



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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SHLOK OF THE MONTH

अफलाकाङ्क्षभिर्यज्ञो विधिदिष्टो य इज्यते ।
यष्टव्यमेवेति मनः समाधाय स सात्त्विकः ॥

Of sacrifices, the sacrifice performed according to the directions of scripture, as a matter of duty, by those who desire no reward, is of the nature of goodness.

SCHOOL SURVEY

Is peer learning always an effective way of learning?

Agree	40 %
Disagree	60 %

THOUGHT FOR THE MONTH

"It is during our darkest moments that we must focus to see the light."

- Aristotle

BIRTHDAY GREETINGS !

DECEMBER

Pallavi Satam	01st Dec
Shruti Juneja	03rd Dec
Maitree Sanghani	04th Dec
Delna Pinto	08th Dec
Selva Nadar	08th Dec
Pramila Pawar	12th Dec
Khyati Shah	13th Dec
Anu Malviya	16th Dec
Ayisha Tanvar	26th Dec
Rajashree Tambe	31st Dec

FROM THE PRINCIPAL'S DESK...

"Creativity in children leads to culture of excellence."

- Dr. APJ Abdul Kalam

Creativity is one of the highest forms of human expressions. Parents and teachers play a crucial role in providing opportunities for developing and exploring this aspect in children. Breaking out of the established pattern in order to look at things in a different way, we should motivate children to generate new ideas and promote their creative thinking-learning abilities. Creative power increases a young child's desire to learn and supports intellectual development.

Education is not only limited to having knowledge, it is more about how efficiently one can present that knowledge. It is essential to provide a platform for students to express their knowledge and creative skills. Students should work together in groups and learn from each other. They must share their ideas to bring something innovative into implementation. It helps them to explore their creative talents and arouses in them a curiosity to learn. A shift from the theoretical pattern to practical implementation is the need of the hour.

Creativity is one of the many skills a life-long learner must have. It is the ability to deliver unique and unordinary thoughts. When students have the opportunity to emerge creative, they will have the freedom to express themselves which drives them to excel in life.

We, at N. L Dalmia High School strive to create a culture of learning excellence by providing platforms to students to display their creativity. In terms of 21st Century learning practices, we continue to stand firm on solid ground. We must acknowledge that change is inevitable and necessary to keep us on the cutting edge. We relentlessly continue to create a conducive learning environment of agile accessibility and holistic development.

A creative approach to learning stimulate the students' imaginative capabilities alongside their collaborative skills. Reaching out to embrace the depth and breadth of understanding, students emerge as successful ambassadors of our school!

Dr. Seema Saini
CEO and Principal

SCHOOL EXHIBITION



Nirmaan – Confluence of Knowledge



Lighting the Ceremonial Lamp



We Start



Welcome by the Guard of Honour



Dynamic Chemistry



A Floral Greeting



Inauguration by the Chief Guests

NIRMAAN

Exposition 2022 - Confluence of Knowledge

The intelligent use of science and technology, and the expressiveness of art and craft are the tools to achieve new directions. Exploring this diversity, the young brains of N.L. Dalmia High School showcased an intersection of the stream of Science, Commerce and Humanities and its multidisciplinary approach. Returning to our regular lifestyle after the period of online sojourn, N. L. Dalmia High School is all rejuvenated and recharged to showcase the wonder of knowledge. The Nirmaan Exhibition, 2022. The days 19th and 20th November were innovative experimental days for all the students.

The Nirmaan Exhibition of 2022, 'Confluence of Knowledge', wrapped around the fast paced art, architecture, textile design and digital media. The program was inaugurated by lighting the ceremonial lamp by the school toppers.

The CEO and Principal, Dr. Seema Saini addressed the audience with her enriching words. The highlight of the inauguration ceremony was the speech by our ICSE toppers who were the guests of honour. They motivated the young minds with their inspirational words.

Imagination is the beginning of creation. You imagine when you desire. You will what you imagine and at last you create

SCHOOL EXHIBITION



what you will. This journey of imagination unveiled the plethora of knowledge of the young minds of N.L. Dalmia where the different subjects fused together to bring forth the most innovative creation of all.

Nature - the Cradle to Crayons was the philosophy on which the Pre-primary Section based their exhibition on. Nature, which has plant life, was what the Sr.kg students researched and the tangible difference it can make to preserve Mother Earth. On similar lines Jr.kg and Nursery found out more about farm life and the sensory organs that help us to live. The Play School, Sunflower displayed various learning through fun and play way methods.

Education for creating sustainable ways of living, was what the Primary Section had exhibited. From majestic caves to unfolding the earth, The Marvel World and the Animo Mirage, the young minds of the primary section unveiled the plethora of knowledge. The Symphony of Music where the day to day tools were used to create the music was something that captivated the visitors. The children of primary section proved that creativity fused with science can certainly create magic!

The Confluence of Knowledge was witnessed among the children of the secondary section when math, biology, chemistry and physics all conjoined together. From bursting the myth to infinity and beyond, decoding biology and Math as a poetry of logical ideas, it truly exemplified the holistic development of the children. Inspired, encouraged and motivated, these budding scientists performed different experiments with great enthusiasm and excitement.

There is no innovation unimaginable, no frontiers beyond if we dream to fulfil it. The ISC section showcased their innovative skills by introducing to large masses about the utility of 5G. One of the incredible things about 5G is that it is a game changing technology that has the power to unlock so many other game changing technologies. The students of ISC section brought to light the spectrum of 5G which not only confined to downloading videos on phone faster but also the incredible social impact like vehicle communication, smart cities, connected farms, robotic remote surgeries, interactive entertainment etc. This usage showcased by the ISC section is an interface of science and society and its contribution towards the development of the same.

With a footfall of nearly 10,000, Nirmaan Exhibition was truly a success. It provided a platform for the students to use their scientific knowledge and bring the best invention from their brains. The synthesis of ideas and galvanising those ideas to bring something innovative into implementation is the main aim of the exhibition. Science begins with wonder, scientific temperament and rational thinking. This Nirmaan exhibition made our students more confident, creative, future-ready and learners for life.



The Miracle Workers



The Thespians



Budding Inventors in Action



We Learn by Doing



Judging it Right!

SCHOOL EXHIBITION



The Element of Surprise



Watching the Greens



Exposition 2022



The Journey of Railways - India



Unmatched Creativity



Hands on Learning



Alluring Art



5 Senses



Avengers at NLDHS



Games are Fun!

SCHOOL EXHIBITION



Agronomy Zone



Decode Bio



Majestic Caves



Displaying their Expertise to the Dignitaries



Animo Mirage



The Symphony of Music



All About Plants



Alumni's Visit to the Exhibits



Eminent Doctors Appreciating Exhibits



Wisdom Nuggets by the Principal Dr. Seema Saini

ISC SECTION

Grade XI - Escapism - Class Digital Assembly

Class IXA touched upon the topic 'Escapism' in their class Digital Assembly, guided by Mr. Abhishek Upadhyay (Class Teacher). The assembly showcased constructive and creative methods to avoid escapism. A thorough research and collaborative technique of the class brought forth an active understanding of the topic.

Ms. Ananya Shetty (XI-A)

Grade XII - Cognitive Dissonance - Psychology

A creative presentation cum study on Cognitive dissonance was curated by the Psychology class of grade XII. Under the guidance of Ms. Simran Pawaskar (Teacher, Psychology), the students learnt that Cognitive Dissonance is a psychological phenomenon that can happen to anyone. The discomfort a person feels when their behavior does not align with their values or beliefs was highlighted and studied.

Ms. Tanaya Bade (XII-A)



Grade XII - Nanook of the North - Mass Media

Students were introduced to Docudrama (Documentary and Drama) and the community of Nanooks by Ms. Shruti Mishra (Teacher, Mass Media). The movie 'Nanook in the North' unfolded the term 'Salvage Ethnography' alongside telling of the struggles of the Nanooks.

Ms. Rinchan Robert (XII-D)

Grade XII - Interview Method - Psychology

A practical presentation, curating the means of gathering data for interview with regards to the subject Psychology, was made. The students of Psychology of grade XII under the direction of Ms. Simran Pawaskar (Teacher, Psychology), came up with resourceful ideas for the same.

Ms. Navya Khanna (XII-A)



SECONDARY SECTION

Vayu House - MSR Activity

As a part of the MSR - 'My Social Responsibility,' the Teachers and Students from Vayu House visited Anmol orphanage. They interacted with the Children by conducting entertaining games like antakshri and passing the parcel. The children received packets, stationery, biscuits and other food items.

The teachers also gave 'Achievement Awards' to the children at the orphanage to recognize their drive for success and willingness to overcome obstacles.



Literary Club Activity

The Club organized a Poetry Recitation and a Creative Writing Competition on 12th November, 2022 for grade VI to IX. Words are a lens to focus one's mind. The creative writing competition intended on nurturing and polishing our budding writers to thrive in their writing skills. Both the competitions provided a positive and productive atmosphere for developing and nurturing their skills.



Marathi Club Activity

The Marathi Club organized Elocution and Mono acting competition on 12th November, 2022 to help the students to develop their confidence and communication skills.

The students displayed their speaking, acting and artistic skills through an array of mono acts and speeches. The students were impressively dressed according to their acts. All the students enthusiastically performed with a lot of zeal !



Children's Day Celebration

Children's Day was Celebrated with much pomp and joy in our school on 14th November. It started with a special assembly conducted by endearing teachers. Interesting games were also organised for students and the campus was abuzz with excitement and joy as it was a day parents fun and frolic dominated. Chocolates were distributed in the classes as a token of love and affection by the school. The IX graders received the honour to witness a soleful symphony by the INS Hamla Navy Band.



PRIMARY SECTION

Grade I - Convivial Learning Program

The Convivial Learning Program is a new initiative taken by N. L. Dalmia High school. It encourages complete activity-based learning. Children are taught various concepts through a play-way method in the school on every Friday of the month. This Programme encourages group and individual participation of the students, thus developing the group dynamics and individual personality in curricular and co-curricular activities.



Grade II - Convivial Learning Program

Convivial learning program provided a unique and different learning platform for the students by adding a fun element to it. The Math Hopscotch activity thrilled the students as they learnt the tables in a play way manner. The JAM- Just a Minute session in English was a unique way to develop the speaking skills of the students wherein they took a prop from the tent and spoke on it. Life skill activity of T-shirt folding was conducted for the students. Karate exercises and kathas were also conducted for the students to stay fit and learn about the importance of self-defence and fitness.



Grade III - Water Culmination

The students of Grade III gathered knowledge on the topic Water and culminated the same to promote the culture of holistic development that N. L. Dalmia High School wholeheartedly believes in. An impressive array of activities and artworks created by our little ones were displayed. Learners from Grade III also performed an assortment of experiments wherein they stated their observations with a scientific approach.



PRIMARY SECTION

Grade IV - Paper Presentation

The students of Grade IV of N. L. Dalmia High School explored, appreciated and celebrated the whole week with the Spectacular Monuments and the Megacities of our great country. The objective was to raise awareness among students about the diversity of cultural heritages and the Megacities of our great country and to sensitize them to preserve and conserve our heritages and cities. Students were also given a platform to research and do a paper presentation on the Mesmerizing Metropolitan cities of our Majestic Country.



Grade V - World Photography Day

The school organized Photography Contest for the students of Grade V and the theme for this year was "My School, My Pride". Students were given an opportunity to capture the school campus area and submit an original unedited photograph. The day aimed to develop photography skills and the ability to critically look into the varied frames and angles of school. Students enthusiastically stepped forward to make this World Photography Day a great success.



World Museum Day

The Primary Section of N. L. Dalmia High School passionately celebrated International Museum Day to mark the importance of museums around us. The students created videos of antique things such as watch, furniture, jewellery, coins, utensils, earthen pot, arts and shared its significance. This day helped the students to acknowledge the significance of understanding and preserving history as it is an important mean for the development of mutual cooperation and peace among people.



PRE - PRIMARY SECTION

It is time to remove the darkness of ignorance within us and replace it with the light of hope and knowledge instead...

The festival of lights came alive the pre-primary section wore a festive look with children wearing colourful dresses. The celebration started with the teachers narrating the ancient story of the victory of Lord Rama over the Ravana. The teachers also talked about traditions such as cleaning and decorating the house, lighting diyas, and bursting crackers. The children decorated Diwali Diyas beautifully. The day came to an end with joy and happiness sparkling on the faces of every child.



Creative Hands

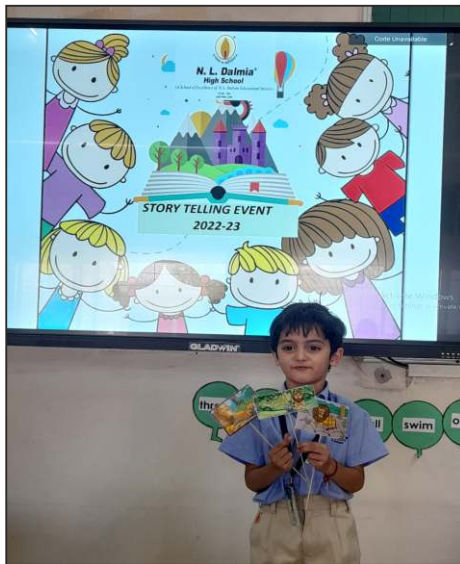
To bring out the creative talents of our parents and celebrate the Festival of lights in its true spirit the Diya Decoration Competition was held for the Sunflower Parents. Most of the parents participated enthusiastically. They displayed their creativity by beautifully decorating earthen Diyas with colors and decorative materials. It was a sheer pleasure and a great experience for all our parents who were the reason for making the event a great success. The day came to an end with our CEO Principal Dr. Seema Saini performing the Laxmi Pooja in Sunflower.



PRE - PRIMARY SECTION

“After nourishment, shelter and companionship, stories are the thing we need the most in the world”.

It's the stories that give wings to our imagination and take us to places beyond the boundaries of our physical world. Since time immemorial, storytelling has been an integral part of our childhood. To keep the tradition going and to incite curiosity in children, a storytelling event was held for the Jr. & Sr. Kg students. The young, enthusiastic storytellers, armed with their props came forth with wonderful tales. The objective was to improve communication skills and build confidence in them to present in front of other students and enhance listening skills and reduce stress and anxiety. The little storytellers won our hearts and were applauded.



SCHOOL UPDATES

A Harmonious Spectacle to Behold!

'The most precious thing in the world is the smile, the innocence, the purity that a child holds and what better way to celebrate this trinity than to witness a soulful symphony by the INS Hamla Navy Band, on Children's Day 2022.' The much sought-after event was witnessed by the Management, faculty, students of N. L. Dalmia High School and N. L. Dalmia Institute of Management Studies and Research.



The Guard of Honour



Releasing of the Balloons



Welcoming the Commodore Neeraj Malhotra



The Harmonious Navy Band

SCHOOL UPDATES

3rd November, 2022 - Eldrock India K-12 Summit
N. L. Dalmia Educational Society awarded for Assimilation of Effective STEM Education Program in Curriculum.



12th November, 2022 - Gizmo Geeks 2022
17th edition, Gizmo Geeks organised by Lilavatibai Podar High School. 8 students have participated from Secondary section. Romam Sharma & Mihika Thakur of grade IX received 2nd prize in AD Visionary event.



CISCE National U14/U17 Girls T20 Cricket

28th Oct to 2nd Nov, 2022 CISCE National U14 Girls T20 Cricket held at Lucknow



MCA Player - Ashlesha Acherakar, Grade VII - Silver Medal
Selected for SGFI National Games 2022

28th Oct to 31st Oct, 2022 CISCE National U17 Girls T20 Cricket held at Tuticorin, Tamilnadu



MCA Player Heeya Pandit, Gr. IX - Silver Medal
Player of the Match Award, Selected for SGFI National Games 2022, Selected for Ghatkopar Jolly MCA selection Tournament, also for Ajit Ghosh Trophy



MCA Player - Sanmaya Upadhyay, Grade IX - Silver Medal

12th November, 2022 - District Level Fencing Competition
Anjali Gohil and Hridhya Mehta IX B, participated. Anjali Gohil has received Silver medal and has been selected to be on the Mumbai district team for cadet state fencing competition, Category U17 to be held on 25th - 27th November, 2022.



Achievements in CISCE National T20 Cricket
CISCE National - U19 Boys T20 cricket

28th Oct to 2nd Nov, 2022
CISCE National U19 boys T20 Cricket held at Lucknow



Sujal Rane, Grade X - Silver Medal



Manav Jain, Grade IX - Silver Medal