



# SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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## SHLOK OF THE MONTH

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।  
मा कर्मफलहेतुर्भूर्मा ते संगोऽस्त्वकर्मणि ॥

You have the right to perform your actions, but you are not entitled to the fruits of the actions. Do not let fruit be the purpose of your actions and therefore, you won't be attached to not doing your duty.

## SCHOOL SURVEY

Do you think the school is preparing you adequately to face the real world?

Agree	88.13%
Disagree	11.87%

## THOUGHT FOR THE MONTH

"What is Christmas? It is the tenderness of the past, courage for the present, and hope for the future."

- Agnes M. Pahro

## BIRTHDAY GREETINGS !

### JANUARY

Nuzhat Shaikh	2nd Jan
Vaishali Anjarlekar	4th Jan
Manjusha Mekal	5th Jan
Sudha Parakkal	5th Jan
Achutaa Lakshmi	9th Jan
Pritam Mhaskar	10th Jan
Anjum Furniturewala	11th Jan
Seema Singh	12th Jan
Simran Pawaskar	15th Jan
Nelma Dias	19th Jan
Navdeep Kaur Bhui	24th Jan
Nisha Singh	27th Jan
Mamta Khator	29th Jan
Rhea Lewis	31st Jan

## FROM THE PRINCIPAL'S DESK...

"Lives of great men remind us, we can make our life sublime and departing, leave behind us footprints on the sands of time".

It is gratifying and heartening to know that the school is scaling new heights of brilliance. I congratulate each one of you for the extremely encouraging accomplishments of the school both in academics and extra curricular activities. At N.L. Dalmia we are committed to pursuit of excellence. A commitment that does not rest on consistency but on bettering our endeavours year after year.

As we bid goodbye to the year 2022, we look back with satisfaction on the milestones achieved as our students endeavored to accomplish success in diverse fields. The year truly witnessed yet another leap of success adding to the glorious legacy of N.L. Dalmia High School.

We are of the conviction that giving roots of values is significant so that our pupils remain firmly rooted to the ground. We give our students wings of ambition so that they can soar like falcons to touch the skies and endeavour to make them global citizens who can look beyond geographical boundaries and promote a culture of peace and universal brotherhood. The school environment promotes order, independence, a love for learning, a connection to the world and a sense of social responsibilities.

I am delighted to inform you that our school has been recognised and appreciated for its exemplary service, outstanding performance and excellence in education. The Hon. Secretary Mr. Shailesh Dalmia was honoured with the Lifetime Achievement Award by Education Today. His vision has enabled the school to provide the very best to our students. I am humbled to be the recipient of the most prestigious 'Derozio Award' by the council of the Indian School Certificate Examination, New Delhi. It was my pride and privilege to receive the award at the hands of Shree Arif Mohammed Khan, the Governor of Kerala, at the 65th Annual Conference.

At NLDHS, we have an excellent pool of teaching fraternity who serve as true beacons in nurturing the talent and knowledge of children, arming them to bring laurels for the Alma Mater and serve the nation as future leaders.

**Dr. Seema Saini**  
CEO and Principal

# SCHOOL ACCOLADES

## 9th November, 2022 - Derozio Award 2022

Our CEO and Principal Dr Seema Saini has been awarded the prestigious 'Derozio Award' 2021 for her outstanding contribution in the field of Education and Human Enrichment by the council of Indian School Certificate, New Delhi.

Dr. Saini was honoured with a Citation, Silver Plaque and a Gold medal by the Governor of Kerala, Shri Arif Mohammed Khan.

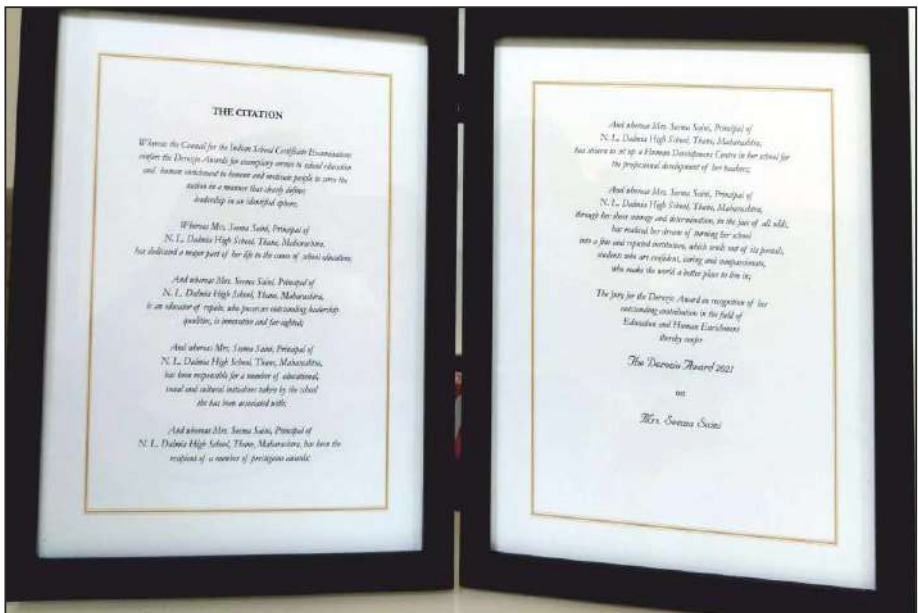
The 'Derozio Award' is the highest award which the CISCE confers for exemplary service to school and human enrichment to honour and motivate people to serve the nation in a manner that clearly defines leadership in an identified sphere.

The 'Derozio Awards' celebrate and commemorate the life of Derozio, the great revolutionary. Through this award, CISCE hopes many may be inspired to emulate his life and work, in the service of the nation.

The award seeks to Identify people who make a difference in their sphere of work; Promote a sense of achievement, recognition and support for a cause; Recognize the work of people for the greater good of humanity; Establish a role for people to contribute to the nation; Enable professional people to reach out; Generate concern for the social, physical or cultural ecology of the nation; Enhance global goodwill and understanding.

The Awards are bestowed annually in any two of the following categories covering: Service in the sphere of school education promoting quality teaching practices; Service in the sphere of educational administration and management; and Service to education through goodwill, human understanding and enrichment.

Heartiest Congratulations on your well deserved success.



**SCHOOL ACCOLADES**

**7th December, 2022 - Lifetime Achievement Award by Education Today**

Mr. Shailesh Dalmia, Hon. Secretary of N. L. Dalmia Educational Society, was honoured by Education Today with the Lifetime Achievement Award for his exemplary contribution to education at the Indian School Merit Awards on K12 Leadership 2022-23 on December 7th, 2022 at the Taj, Bengaluru. Resolute and committed in his endeavours, a visionary par excellence whose able leadership and expertise has brought about a change in the arena of education truly deserves this meritorious award.



# SCHOOL UPDATES

● **MCA Players and Achievers**

**MCA PLAYER**  
*MCA Girls' U-15 Cricket Tournament*  
*Jolly Gymkhana under the Aegis of Mumbai Cricket Association*



**Heeya Pandit**, Grade - 9  
Ghosh Trophy  
2 Player of the Match & Player of the Tournament



**Sanmaya Upadhyay**, Grade - 9  
Ghosh Trophy  
2 Player of the Match & Best Batsman of the Tournament



● **International Asteroid Search Project 2021-22**

We congratulate our students on their impressive achievements in the international project 'International Asteroid Discovery Program' in collaboration with the international group of International Astronomy Search Collaboration (IASC), affiliated with NASA. Under this project, students were trained and guided by STEM & Space to look through real images from the Pan Starrs telescope in Hawaii, and search for asteroids. Two of the students participated in this program have made several preliminary discoveries of asteroids and their work has been confirmed as provisional asteroid discoveries by the Minor Planet Catalog (MPC). This is a remarkable achievement for our school as well as the meritorious student discoverers from our school, Mahika Sankhe and Ranveer Singh, grade VIII.

● **Aaliya Kazi, grade VII** secured all India 7th rank and received most persevering students from Delta Step.



● **MSR Activity - Joy of Giving Week Celebration with Child Help Foundation**

We have celebrated 'Joy of Giving' week and collected toys, clothes, stationery. Things collected by the school have been donated to Child Help Foundation for the under privileged children.



**International Astronomical Search Collaboration**  
October 1 — 27, 2021  
*We hereby express our sincere appreciation to*

**Ranveer Singh**  
N. L. Dalmia High School - Team 2

*In recognition of the provisional discovery of Main Belt asteroid: 2021 CD132 found in data provided by Pan-STARRS*



*Patriek Miller*  
DR. PATRIEK MILLER  
INTERNATIONAL ASTRONOMICAL SEARCH COLLABORATION  
HAWAIIAN ISLANDS UNIVERSITY



*Richard Waincoat*  
DR. RICHARD WAINCOAT  
PAN-STARRS  
INSTITUTE FOR ASTRONOMY  
UNIVERSITY OF HAWAII



**Partner**

**International Astronomical Search Collaboration**  
October 1 — 27, 2021  
*We hereby express our sincere appreciation to*

**Mabika Sankhe**  
N. L. Dalmia High School - Team 2

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**Partner**

## SCHOOL UPDATES

### 13th November, 2022 - DSO Karate Competition

The following students have achieved the medals at the district level :

Boys U/14 - Kairav Ashok (VIB) - Gold medal - 30 - 35 kg

Girls U/14 - Janhavi Raijade (VIII E) - Bronze - 30 - 35 kg

- Namanpreet Kaur (VIIG) - Gold - 30 - 35 kg

### Inno Venture 2022- 23 - India's First Ideation and Entrepreneurship Challenge

Teertha Nair of grade VIII has been qualified for Round 3 - the Grand National Finale of Inno Venture 2022-23- India's First Ideation and Entrepreneurship challenge for children (9-14 years) for empowering children with 21st Century skills via the innovative rounds of the Inno venture challenge. This is an initiative of Intelligence Plus. The grand finale will be held offline in Pune, Maharashtra on 28th and 29th Jan, 2023. Expert interaction and training with esteemed entrepreneurs and CEO's will happen virtually over 3 days for all national finalists for one hour each day (between 5 to 7pm) in the evening between 10th to 13th Jan, 2023.

### Times NiE Students of the Year Award 2022

Mihika Khadloya of grade X has been awarded with Times NiE Students of the Year Award 2022 by The Times of India - NiE student Edition. Mihika has received a trophy and a certificate of achievement. Tanishka Mehta has also received a certificate of achievement.



### Online Talent Show Competition

Alantrika Singh, grade XI was the winner of Talent Show conducted by Entab.

### 8th December, 2022 - DSO Fencing Championship, Bhayandar (Girls U/16)

Anjali Gohil, grade IX

Individual Bronze medal in EPee Individual Girls Event

Individual Silver medal in Sabre Individual Girls Event

Hridhya Mehta, grade IX

Individual Gold Medal in Sabre Individual Girls Event

Both have qualified and participated in Zonal Level Fencing Competition



- **Daksh Nanda, grade VII** participated in District Level Mallakhamb Competition conducted by Shree Anand Samaj Thane district and received 3rd Prize.



### 11th November, 2022 - Vibgyor Inter School Tournament

The following students have participated in Vibgyor Inter School U/14 Football Tournament and won all 3 rounds of the matches:

- 1) Hamza Haider
- 2) Rohan Negi
- 3) Geetansh Joshi
- 4) Mohammed Ayaan Sayyed
- 5) Samar Shekhawat
- 6) Dhairya Goyal
- 7) Mohd. Owais Patel
- 8) Jaivardhan Sonawala
- 9) Pranav Vishwakarma



## SCHOOL UPDATES

- **Iraj Mittal, grade IV** has won the silver medal for completing a three cube relay (3\*3, 2\*2 and pyramid) in record 1 mins and 50 secs at Indian Cube League (ICL) event. The Indian Cube League (ICL) was conducted by Brain Gym and sponsored by Cube Lelo.



- **10th December, 2022 - Glimpses of the Gita - Spiritual Science Exhibition**

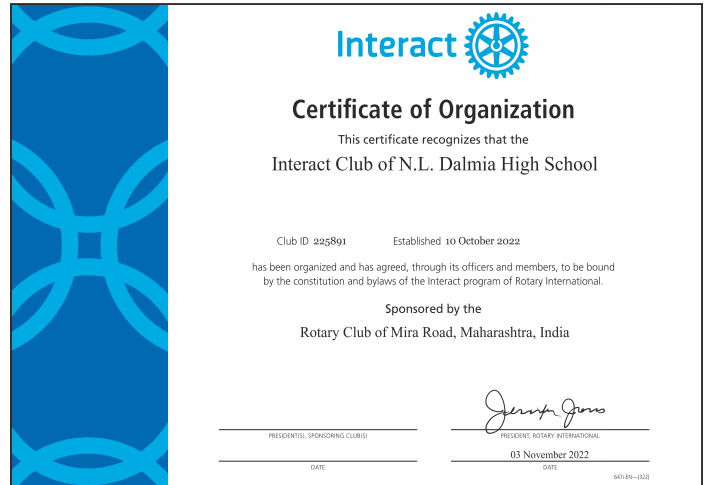
On the auspicious occasion of Gita Jayanti, N. L. Dalmia High School in collaboration with the ISKCON Mira Road conducted "Glimpses of the Gita" - Spiritual Science Exhibition by 40 students of the Primary and the Secondary Section. The Guest of Honour - H. G. Kamalalochan Prabhuji, President of ISKCON Mira Road Temple was welcomed by the CEO and Principal Dr. Seema Saini. H. G. Kamalalochan Prabhuji also enlightened everyone with his impactful speech.

The visitors then viewed the exhibits and encouraged the children, who were enthusiastically explaining their 3D models. Each child recited the Sanskrit Shloka from the Bhagavad Gita and gave practical examples describing values of life.



- **12th December, 2022 - An Awareness Session on Interact Club**

An awareness session on Interact Club was organised for the ISC section by Rtrn - Dr. Durgesh Aroor and Rtrn - Mr. Narendra Singh, Past President of Rotary Club of Mira Road and Director of Rotary Club of Mira Road.



- **District Skating Championship, 2022**

Eva Sushil Kumar of Sr.Kg. participated in Mission Olympic Skating Mira Bhayander District Championship 2022. She represented Skate life and bagged 2 Gold medals and a certificate.



## ISC SECTION

### Grade XII - Peer to Peer Learning - Chemistry

A learning support for students to learn, connect and collaborate with one another, 'Peer to Peer Learning' is an activity for students to access, exchange, collaborate, and cooperate with each other. Under the guidance of Mrs. Sujatha Nambiar, the students of grade XIIA worked together towards a common goal which was to enhance their knowledge while they empowered their peers.



*Peer to Peer Learning*

### Grade XI C and D - Digital Assembly

Self-compassion is the ability to turn understanding, acceptance, and love inward. Many people are able to extend compassion towards others but find it difficult to extend the same compassion towards themselves. Grade XI C and XI D, under the guidance of Ms. Leena Kadam showcased their Digital Assembly on the profundity of 'Self Discipline'. This Assembly compelled the audience to ponder upon the power we wield and the impact we can make if we become more intentional about encouraging ourselves.

Ms. Anusha Singh (XI - D)



## SECONDARY SECTION

### Jal House 2nd MSR Activity

Our students were excited and enthusiastic to spend quality time with the children of Anmol Children's home. The children were ecstatic to have delicious snacks served by our students. Their happiness doubled when they received the gifts from the students. The students entertained them by singing, dancing and playing games with them. The visit was a fulfilling experience for our students as they returned with memories wrapped in valuable lessons of life.



### Agni House 2nd MSR Activity

The 'Joy of Giving' was genuinely experienced by every student who was a part of MSR activity, 'The Assisting Drive'. The students celebrated Christmas with the less privileged children of our area by distributing gift hampers to them. The visit truly stirred the essence of humanity and compassion in the students.



## SECONDARY SECTION

### International Club Activity

The Lorentz Lyceum School of Netherlands and N. L. Dalmia High School conducted a video conference to foster international exchange. The Eumind meet 2022 was a smooth event conducted with engaging conversations from both countries. The project was all about '3 Generations' of which grade IX students were a part. The topics discussed were based on mass media, school life, spare time, family life and healthy life.



### Economics - Commerce Club Activity

Economics - Commerce Club conducted Group Discussion activity for commerce students of grade X. The discussion aimed to enhance the confidence, communication skills, leadership quality and thinking capacity. The groups discussed the topics like Intelligence v/s Street Smartness and Work from Home v/s Work from Office.



### MUN Club Activity

The Second Edition of MUN 2022 was held for grade X and IX. Fifteen participants from each grade. Enticing debating skills leading to the conclusions in the form of well-articulated resolutions. A deep sense of understanding and reasoning of the issue at hand filled the event. It aimed to educate students about current events, international relations, diplomacy and United Nations agenda.



### Science Club Activity

"Everything is theoretically impossible until it's done" - Plato  
The students of grade VIII and IX enthusiastically participated in the activity 'Buddy Mentors' to explain their juniors fascinating experiments of Science. They displayed and conducted experiments related to Surface Tension, Water, Air Pressure and Bernoulli's Principle.





**PRIMARY SECTION**

**Grade I - Pets Day Out**

Pets Day Out was held in our campus where a large number of pets came to the school along with their caretakers. On this occasion of Pets Day Out the school lend a helping hand by donating the dog food like pedigree and health care products, medicines for the stray dog to 'Champ's Animals Foundation'. This act of kindness brought the awareness of the responsibilities towards the animals.



**Grade I - Spell - Bee Quizee Bee Buzz Competition**

Spell- Bee - Quizee Bee Buzz competition was held for the students of grade I. Students participated with great enthusiasm and duelled through the toughest words to prove their mettle. The competition was conducted in 3 visual rounds. The children enjoyed the challenging questions and played enthusiastically. Therefore this competition helped in enriching the vocabulary bank of the students.



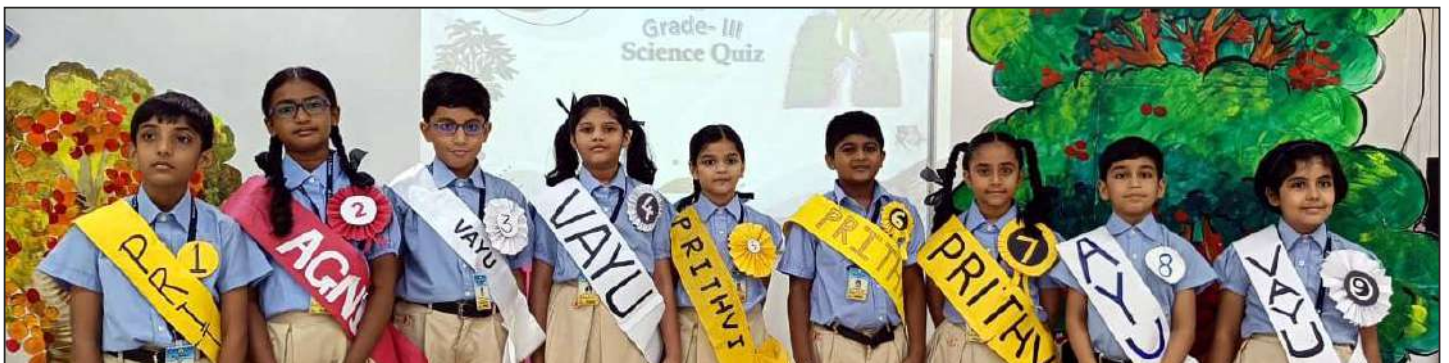
**Grade II - TUX Paint Drawing Competition**

TUX Paint Drawing Competition was conducted by the Computer department of the Primary Section of N.L.Dalmia High School on 22nd November, 2022 for the students of grade II. The students showed great creativity and came up with excellent ideas. Incorporating many facets of the topic, they used different features of Tux Paint like- stamps, shapes, brushes etc, to make their presentations commendable.



**Grade III - Science Quiz Competition**

Grade III conducted Science Quiz Competition with great zest and enthusiasm. The Science Quiz covered various aspects like The human body, Plants and Sun - A natural resource. The Quiz Competition had three rounds i.e. Question Answers Round, Visual Round and Rapid Fire Round. This event enhanced their knowledge and proved to be very informative. Students enjoyed a lot and wonderfully answered to each and every question and made this competition a great success. Thus, it provided a platform to the budding scientist of our school for exchanging thought and ideas.



**PRIMARY SECTION**

**Grade III - MSW Logo Designing Competition**

MSW Logo Designing Competition was organized for grade III students in computer Lab. The main objective of this event was to have a MSW Logo Designs which instil students' imagination level with the blend of technology. This event provided a platform to the students to showcase their talent. It also gave them an opportunity to explore and give vent to their imagination.



**Grade IV - Marathi Quiz Competition**

Marathi Quiz Competition was organised for the students of Grade IV students. Students participated with great enthusiasm and explored new words and got familiarized with the pronunciation. The students not only gained knowledge but also enjoyed answering the varied questions that were compiled for them.



**Grade IV - Science Quiz Competition**

Inter House Science Quiz Competition was conducted for grade IV students. Science Quiz Competition aimed at instilling the curiosity to recognize and interpret the various phenomena taking place all around us and relate it with our own lives. The Science Quiz covered various aspects from identifying various types of plants around us, understanding of the human respiratory system and scientific reasoning for different types of force.



**Grade V - Learning by doing - Simple Machine**

The young innovators of Grade V showcased different Simple Working Machine models and explained its functioning and uses. With the key objective of bringing out the hidden talents and creativity of students and with a focus on creating more awareness of Science and Technology, the Science Activity: Simple Machines Project was conducted for the students. Students fascinated everyone by the new machines and innovative technologies.



**Grade V - Hindi Quiz Competition**

With an aim to promote and spread the culture of Hindi language, Hindi Quiz Competition was organized for the students of grade V. The quiz competition was designed to test the knowledge of the students in Hindi language and literature. The students enjoyed the quiz competition a lot as they were able to enhance their knowledge through the question answer session. Beyond the obvious academic advantages of exposing a child to new ideas and abilities at a young age, competition fundamentally alter how education is provided.



**PRIMARY SECTION**

**Grade V - Advertisement Making Competition**

Advertisement Making Competition was organised for the students of grade V. The brightest of the young minds came forward to take on the mettle of creativity and push our advertising-traditional and digital ahead. The participating groups tried to outwit each other in terms of advertisement concept or design of Health and Fitness.



**Indian Navy Day Celebration**

Indian Navy Day is celebrated every year to commemorate the might of the Indian Navy. It always reminds of all our Indian heroes who stand up strong to keep us safe. Students of grade I to V created beautiful posters and greeting cards to salute the valorous Indian Navy personnel for their exemplary bravery and unwavering dedication in safeguarding our marine boundaries. Navy day celebration is done in honour of the brave soldiers who were martyred in the war.



**Grade II - Parents Enrichment Program**

A day was specially dedicated to safeguard and protect grade II students of N. L. Dalmia High School by giving them the warmth of well-being through a well-planned programme conducted by our doctor parent on 'Good touch and Bad touch'. The students were sensitized on how to take responsibilities to handle the 'not so positive events' in a better way if they come across. This interactive session dwelled in the urgent need to empower our young children. The motto of the session was to enlighten the children that they need to stay safe and secure.

**Children's Day Celebration**

To make this day a memorable and a fun filled one, children took active part in celebrations, they were happy to see their beloved teachers putting up performances for them. Teacher's took this unique opportunity to give a brief insight into the life of Chacha Nehru and his special connection towards children. Every classroom had jaw dropping decorations of bunting and balloons.



**World Kindness Day**

NLDHS has always taken an opportunity to reflect upon one of the most important value and instilled in the minds of children the unifying human principles - Kindness. On account of World Kindness Day, students practised an act of kindness by helping people around them, thus building a kinder and more compassionate society. They also devoted their positive potential to educate and create awareness through Digital Assembly. While performing this gesture, students cultivated compassion and empathy for others and developed a safe, caring and respectful environment for all.



## PRE - PRIMARY SECTION

**“The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country”**

A day marking childhood and to make this event memorable for our little ones, Pre-Primary celebrated Children's Day. The day focused on children and their enjoyment. The tiny tots came dressed in party clothes and brought their favourite snacks. The celebration began with a prayer, followed by variety of fun-filled activities and games planned by the teachers for their children. Showering the little ones with voluminous love and heaps of blessings, all teachers encouraged the leaders of tomorrow to enjoy their childhood with the greatest essence of happiness and made their day indeed a special one. The students were overwhelmed as they enjoyed the day.



Sr. Kg.



Jr. Kg.



Nursery



Sunflower

### Green - The Colour of Life...!!

Everything around us is an array of colours. Green is the most common colour in the natural world, think of nature and see green in all its glory expressing renewal, life, and energy.

To teach our children about the colours in their environment and to help them to develop an understanding of green colour, Sunflower organized 'Green Day'. All the students and teachers dressed up in different shades of green creating a pleasant, harmonious, and refreshing aura. The highlight of this celebration was the takeaway basket filled with fresh coriander and curry leaves. It was indeed a refreshing experience.



### Show and Tell

To improve the communication skills of children 'Show & Tell' was held for Sr. Kg. & Jr. Kg. students. The students of Sr. Kg. were excited to share their descriptive narration on Solar Systems and waited eagerly for their turn. 3D models, charts and posters added to the enriching atmosphere. Jr. Kg. students enthusiastically talked about their favorite Community Helpers. The activity not only made them keen learners but also helped in developing their confidence and public speaking skills.



- ◆ **THE EDITORIAL TEAM :** Ms. Annie Michael, Ms. Shamashree Sen, Ms. Preeti Thackeray, Ms. Charmy Lapasia
- ◆ **TEACHERS :** Ms. Leena Kadam, Ms. Velanie Pereira, Ms. Vincy David, Ms. Delna Pinto
- ◆ **STUDENTS :** Rinchan Robert, Bhargav Sen Bhowmick, Joann Rosh Chandrathil