



# SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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## SHLOK OF THE MONTH

तस्मादसत्कः सततं कार्यं कर्म समाचर ।  
असत्को ह्याचरन् कर्म परमाप्नोति पूरुषः ॥

Therefore, without being attached to the fruits of activities, one should act as a matter of duty, for by working without attachment one attains the Supreme.

## SCHOOL SURVEY

Is the seemingly increased frequency of natural disasters a result of climate change?

Agree	94.14%
Disagree	05.86%

## THOUGHT FOR THE MONTH

"Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle."

- Christian D. Larson

## BIRTHDAY GREETINGS !

### APRIL

Madhulika Sharma	1st April
Mitali Mehta	1st April
Ruqaiya Shaikh	3rd April
Arshi Khan	6th April
Neha Pathariya	14th April
Dipty Paleja	17th April
Samita Paul	20th April
Srila Raghu	24th April
Smitha Shetty	25th April
Natasha D'Melo	26th April
Ganapathi Iyer	28th April
Dixita Khokale	29th April

## FROM THE PRINCIPAL'S DESK...

"The 'Quality' of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavour."

- Vince Lombardi

Dear students, as the new academic year sweeps in the zest of new enthusiasm, I welcome you, on behalf of the fraternity of N. L. Dalmia High School to our journey of 2023-2024! Beginning this year with a firm commitment to excellence, I extend my best wishes and sincere prayers for you to soar higher in the limitless sky of perpetual success!

Success and high quality of life is not luck; it is just the inseparable part of the person's commitment to excellence no matter what task he chooses to devote himself to. If a person decides to do something, he will always make it through hard work, dedication, and commitment to excellence. The result of this is of course not just a better quality of life but also a better quality of the personality of this person. It is the law of life that only those who are the best at what they do achieve the biggest success. We are mere humans, yet we are wired to achieve anything that we put our minds to. Since education provides the discernment to sift prudence from folly, making education and knowledge one's vital strength always reaps benefit in abundance in the long run.

Gurudev Rabindranath Tagore possessed the idea that 'education must promote freedom of thought and speech, and inculcate in student's international humanist values'. Commitment to education enhances this ideology. With a passion that powers excellence, our institution has been progressively working towards providing a vibrant flow of education on the wings of commitment and dedication. As a student, performing excellence in the field that you choose is the key to live a quality life. This has a lot to do with your conscience. Regardless of what you decide to undertake in life, you have two alternatives of doing it – doing it properly or doing it superficially. Let this new academic year get you to hold a resolution that you will choose commitment to excellence above everything else. Resolute to yourself that whenever you run short of motivation to choose commitment, you will push yourself consciously to drive you to the desired level of excellence. Alongside, your rigorous commitment to education, be lenient with yourself.

Dr. Seema Saini  
CEO and Principal

## ISC SECTION

### Grade XI - Science Beyond the Classrooms - Science Excursion

The enthusiastic students of grade XI Science (ISC) visited the renowned Nehru Science Centre and Planetarium, Matunga, on 28th February, 2023. Learning about different scientific concepts like Harmonics, Magnetism, Optics, Botany, etc. We also experienced the 'Liquid Nitrogen Show' Live in the Auditorium. Alongside a firsthand experience on the working of different Electrical Resonant Transformer like the Tesla Coil, we also witnessed different kinds of Stars and their Constellations in the Dome Theatre of the Nehru Planetarium.

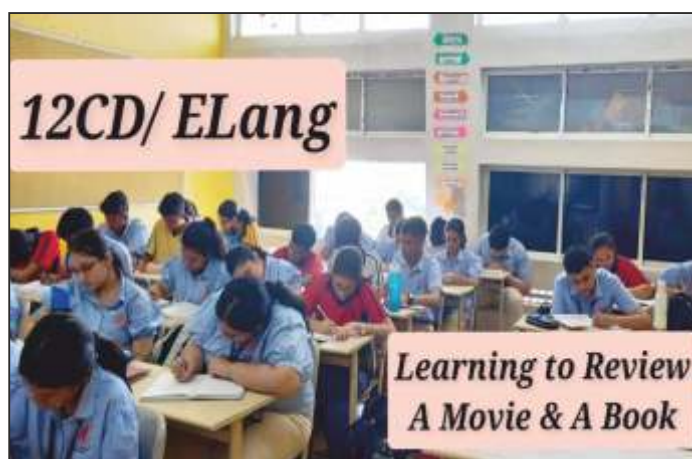
- Mst. Raghav Gupta, XI-A



### Grade XI - Learning to Review - English Language

If people are watching it or reading it, it is worth critiquing! A decent movie review and a book review must entertain, persuade as well as inform, providing an original opinion without giving away too much of the plot. Without stepping into too much detail, a crisp review of a movie and a book can be a delight to guess the beauty of the story it contains. Under the guidance of Ms. Leena Kadam, students learnt that a great movie and a book review can be a work of art in itself!

- Mst. Atharva Ambegaonkar, XI-D



## SECONDARY SECTION

### Grade XC - Digital Assembly - Psychology

'The mind once stretched by a new idea, never returns to its original dimensions.' The assembly of grade XC was conducted with the aim to open and extend the mind of the students to the different dimensions of psychology. The assembly commenced with a mindful thought, followed by news, amazing facts, dance and stand-up comedy to add a dash of humor to the event. The presence of the school counselor was perfect, considering the topic of the day. As Paul Valery rightly said, "The purpose of psychology is to give us a completely different idea of the things we know best".



### Grade XB - Digital Assembly - Mythology

Mythology is a subjective truth. Myths are a part of every culture in the world and are used to explain natural phenomena, where a people came from and how their civilization developed, and why things happen as they do. The students of XB presented a digital assembly on the topic 'Mythology' emphasizing on Greek Mythology. It had various segments such as group dance, songs (vocals), career options, tongue twisters, special segment, etc. The assembly was informative as well as entertaining.





## PRIMARY SECTION

### Grade I - 'Be A Poet' Competition

'Be A Poet' Competition was organised for the students of grade I to explore English language and vocabulary as well as to inspire and encourage creative thinking skills. The competition motivated young poets to come forward and recite on stage. The young budding poets enthralled us with their mesmerizing performances.



### Grade I - Convivial Learning Program

Convivial Learning Program was organised to nurture the young mind and inculcate those great qualities and knowledge in them so that every child stepping in any venture persuades towards a victory. Various fun-filled activities were organized related to subjects and life skills.



### Grade II - Culmination On Plants

Rendering an opportunity to students to understand the seed germination process and to ensure learning by doing, the grade II students organized 'Culmination on Plants' with great zeal and enthusiasm. The parts of the plant were explained by showing the real plants wherein students had a hands-on experience. The day of culmination was celebrated by displaying the work of the students wherein the students beautifully explained their entire journey of learning about plants.



### Grade III - Hindi Quiz Words Talk

Hindi Quiz Words Talk Competition was organized for the students of Grade III to promote and spread the culture of Hindi language. The competition was designed to assess the knowledge of the students in Hindi language and literature. The quiz was concluded with an interactive session where sharing of views and experiences was held making maximum use of Hindi language. The competition was very informative for the participants as well as the audience.



### Grade II - Convivial Learning Program

The English Noun Jump Starfall Activity got students playing a game on the Starfall platform on screen identifying the common and proper nouns. Math shape fix smiley balls activity helped students make different 2D shapes and place the smiley balls on the board. EVS neighbourhood mapping activity helped students to identify their neighbourhood and creatively make their neighbourhood map.





## PRIMARY SECTION

### Grade IV - Learners Talk Show - English

Learners Talk Show was conducted for the students of grade IV to instil oratory skill, confidence and critical thinking. It aimed to showcase our students' expertise in speaking skills. Students spoke eloquently on values like - Honesty, Responsibility, Courage, Hard work, Gratitude, Love, Sincerity, Respect, Patience and Selflessness for the preliminary round. The Finale topic was - 'A Good Education is A Foundation for Better Future'. The champions delivered inspiring and interesting views while discovering the power of words.



### Grade V - Advertising is the art of persuasion

Leaflet Making Activity was conducted for students of grade V to enable them to showcase their creativity. The event saw a mélange of interesting and innovative inputs from the students' end as talented participants demonstrated their skills. The activity was enjoyed thoroughly as the students presented their vibrant illustrations. This activity not only acquainted the children with understanding of promotional strategies used in marketing, but also enhanced their creativity and presentation skills. Children got an opportunity to brush - up their speech delivery and understand the importance of Advertisement in spreading awareness to masses.



## PRE - PRIMARY SECTION

### Super Saturday

Moving from one section to the next is a major stepping stone for a preschool child. To seal their pre-primary days with relishing memory, the school organized a fun filled evening for the students of Sr. Kg. 'Super Saturday' included games, movie time, snack time, campfire and other activities. The sole purpose of this event was to bid a positive and impactful farewell to the students before they step into the Primary section. The theme of 'Super Saturday' was 'Charlie and the Chocolate Factory' hence, students were all dressed as different chocolates like 5 Star, KitKat, Perk, Bourneville, Nutties and Milky Bar. Students enjoyed the fun filled event and returned home with sweet memories.

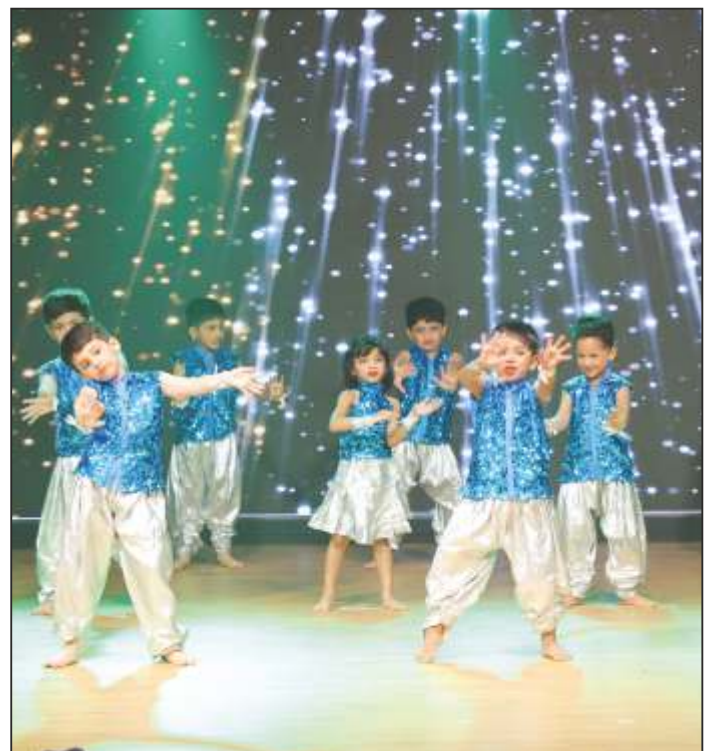




**PRE - PRIMARY SECTION**

**Convocation**

The Junior Convocation Ceremony marking the end of the successful completion of the Pre- Primary section was held in the School Auditorium on 4th March in two sessions. Children dressed in the immaculate graduate robes, received their graduation certificates from Dr. Seema Saini, the CEO and Principal, and the entire core team. Darsh More, Driya Singh shared their experience of the Pre-Primary section on behalf of all the Sr. Kg. students. After the ceremony, a cultural program was showcased by the Sr. Kg. students on 'Unity in Diversity'. Words of gratitude to the management and the entire staff was offered by Vivaan Trivedi and Divija Arora which concluded their well-travelled journey of Pre-Primary.



## SCHOOL ACCOLADES

### Times Education Icons Award

Times of India bestowed our School with Times Education Icons Award in the Category of 'Top School National Curriculum' 2022 Education.



### 100 Innovative School Award

N. L. Dalmia High School was awarded the 100 Innovative School Awards presented by Makebot Robotic Solution Pvt Ltd.



## SCHOOL UPDATES

### • USO National Exams - 2022-23

National winners awarded with Certificate of Excellence, Medal & USO Goodies:

Shivansh Singh, grade I - Mini GK test - 1st Prize

Yatika Mittal, grade II - Mini GK test and IT test - 1st Prize

Varad Redkar, grade IV - Mini IT test - 3rd Prize



### • SOF International English Olympiad

The students of grade IV secured 1st International rank. They received a medal and Certificate of Distinction each. Names: Hridaan Dey, Manasvi Boob, Ashvika Gupta.

### • International Informatics Olympiad - Silver Zone Foundation

International 1st Rank, Surabhi Aniket Sawant, grade II, Aditya Satyanarayan Gowda, grade V.

International 2nd Rank, Atharv Anurag Garg, grade I, Prisha Devesh Mittal, grade I, Vivansh Vineet Gupta, grade I, Shreesh Sameer Tambe, grade II.

### • UCMAS Graduation Ceremony and UCMAS International Grading Exams - 2022-23

The students were awarded with an International Certificate. Aarav Upadhyay grade II, Aditya Gowda, grade V, Bhagya Gandhi, grade VII, Devarsh Mewada, grade V, Hamza Choudhary, grade III, Kunj Nagar, grade V, Lokesh Chauhan, grade V, Lukas Mohanta, grade V, Maahi Goel, grade VII, Manav Dave, grade V, Rudraa Das, grade V, Rutva Shah, grade V, Tanvi Patnaik, grade VI, Tvisha Poojary, grade V, Yuvika Manjrekar, grade IV.



### • International Reasoning & Aptitude Olympiad, 2022-23

Harshitsinh Jadeja, grade IX - International 1st Rank.

### • International Smart Kid G. K. Olympiad, 2022-23

Daksh Dongre, grade VII - International 1st Rank.



## SCHOOL UPDATES

- **National Innoventure Challenge 2022 Competition**

Teertha Nair, grade VIII has cleared all 3 rounds and reached in the Final Presentations and Award Ceremony of the InnoVenture Challenge which was held on 29th January, 2023 at Vishwakarma Institute of Technology, Pune.



- **11th March, 2023 Orientation Programme**

An Orientation programme on Foundation Course was organised for grade IX Science students and their parents. The session was conducted by the Aakash Institute.



- **Mumbai Indian - Junior U14**

Our school team participated in the Mumbai India Junior match.



- **DSO Results**

Shaurya Shetty, grade X secured the 2nd Place in DSO Badminton Competition and qualified for the 3rd round in AISM Badminton Tournament.

Namanpreet Kaur, grade VII won the silver medal in 35 - 38 kg category.

- **DhanGyan for Students**

Financial Literacy Program for School Students organised by the United Schools Organisation of India (USO) for grade VIII to XII. Webinar 1 - Smart Goals & Budgeting, Webinar 2 - Insurance Webinar 3- Investments, Webinar 4- Banking an online test for all students Budgeting, Insurance, Investments and Banking. This took place from Jan 26 to Jan 29. Ms. Jigyansha Hota , grade XI is the winner of 2nd round. She participated in the final round which was held at the USO house, New Delhi.



- **Vivo Ignite, Science & Innovation Competition 2022**

Four of our school projects have been selected and have received Zonal level awards. The following students are the zonal winners who received a Trophy and a goodie bag from HT and Vivo: Hanif Alam, Banssi Soni, grade XI, Avaneesh Singh, grade VIII, Freya Mange represented the group and team members - Maneet Uppal, Maryam Sayyed, Prem Bunet, grade IX.





**SCHOOL UPDATES**

**Winter Vacation Camp**

Sports is a crucial part of a student's growth helping in the development of mental health and physical fitness of the body. Through participation in sports and games, a student gains various skills, experience and confidence that is helpful in developing their personality. Many students of our school were selected for the National level competitions and have represented Maharashtra at the CISCE National Sports and Games this academic year. NLDHS conducted a free Winter Vacation sports camp for the first time to identify talents and form our school teams for various sports like Badminton, Cricket Boys & Girls, Fencing, Gymnastic, Table Tennis, etc.



**Karate Camp - All India Gojukai Karate Do**

A two-day karate camp was organized by the All India Goju Kai Karate DO at our School to motivate our students to actively participate in this martial art. The first day began with the grand opening ceremony by the CEO and Principal Dr. Seema Saini along with the esteemed dignitaries Hanshi Vispy Kapadia, 8th Dan RED Belt Founder of all India Gojukai Karate DO. Shihan Shiraz Kapadia - Director of all India Gojukai Karate DO, Shihan Keuree Patel - Principal of all India Gojukai Karate DO and Behram Kapadia - Coordinator all India Karate DO. A team of experts demonstrated various techniques of karate which could be useful in self-defense. A variety of combat styles have been honed by experts. Encouraging healthy living through martial arts, this competition also pushed students to test their physical fitness, techniques, mental strength and determination. The main objective of this competition was to develop an appreciation for Karate as a sport and as an art, to improve mental discipline and emotional equanimity and to develop a sense of responsibility for oneself and others.



◆ **THE EDITORIAL TEAM :** Ms. Annie Michael, Ms. Shamashree Sen, Ms. Preeti Thackeray, Ms. Leena Kadam, Ms. Vincy David, Ms. Charmy Lapasia  
 ◆ **STUDENTS :** Uddish Bakshi, Bhargav Sen Bhowmick, Joann Rosh Chandrathil