



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

INDEX

Shlok of the Month
School Survey
Thought for the Month
Birthday Greetings !
From The Principal's Desk...
Moment of Triumph
ISC Section
Secondary Section
Primary Section
Pre-Primary Section
School Updates

SHLOK OF THE MONTH

मनःप्रसादः सौम्यत्वं मौनमात्मविनिग्रहः ।
भावसंशुद्धिरित्येतत् तपो मानसमुच्यते ॥

And satisfaction, simplicity, gravity, self-control and purification of one's existence are the austerities of the mind.

SCHOOL SURVEY

Do you agree that 'Wellness' is often perceived, marketed and covered by the media as something costly and exclusive?

Agree	94.14%
Disagree	05.86%

THOUGHT FOR THE MONTH

"What you get by achieving your goals is not as important as what you become by achieving your goals."

- Zig Ziglar

BIRTHDAY GREETINGS !

MAY & JUNE

Vandana Ramavat	18th May
Neetu Singh	19th May
Reshma Ambokar	20th May
Titiksha Sawant	20th May
Shabeen Siddiqui	20th May
Annie Michael	21st May
Sonali Jadhav	22nd May
Parvati Prajapati	23rd May
Viju Rajeev	24th May
Akshay Phapale	28th May
Lynn Pereira	29th May
Varsha D' Cunha	30th May
Hetal Rajyagor	1st June
Pradnya Kulkarni	5th June
Simran D'Souza	8th June
Munmun Patel	11th June
Divya Shetty	12th June
Binita Parmar	19th June
Shamashree Sen	20th June
Prathika Shetty	23rd June
Sunita Thesia	25th June
Sheetal Ajmera	26th June

FROM THE PRINCIPAL'S DESK...

"The magic in New Beginnings is truly the most powerful of them all."

Dear Students,

As we embrace the new academic session 2023-24 with new hopes and new dreams, we are all set to witness the magic it unfolds!

The past academic year 2022-23 has been remarkable as it beheld exceptional achievements and recognitions on the academic front. The most recent being the illustrious and outstanding board results of the ICSE section and the ISC section. Our students have truly made us proud by their exceptional achievements. As Dalmians, we do not believe to rest on the laurels of the past but pick up the strength, courage and determination from it to provide fruition to the year that lies ahead.

In the spirit of the same thought, the new academic session has commenced with welcoming the students to a fresh start. With great delight the ISC Section has welcomed the students of grade XI who are equally enthusiastic and happy to explore the avenues of higher secondary education. The school has also availed the opportunity to cricket enthusiasts to participate in the T20 boys zonal and regional cricket organized by CISCE. In all its endeavors, the school focuses on strengthening competencies needed by our students to be life-long learners. We make concerted efforts to provide students with a multi-dimensional learning experience, the numerous activities, competitions, events and workshops conducted year-round stand testimony to this.

We consider ourselves truly blessed to have a supportive and involved parent community, dedicated and highly skilled staff, excellent resources and facilities provided by our management and the most industrious students to work with. We are very sure that with the support of all the stakeholders, we will be able to keep the cauldron of N. L. Dalmia High School burning bright at all times!

As the school reopens after the summer holidays, I greet all our dear students warm welcome. We look forward to exploring more learning opportunities that await you!

Dr. Seema Saini
CEO and Principal

MOMENT OF TRIUMPH

ICSE TOPPERS 2022-23

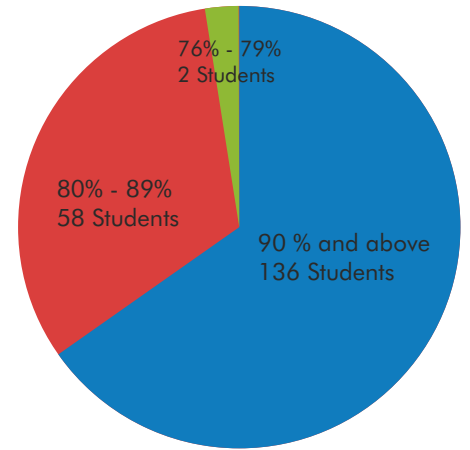
1st



Ms. Mihika Khadloya
99.00%

ICSE RESULTS 2022-23

Students appeared	196	
School Average	92.09%	
	No. of Students	%
Distinction	196	100.00
95% & above	66	33.67
90% & above	136	69.39
80% - 89%	58	29.59
70% - 79%	2	1.02



■ 90% and Above
■ 80% - 89%
■ 76% - 79%

2nd



Ms. Avni Chaurasia
98.60%

2nd



Ms. Ayushi Kushwaha
98.60%

2nd



Ms. Vartika Agarwal
98.60%

2nd



Mst. Omkar Kulkarni
98.60%

3rd



Ms. Mahee Mantri
98.40%

3rd



Ms. Poornima Kothari
98.40%

3rd



Ms. Tanishka Mehta
98.40%

MOMENT OF TRIUMPH

ISC TOPPERS 2022-23

ISC RESULTS 2022-23



Mst. Domine Tom
95.50%



Ms. Tanaya Bade
95.25%



Mst. Arsh Charania
95.25%



Mst. Sril Shukla
94.75%

ISC - Science Result 2022-23		
Students appeared	27	
School Average	88.74%	
	No. of St.	%
Distinction	26	96.30
95% & above	3	11.11
90% & above	12	44.44
80% - 89%	13	48.15
76% - 79%	2	07.41



Ms. Priya Bothra
96.00%



Ms. Jay Tela
94.75%



Mst. Varun Hegde
93.50%

ISC - Commerce Result 2022-23		
Students appeared	27	
School Average	85.06%	
	No. of St.	%
Distinction	26	96.30
95% & above	1	03.70
90% & above	8	29.63
80% - 89%	11	40.74
74% - 79%	8	29.63



Ms. Vaibhavi Lakhani
95.25%



Ms. Rinchan Robert
92.50%



Mst. Pathin Bhowmick
92.25%

ISC-Humanities Result 2022-23		
Students appeared	8	
School Average	91.06%	
	No. of St.	%
Distinction	8	100.00
95% & above	1	12.50
90% & above	6	75.00
87% - 89%	2	25.00

ISC SECTION

Grade XII - A New Beginning - New Academic Year

Students of grade XII were heartily welcomed with joy and positivity on their first day of the academic year 2023-2024. The ISC Teachers decorated the classroom with simple yet elegant ideas to welcome the students. Since the 'Tilak' on the forehead is believed to be associated with good luck, the teachers blessed each student with the auspicious Tilak before the students stepped into their new classrooms. Indeed, a year well begun is like a battle half won!

- Ms. Pratyusha Yadav, XII-D



Grade XII - Manthan - Mass Media

The title song 'Mero Gaam Katha Parey' used as the soundtrack for the television commercial for Amul was studied in detail! The National Award-Winning film 'Manthan' (1976), is directed by Shyam Benegal. Ms. Shruti Mishra (Teacher, MM) emphasized that 'Manthan' is the first crowdfunded film of India. Enhancing our knowledge on the subject, this activity helped us learn how problems of low budget were constructively tackled in cinema. It also threw light on 'collective might' being a defining force of cinema.

- Mst. Jash Kholiya, XII-D



Grade XII - Stirring Movements - Mass Media

Grade XII-D (Humanities) stirred an enthusiastic discussion on various social media movements that have surfaced in the recent years. Apart from the 'Black Lives Matters', movements like 'Fridays for Future', '#MeToo' and other prominent online movements were thoroughly discussed for its stance and its longevity in the society. We learnt the modern trends along with the role that social media plays to help shape the culture.

- Mst. Atharva Ambegaonkar, XII-D



Grade XII - Emotions, Inside Out - Psychology

The Psychology class of the ISC watched the animated movie 'Inside-Out' based on multiple emotions being portrayed in the mind of a little girl (protagonist) in the film. The brand-new concept of the movie was way ahead of its time and highlighted the 'out of the box' thinking. Under the guidance of Ms. Simran Pawaskar (Teacher, Psychology) using this movie, the various hues of emotions were unfolded with enthusiasm.

- Mst. Jash Kholiya, XII-D



SECONDARY SECTION

'Hasta la Vista' - ICSE 2023 Farewell

"Goodbyes are not forever, Goodbyes are not the end. They simply mean, you'll be missed until we meet again."

A farewell party was organised by the students of grade IX and the teaching staff of N.L Dalmia High School for the passing out 2022-23 batch students of grade X on 8th April, 2023. It was a memorable evening that witnessed a sea of emotions reflected through various facets of the programme. The students of grade X showed up, dressed in their finery. The young ladies glowed in colourful dresses whereas the gentlemen carried themselves smartly in suits. Grade IX students welcomed all grade X students by offering them beautiful cards. The core team was welcomed with beautiful bouquets.

The occasion was graced with an emotional and inspiring addressal of the Principal to the passing out students. The evening commenced with the prayers followed by a mellifluous instrumental jamming, the energetic dance performances by grade IX and X students and a skit that left everyone into splits. A melodious medley of songs rendered, was enjoyed equally with much ardour by all. Handing over of the candles to the present Captains for the academic year 2023-24 took place, reflecting the passing of responsibilities from the previous batch to the new. 'Reflections' were given away as a token of remembrance to all grade X students by the core team.

'Hasta la Vista' stage was set on fire as our grade X students walked the ramp with their elan and exuberance and competed for Mr. & Ms. Dalmia title. After three rounds of fashion show, personality round and Q & A round, the winners were declared. The day was a fiesta devoted to the years spent together with friends and the teachers to reminisce joyful moments with fervour leaving a trail of nostalgia behind. The event concluded with a vote of thanks by the current school Captain.

Wishing our students 'Best of Luck' for their bright future. There are no goodbyes for us. Wherever you go, you will always be in our hearts.



PRIMARY SECTION

Grade I - Orientation Programme

'A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe'. An 'Orientation Programme' for the new set of parents of Grade I was conducted on 6th March, 2023 to get acquainted with the curriculum and functioning of the school. The primary objective of the programme was to make the parents and students aware of the academic and co-curricular aspects of the section.



Grade II - Creative Crayons Competition

'Creative Crayons Competition' was held for the students of grade II to explore the creative potential of our children. This activity highly fostered the fine motor skills and visual-spatial processing. Learners showcased their creative skills in drawing and colouring and the result was fabulous artwork. This activity enabled students to explore their imagination, creativity and aimed to promote artistic talent.



Grade III - Poetry Recitation Competition

The students of grade III enthusiastically participated in 'Poetry Recitation Competition' as they got an opportunity to compose poems on various themes such as Earth, Stars, Butterfly and Flowers using different parts of speech. The competition inspired the young poets to come forward and recite their self-composed poem on the stage. Students recited their poem with great fondness and enjoyed the perfection of expression, thoughts, emotions, rhythm and music of words.



Grade V - Human Evolution

Human evolution is the lengthy process of change by which people originated from apelike ancestors. Students of grade V researched about the 'Evolution of humans and their settlement period' and presented it in the class. This activity enabled the students to develop analytical skills, presentation skills and speaking skills. Students explored the different stages of evolution of human beings.



Grade IV - Museum on Wheels

Bringing ancient unique artefacts into the classrooms not only sparked the interests of the students but also carved the pathway for developing organizational skills and investigative skills. In accordance with the chapter learnt in Social Studies - 'Sources of History' - students of grade IV created a 'Museum on Wheels' where the students enthusiastically exhibited ancient artefacts to illustrate their significance in today's life. Students presented different types of artefacts like Artistic Antique, Historical Currency, Sculpture and Ancient Utensils and explained about it. The activity enabled students to research and gain in-depth knowledge about Ancient, Medieval and Modern periods. Hence, this activity was a fun - filled and enriching one for all to explore more.



PRE - PRIMARY SECTION

Orientation Program for Pre-Primary

Orientation is an important part of a child's transition to school. It is an event that introduce children and parents to significant features of their new school environment and serves as an excellent prelude to create a bond among the school, parents and students for the common goal, the progress of the child.

Under the able guidance of our beloved Principal and CEO, Dr. Seema Saini, the Orientation Programme for the Pre-Primary was organized in March 2023, for the parents of the new admittees. The aim was to familiarize the parents, 'as partners in progress.' The parents were given a walkthrough of the mission and vision of the school and the legacy of our Founder Chairman, Late Niranjanlal Dalmia. The Vice Principal, Ms. Shamashree discussed the curriculum, rules and regulations of the school, teaching methodologies and the co-scholastic activities.



Parent Toddler Program

The Parent Toddler Program is a unique initiative of N. L. Dalmia High School, specially designed for the toddlers as they embark on a new journey in school. The ideology behind this, is to prepare children for their easy transitioning to a play school without getting intimidated by the new school environment. The program allows parents and children to discover and learn new things 'together' and helps build confidence in their interpersonal, social, linguistic and intrapersonal skills. This program aims at making learning a fun filled activity for the growing child while involving the parent at every step of learning. This two-week program also enables parents to deal with Separation Anxiety in toddlers which is common and a normal stage in childhood development.



SCHOOL UPDATES

House Meetings & Student Council Election

'By voting we add our voice to the chorus that forms opinions and basis for actions.' - Jens Stoltenberg

The election for the Student Council was held at N. L. Dalmia High School on 30th March 2023. The objective of appointing the Student Council is to provide a platform to the students to develop leadership qualities by organizing and carrying out school activities and service projects. In addition to planning events that contribute to the school spirit and community welfare, the Student Council is the voice of the student body. They help share students ideas, interests and concerns with the school wide community. The students from all the houses filed their nomination for various positions. The contenders for the various coveted positions spoke out their manifestos. The final stage of the process was the casting of votes by the students. More than 1000 students casted their vote. These elections provided an opportunity to the students to witness and exercise their fundamental right to vote. The entire polling process was in all respects a democratic and anonymous one. Students exercised their right to franchise by choosing the candidates of their choice through ballot box and voting slips.



First Aid Training by Junior Red Cross Society

On the 1st and 15th of April 2023, the Maharashtra state branch of the Red Cross Society organized a first-aid training session. Infused with zeal and enthusiasm, the grades VI to X students exhibited immense curiosity and eagerness towards the event. In an enrapturing and interactive 3 hours training session, pupils were apprised of everyday accidents and their first aid requirements. The session commenced with bright, cheerful faces and a crisp introduction about the event by Ms. Priti Thackeray, followed by Mr. Bhavesh's brief speech. Next, the baton was passed to Dr. Swati Kale, who proved to be excellent guide throughout the session. Upon absorbing comprehensive instructions provided by Dr. Kale, students were guided into bandaging techniques, which they meticulously tried on their peers.

Information was disseminated regarding tackling burns depending on their degree of severity. In addition, volunteers from the audience came forth to assist in demonstrating numerous techniques. The competent authorities also highlighted first aid for fractures and dislocations of bones. The students were also acquainted to adopt first aid procedures during a medical emergency in the school. Engaging and spellbinding videos were displayed in tandem with the hi-tech presentation. Knowledge regarding snake bites, bee stings, poisoning, bleeding, and electric shocks was also shared with the inquisitive minds.



- ◆ **THE EDITORIAL TEAM :** Ms. Annie Michael, Ms. Shamashree Sen, Ms. Preeti Thackeray, Ms. Leena Kadam, Ms. Vincy David, Ms. Charmy Lapasia, Ms. Lynn Pereira
- ◆ **STUDENTS :** Uddish Bakshi, Bhargav Sen Bhowmick, Joann Rosh Chandrathil