



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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SHLOK OF THE MONTH

ज्ञानेन तु तदज्ञानं येषां नाशितमात्मनः ।
तेषामादित्यवज्ज्ञानं प्रकाशयति तत् परम् ॥

When, however, one is enlightened with the knowledge by which nescience is destroyed, then his knowledge reveals everything, as the sun lights up everything in the daytime.

SCHOOL SURVEY

Do you agree that there is dire need of self-discipline in today's time?

Agree	90.86%
Disagree	09.14%

THOUGHT FOR THE MONTH

"What the new year brings to you will depend a great deal on what you bring to the new year."

- Vern McLellan

BIRTHDAY GREETINGS !

FEBRUARY

Geeta Dasouni	1st Feb
Prabhakar Tambe	4th Feb
Dr. Seema Saini	6th Feb
Kavita Kharayat	8th Feb
Pooja Bhatia	8th Feb
Preeti Thackeray	10th Feb
Richa Kadam	13th Feb
Khushboo Joshi	18th Feb
Bibhu Pathak	20th Feb
Leena Kadam	23rd Feb
Shibin Balan	28th Feb

FROM THE PRINCIPAL'S DESK...

"The first step toward success is taken when you refuse to be a captive of the environment in which you first find yourself."

- Mark Caine

True meaning of success goes far beyond the common definition of success. Accomplishment is often associated with success but it is not the same. Accomplishment is the result that we plan to occur but success is the positive consequence or outcome of an achieved accomplishment.

One does not come across success just by hoping for it. To achieve true success, you need strength of mind and character to struggle and work hard to reach your fullest potential. You need right attitude, self-discipline and the ability to put your goal before your own needs. There is absolutely no substitute to hard work. As Henry Ford says, "The harder you work, the luckier you get - the most successful you get!"

Intense hard work along with great skills shall surely help one achieve success. There shall be innumerable obstacles strewn in your path towards success, however, what makes one truly worthy of success is the ability to keep struggling until one can reach one's goal. Still achieving still pursuing one must learn to labour and to wait. Success tastes sweet when seasoned with patience. The virtue of patience in achieving success cannot be undermined. Hard work must make patience its constant companion to climb the ladder of success.

A truly successful man will keep trying and struggling until he perfects his art. Thomas Edison failed 10000 times while he was working on the first light bulb yet he never dreamed of giving up. Such is the hard work and determination that marks true success. Today, success is not measured by the position that you are in but by the amount of hard work that you put it and the number of obstacles that you overcome to reach your desired goal.

The good thing about working hard is, that people who are driven towards their goal can enjoy their hard work and consequently, the work does not seem unduly grueling to them. Nothing in this world comes easily, least of all, success. Hard work complemented with an intense desire to struggle and to achieve success is the only sure shot way of reaching success that you have always wanted.

Dr. Seema Saini
CEO and Principal

SCHOOL UPDATES

SPORTS DAY MEET

As rightly quoted by Billie Jean King, 'Sports teaches you character, it teaches you to play by rules. It teaches you to know what it feels like to win and lose - it teaches you about life'. The 21st day of January 2023, witnessed a spectacular display of resilience, patience, grit, leadership and accountability as N. L. Dalmia High School, celebrated its 'Annual Sports Meet 2022-23'.

The meet got our students acquainted with our Chief Guest Mr. Shubham Vanmali, an International Open Water Swimmer, winner of the 'Tenzing Norgay National Sports Award' - President Award, Chatrapati Shivaji Award; and a motivational speaker. The Honorary Secretary of N. L. Dalmia High School Mr. Shailesh Dalmia and Mrs. Natasha Dalmia graced the event with their presence. The event started with our respected Principal Dr. Seema Saini addressing the gathering followed by the oath taking and torch bearing ceremony.

The vigour of each and every participant was inexplicable. A number of events like shot put, discuss throw, long jump, high jump were taking place simultaneously on the ground. The running and relay race brought out the best in the students, the results of which were being declared enthusiastically. It was quite overwhelming to see the dignitaries motivating and encouraging the participants on different sports fields, this certainly boosted the confidence of the students!

It is rightly said that 'Sports can bring people together as nothing else can. It can break all barriers and build up understanding and friendship along with the spirit of true sportsmanship'. The day witnessed exactly that.



SCHOOL UPDATES



74th Republic Day Celebration

N. L. Dalmia High School celebrated the 74th Republic Day with much grandeur and enthusiasm. The programme commenced with the unfurling of our tricolour by Dr. Seema Saini, CEO and Principal of N. L. Dalmia Educational Society. Dr. M. A. Khan, Director of N. L. Dalmia Institute of Management Studies and Research and Dr. Ganesh Pawar, Principal of N. L. Dalmia Degree College also graced the occasion with their august presence.

Following the unfurling of the flag, a much synchronised and coordinated March Past by the cadets of different houses adorned the ceremony. Patriotic songs and dances have always boosted our morale, strengthened our resolve, and restored pride in who we are, and what we represent, as a great nation. The sheer enthusiasm and conviction with which students delivered Republic Day speeches in different languages lifted the patriotic spirit in everyone!



SCHOOL ACCOLADES

Education Excellence Award 2022

Brainwonders honoured N. L. Dalmia High School with Education Excellence Award 2022 for **'Excellence in Institute Infrastructure'** at the 4th Edu Leaders' Summit and Awards 2022 at Nesco, Mumbai.



Free Press Journal's Mumbai Schools' Survey 2022

In the Free Press Journal's Mumbai Schools' Survey 2022, N. L. Dalmia High School is recognized for outstanding performance in **Parental Engagement and Community Outreach Award**. The Principal, Dr. Seema Saini has received an award from Mr. Deepak Kesarkar, Cabinet Minister, School Education.



Teachers Got Talent 2023 - Third Place - English Literature, ISC

In Pune, Edu Drone - We Connect, conducted Teachers Got Talent 2023 on 15th January, 2023. At this conference cum Teachers' Paper Presentation, Ms. Leena Kadam secured the 3rd place. Ms. Kadam presented her paper on the modern pedagogy of comprehending English Literature using the channel of 'Blackout Poetry', abiding by the Experiential Learning mapped with NEP 2020 (5+3+3+4).



Pre-School Ranking by Education World

We are proud to add another feather to our cap and pleased to announce you that our school has been ranked #2 in Thane and #9 in Maharashtra in the 'Maharashtra's Top 20 pre-schools' category - a survey conducted by Education World.



SCHOOL UPDATES

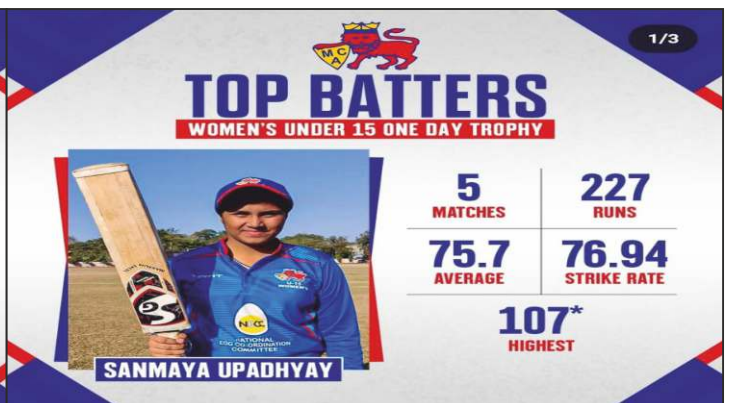
- **Hamza Haider, grade VII** player of the match against Reliance Foundation Young Champs in the double pass development league.
- **Arin Keluskar, grade VI** awarded with best bowler of the tournament and man of the match in the finals. He took 4 wickets in the finals and 9 wickets in the tournament.



- **U/15 Women's T20 Cricket One - Day at Ranchi**

BCCI hosted the U/15 girls' tournament for the first time in what is being seen as a step in the right direction. The competition will give the aspiring girls an early exposure to competitive cricket and foster confidence while also facilitating an easier transition to the U/19 and other senior age level tournaments.

Heeya Pandit an all rounder (Vice-Captain) and Sanmaya Updhayay an opener left hand batsmen grade IX have been selected for this prestigious tournament in Ranchi. Sanmaya won player of the day thrice for matches held in Ranchi. She was also awarded as Centurions of December by MCA and her name reflected on the top batter list of MCAs.



SECONDARY SECTION

Math Club Activities

The objective of the Math Week was to enhance observation and analytical skills among the students and to witness its marvellous real life application. A plethora of activities were planned for the students of Grades VI, VII and VIII during the week. The week-long activities enhanced the thinking and mathematical skills of the young ones. 'The only way to learn mathematics is to do mathematics', a quote that was successfully imposed in the minds of the young mathemagicians by the end of the Math Week.



Stress Management Seminar

By definition, Stress is the gap between three of our identities - what we are, what we expect ourselves to be and what people around us expect us to be. It is an energy which has an immense effect not only on our behaviour but also on our productivity. Grade X students often experience this so-called 'stress' in their daily life, which serves as an obstacle in the attainment of their goals. This beautiful session was conducted by H. G. Kamallochan Prabhuji, the President of Iskcon, Mira Road, who helped our students understand this mysterious energy better and provide the curious, wandering minds with stable and fulfilling answers.

- Mihika Khadloya (X-C)



PRIMARY SECTION

Grade I - Culmination on Community Helpers

Grade I students had an activity on Community Helpers, students researched about the services of the community helpers. It was a wonderful presentation and enhancement of conceptual learning and mindfulness. This activity enabled students to know more about the community helpers.



Grade II - Junior Masterchef - Experiential Learning

Junior Master Chef was organized for Grade II students to provide them with basic knowledge and essential life skills required at an early age. The learner relished the experience of topping the biscuits with mouth-watering flavours of seasonal fruits, vegetables and nuts. They learned to work independently, take responsibility for helping in food preparation and shared the food with others.



PRIMARY SECTION

Grade III - Social Studies Quiz

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge and knowledge makes us great." Social Studies Quiz covered various aspects like the solar system and the environment. The students showcased their brilliance by rapidly answering the questions. It was a very informative and knowledge-enriching competition for the students.



Grade IV - Hindi Words Talk Competition

Using the right words at the right time is an integral part of how we communicate effectively and eloquently. An In-house Hindi Shabd Kosh Competition was held for the students of grade IV with a view to enhance the knowledge of the students to form new words.



Grade V - Christmas Carol Singing Competition

With Christmas around the corner, Carol Singing Competition for the entire Grade V was held in the School to spread the light and good cheer. The students performed an array of interesting songs that echoed the spirit of Christmas. The cheer of Christmas was celebrated with great vigour and zeal across the campus. The young students sang a variety of Christmas Carols spreading the message of faith, happiness and peace.



Christmas Celebration

Christmas is for giving, sharing and for coming together with family and friends. The school wore a festive look with streamers, bells, and a beautifully decorated Christmas tree. Several activities such as decorating Christmas trees, making hand-crafted bells, snowman and carol singing were organized for the students. The students were informed about the festival of Christmas and its importance legend of Santa Claus.



Grade V - Parents Enrichment Program

The Parent Enrichment Programme was organized for the students of Grade V on account of World Food Day. The motto of the session was to enlighten the children that they need to stay healthy and fit to lead a successful life. Our very own Parent - Meenakshi Parihar, stepped forward and highlighted the importance of eating Healthy Nutritious Food.



Robin Hood Army - MSR Activity

The school invited the representatives of Robin Hood Army along with their students which is a volunteer based, zero-funds organization that works towards eliminating hunger from the society. The Principal, Dr. Seema Saini Ma'am, presented a token of appreciation to the organization. The school also distributed goodie bags with stationery and grocery to the 19 students of the organization.



PRE - PRIMARY SECTION

Christmas Celebration

The school wore a festive look with bells, streamers and a beautifully decorated Christmas tree. Several activities were organized for the students including a play area. The essence of Christmas came alive when Santa Claus himself moved around distributing gifts to them. The delightful celebration included children coming in red party dresses, bringing their favourite food, dancing and sharing in the merriment.



Picnic

Just education is not enough, children must have sunshine, freedom, and playtime.

On the 8th & 9th of January, the tiny tots of pre-primary were super excited as the school arranged a picnic to Baccha Party, the ultimate party destination and play zone for kids in Thane. The picnic began with kids clapping and singing songs in the bus and enjoying cheese sandwich, frooti & chocolates. The students were amazed to see a multi-coloured ball pool and foam blocks.



Fancy Dress

The medium could not limit the creativity of the parents who dressed children with boundless imagination. Sr. Kg. were dressed as Animated Characters, Jr. Kg. in Traditional attire, Nursery as Clowns and Sunflower children along with their parents as Healthy & Junk food. Their innocence and stage presence won the hearts of teachers and parents. This event proved to be a great learning experience for the students and gave them a platform to explore their hidden talents.

