extend beyond mere sightseeing, travelling enriches our lives by contributing to personal growth and overall well-being. Travel is an excellent teacher who offers lessons beyond textbooks. Exploring different places provides us with an opportunity to create lasting memories. Visiting new places, trying new foods, and experiencing unique activities all contribute to building a treasure trove of beautiful memories that we can cherish for a lifetime.

Travel often pushes us out of our comfort zones; and thus travelling is a great opportunity for self-discovery. You may find hidden talents, develop resilience or learn more about yourself in unfamiliar situations. Meeting new people, whether fellow travellers or locals, can improve social skills and foster meaningful connections. It's an opportunity to practise communication and adaptability. As we travel, we see the world from different perspectives. Witnessing different living conditions and challenges faced by others fosters empathy and a sense of responsibility.

Travelling is not just about ticking destinations off a bucket list; it's a transformative experience that can enhance our lives in countless ways. It broadens our horizons, fosters personal growth, and contributes to overall well-being. Make travel a part of your learning as the world is waiting to enrich your life in ways you never imagined!

Dr. Seema Saini
CEO and Principal

SECONDARY SECTION

Marathi Club Activity

The event enthusiastically engaged students in various activities like Mangalagaur, Powada, Bharud, etc. displaying the true essence of the Marathi Language. The Marathi Literary Week was a resounding success, fostering a deeper appreciation for Marathi culture and literature. It served as a platform for literary enthusiasts to come together, learn and celebrate the rich literary heritage of the Marathi language.



Grade VI - Hyderabad Educational Trip

In the spirit of experiential learning, students embarked on a captivating and educational journey to the historic city of Hyderabad. Referred to as the 'City of Pearls' and 'City of Nizams' Hyderabad is a city that beautifully amalgamates its rich history with modernity. The students were privileged to explore this city that boasts a rich cultural heritage, stunning architecture and a vibrant lifestyle.



MUN 2023

The sensitive and burning issue of war causing much destruction not only to the nations involved but also causing a worldwide repercussions and the 'Death of Humanity', was the topic of discussion. Highlighting this concern the students of Grade X participated in the 3rd edition of N.L.Dalmia High School MUN. It focused on the importance of fostering a positive discourse and trust- building between the Israeli and Palestinian leadership to pave the path for a lasting peaceful relationship.



Grade VII - Goa Educational Trip

The school trip to Goa was an incredible experience that left students with lasting memories! Five days of exploring the beautiful coastal region was a delightful blend of education and adventure. The days were filled with visits to historic sites, learning about the rich culture and history of Goa, along with immersing ourselves in the local way of life. The breathtaking beaches and lush landscapes provided a perfect backdrop for relaxation and bonding with classmates.



SECONDARY SECTION

Grade VIII - Delhi Amritsar Educational Trip

The educational trip commenced with the students visiting Delhi, a city steeped in history and culture standing as the proud capital of India. They explored the life and teachings of all Presidents and Prime Ministers through various exhibits and documentation. This educational trip provided students with a remarkable opportunity to broaden their academic knowledge as well as gain a deeper understanding of the cultural, historical and social aspects the two cities.



Grade X - Amritsar Delhi Educational Trip

Grade X students of our school embarked on a memorable educational trip to Amritsar and Delhi. The trip aimed to offer the students an insight into the rich cultural heritage, historical significance and diversity of these two iconic cities. Attari Wagah Border and Sadda Pind in Amritsar offered a unique combination of patriotic reverence and cultural immersion. Students visited the Golden Temple, the holiest shrine of Sikhism and the Jallianwala Bagh, a memorial of national importance! In Delhi, the students explored several iconic landmarks alongside visiting significant site like the Qutub Minar, the President and Prime Minister's Museum.



Grade IX - Jodhpur Jaisalmer Educational Trip

Jodhpur is one of the most captivating urban areas of Rajasthan, with its strong Mehrangarh fortress sitting above the city. Jodhpur sightseeing is incomplete without visiting the gardens. 'Jaisalmer - the Golden Heaven' was also explored. Students paid an exciting visit to the Jaisalmer fort which is the heart of Jaisalmer. The students of Grade IX visited these wonderful places with extreme enthusiasm.



Grade XI – Udaipur Educational Trip

Historic forts, palaces, museums, natural locations and gardens, architectural temples and the rich stories they tell fills the air of Udaipur! The ISC students made the most of the time spent in Udaipur unfolding its delicate beauty. Usually dubbed as the 'Venice of the East', the lakes and their stories were well celebrated by the students. As a result, the students returned happily enlightened. Apart from the fun and learning, the ISC students enhanced their various skill-sets like time management skills, organisational skills and most importantly enhancing their attribute of accountability. It was heart warming to watch the students holistically grow beyond the walls of the classroom.



PRIMARY SECTION

Grade I - Convivial Learning Programme - Animals Around Us

The 'Convivial Learning Program' was conducted with an objective to encourage complete activity-based learning. The E.V.S. Activity - 'Classification of Animals' Habitats' was conducted in a creative way wherein the students were able to differentiate different species of animals. To develop confidence, English speaking activity was conducted. To develop fine motor skills, Cotton Pasting Activity was organized which thrilled the students as they learnt to colour different animals. The Bindi Pasting Activity was a great way to encourage and develop creativity and imagination of the students.



Grade II - Convivial Learning Programme - Animals Kingdom

The 'Convivial Learning Programme' was conducted with a new set of creative activities. 'The English Word Wall Adjective' Activity enabled students to frame sentences using Nouns and Adjectives. The E.V.S. Activity created curiosity among the students wherein the students made the different stages of the lifecycle of a butterfly with the help of clay further speaking about the same. Math Dodging Tables Activity aroused curiosity among the students. Craft Collage Activity amazed the students and unleashed their potential where students prepared submarine with the help of origami papers.



Grade III - Fun with Geometry Shapes

Modelling clay is a wonderful medium for students' activities. To explore the World of Shapes, an activity on three Dimensional - 'Geometrical Shapes' was conducted in the class. Using toothpicks and clay, students prepared different shapes like Cube, Cuboid, Cylinder, Sphere and Cone. This Modelling Clay activity combined Science and Art in a 'hands - on STEM activity'. Students exercised their Fine motor and Math skills while enjoying sensory experiences with different colours and textures of materials.



Grade IV - Digital Assembly - National Sports Day

National Sports Day serves as a catalyst for the development of a robust sports culture in the country. Keeping that in mind, students of Grade IV-E conducted a Digital Assembly on 'National Sports Day' to highlight the significance of fitness and health. The assembly included, Prayer, Amazing Facts, Birthday Greetings, Thought for the Day, Mime Act and Motivational speech. The highlight of the day was the enactment of 'The Great Mary Kom'. This day enabled students to develop confidence, communication skills and teamwork.



PRIMARY SECTION

Grade V - Penalty Shootout

N. L. Dalmia High School witnessed a thrilling 'Inter House Penalty Shootout' ! Sports play a pivotal role in grooming of a young athlete. To mark the significance of National Sports Day, an 'Inter-House Penalty Shoot-Out Competition' was held for the students of Grade V to arouse the feeling of true sportsmanship among the children alongside to enhance their physical and social skills. The unending hard work and the tremendous efforts put in by the students was eloquently visible in the players' skills.



Hindi Diwas Celebration

The students of Grade III, IV and V celebrated Hindi Diwas to mark the significance of the Hindi language with great fervour. To commemorate the popularity of Hindi throughout the nation, students of Grade V shared the importance of the day in Hindi language. By reciting the couplets of famous poets and authors, students spread the message that Hindi language is the soul of our cultural heritage. With an aim to acquaint our young minds with new terminologies and spread social awareness on Water - students performed 'Nukkad Nattak' on the topic - 'Save Water.'



PRE-PRIMARY SECTION

Grandparents' Day

Grandparents with their grandchildren attended this special day in traditional outfits. Children displayed their love and affection by rendering a song for them. It was a memorable day for both the grandparents and grandchildren. The grandparents walked down the memory lane and refreshed their memories of being in school. The wide smile on their faces while holding the hands of their little ones as they left us touched with emotions.



Joy of Giving

It is important to encourage children to understand the value of sharing with the underprivileged. Thus, it is an endeavour to bring a smile on the faces of those who are not fortunate enough by initiating the 'Joy of Giving' drive. This activity has helped the children to understand the importance of caring and sharing with the people in need.



SCHOOL ACCOLADES

**Education World India School Rankings (EWISR)
2023 - 24 Awards**

The Education World India School Rankings (EWISR) serve as a global benchmark for evaluating educational establishments, acknowledging institutions that consistently demonstrate outstanding performance and educational standards. Education World India School Rankings 2022-23 has ranked N. L. Dalmia High School No. 11 Maharashtra for best Co-ed Day School. The accolade was officially conferred upon Prestige School during a grand ceremony held on October 13, 2023, at The JW Marriott, New Delhi.



India's Top Parents Choice Award Award

India's Top Parents Choice Award by Education Today ranked our School No. 1 in Thane, No. 1 in Maharashtra and No. 7 in India in the category of 'India's Top 20 ICSE Schools' in India School Merit Awards 23.



**Education Today Maharashtra Schools Merit Awards
2023-24**

Education Today has ranked our School as No. 1 in Thane, No. 1 in Maharashtra and No. 1 in Thane in the category of 'Maharashtra Top 20 ICSE Schools' Maharashtra Schools Merit Awards 2023-24.



India's Top Prestigious School Jury Award (PSJA)

Prestigious School Jury Award by Education Today in the category of 'Best Curriculum Design Adaptation in India School Merit Awards 2023-24.



SCHOOL UPDATES

Student Exchange Program with the Netherlands

'Educational exchange can turn nations into people, contributing as no other form of communication can to the humanizing of international relations.' Building International Relations is an excellent way to promote globalization, building inter-personal skills and getting a perspective into the working of a larger world. We no longer live in a bipolar world, times have changed and the world now has become inter-connected and inter-dependent. To adapt to the evolving times, it becomes pivotal to promote Internationalism. In accordance with the same, N.L. Dalmia High School was a part of yet another cultural exchange program, with a School in Helmond, Netherlands. The exchange programme was held from 21st September to 2nd October 2023. The students lived with families of Jan Van Brabant college and got to understand their culture, it was indeed a very unique experience for the students. The students exchanged their culture, experiences, discussed their language, way of living, how they travel within the city, their cuisines and much more.



SCHOOL UPDATES

US International Universities Visit organised by Gen Next Education

In an interactive and informative session for the students of Grade XI and XII, they received an opportunity to meet the University Admission Officers and talk about admission requirements, scholarships, financial aid, etc. The delegates of the following universities were present : Western Kentucky University, Boise State University, University College London, University of Nottingham, Stony Brook University, Butler University, High Point University.



The Cricket Team visited Bombay Scottish School, Mahim for The ICC Cricket World Cup Trophy Tour and experienced the spirit that the game demands; like respect in the battle, graciousness in defeat and in victory along with humility.



Hindustan Times Olympiad 2023

Pratyush Kathait, Grade X - State Topper of Hindustan Times Olympiad 2023. He has received a cheque worth Rs 5,100/-, a trophy and a Certificate of Excellence.



Sanskriti in Villa Theresa

1. Hockey Penalty Shootout - 2nd position: Shaksham Singh, Fuzail Khan, Geetansh Joshi, Kshitij Jha
2. Tug of War - 2nd position: Diyaan Karkera, Aamir Bate, Aarush Singh, Aarush Chauhan, Niksh Sharma, Bhoomik Baid, Ibrahim Bagdadi, Parth Patil, Aryan Shetti, Kavish Vadher
3. Nukkad Natak - 2nd position : Helena Siju, Pahal Maheshwari, Advaitsinh Chauhan, Mukta Mestry, Nisha Parikh, Aarna Jain, Ananya Chauhan, Lanie Jain, Mahika Sankhe, Owais Patel, Dhairya Goyal, Joann Chandrathil
4. Lekhan Utsav - Creative Writing - 2nd position : Ananya Chauhan
5. Kal Aaj Kal Fashion Show - 3rd position : Mahek Gwalani, Anushka Giri, Tapasya Singh, Joann Chandrathil, Kairos Rout, Aarush Singh, Diyaan Karkera, Aamir Bate, Tanish Jain, Geetansh Joshi



Young Scientist Challenge 2023

Progressing to Phase II, Ms. Bhumika Patil of Grade XII has been selected at the National level. The next phase in this exciting journey involves the much-anticipated Scientists' Talk.

