



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

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SHLOK OF THE MONTH

न चौर हार्यम न च राज हार्यम । न भ्रात्रभाज्यम न च भारकारी ॥
व्यये कृते वर्धते नित्यं । विद्या धनं सर्वे धनं प्रधानम् ॥

Education is the best wealth among all. No one can steal it, no state can snatch it. It cannot be divided among the brothers and it's not heavy to carry. As one consumes or spend, it increases; as one shares, it expands.

SCHOOL SURVEY

Do you agree that it's about time to stop all reservations for job?

Yes	85.68%
No	14.32%

THOUGHT FOR THE MONTH

"Success is not final, failure is not fatal: it is the courage to continue that counts."

- Winston Churchill

STAFFS' BIRTHDAYS

SEPTEMBER

Shruti Mishra	01st Sep
Seema Sayed	03rd Sep
Lavina Dantas	03rd Sep
Anaya Siddique	05th Sep
Shridhar Durgawale	10th Sep
Vinayak Pashte	10th Sep
Binita Chaudhary	12th Sep
Tanveer Shaikh	13th Sep
Jalpa Boricha	14th Sep
Velanie Pereira	14th Sep
Zeba Patanwala	14th Sep
Shraddha Vedak	14th Sep
Valsa Nair	19th Sep
Preeti Balmiki	19th Sep
Tanvi Mehta	20th Sep
Deepak Khandagale	23rd Sep
Jayashree Tiadi	23rd Sep
Jerome Almeida	23rd Sep
Payal Saini	24th Sep
Deepa Raina	28th Sep
Tazyeen Peerkan	29th Sep
Rinky Das	30th Sep

FROM THE PRINCIPAL'S DESK...

Dear Students,

Acknowledging our privilege of being born in a Free India, we recently celebrated 75 years of Independence and have proudly stepped into the 76th year! To know the anguish of being enslaved under a colonial rule, we need to ask those born before 1947.

The true meaning of freedom to you must be to 'Hope', to 'Dream' and 'take on the world!' Considering the freedom of choice that the students have today, you must hope to reach the summit. If a tribal from a poor north-east village can go ahead to win an Olympic medal, there is nothing that must stop you to attain your goal.

Dream, and dream big. The biggest achievers in the world have been the biggest dreamers; History is abounding with people who succeeded despite adverse circumstances. These people were not different from you. You have all the necessary resources, and perhaps much more. It is all about the choices you make and the decisions you take. All it takes is courage, determination and will power.

But a word of advice here – Dream, but with your eyes wide open; and Persevere till you have turned your dreams into reality. Take the plunge and think big, bold and ambitious thoughts. Once you do so, Chase them!

The India that we live in today is ever evolving. In this competitive world you need to courageously march further. While you bloom into wonderful citizens of the country, remember to use the power of Science and Technology for the betterment of mankind.

The values instilled in you at school needs to manifest into actions that uplift others. As an ode to the sacrifices made by every soul who contributed to our independence, it is only befitting to salute them by recollecting their courage as part of commemorating 75 years of India's independence.

Be the trendsetters and the change makers of the society!

Dr. Seema Saini
CEO and Principal

ISC SECTION

Rendezvous with Trade

A new and insightful perspective into the various components that affect the working clocks of trade was imparted to the Commerce students of grade XI by Ms. Tejaswini Thakur (Teacher, Commerce). Learners, in groups of two, shared their research content on various topics such as transportation, warehousing and insurance. The realm of trade functions and operations was thoroughly explored.

Mst. Hanif Alam - XI-C



Aging is a Blessing

'Blessed are those who have the old with them.'

To acquaint students to this phase of life on an empathetic and academic route, Ms. Simran Pawaskar (Teacher, Psychology) arranged for a visit to 'Mercy John Memorial Trust Old Age Home and Medical Care Center'. The students of Humanities (XI D and XII D) saw and experienced the purest form of love on earth, in the eyes of the aged. The students returned with countless blessings!

Ms. Ishika Juss - XI-D



Banking and Finance

Dr. Chitra Gounder, an Associate Professor (Accounting and Finance) in N. L. Dalmia Institute of Management Studies and Research, furnished the students with her rich experience on the topic 'Banking and Finance'. A guidance to those wishing to choose Banking and Finance as a career, the session included various facets of the roles of the Reserve Bank of India.

Ms. Rinchan Robert - XII-D



Importance of Physical Fitness

Driven to improve every day with discipline and competitive spirit, the students of XII A honoured the National Sports Day this year. Balancing academics, students believe on focusing on the task at hand while confidently tuning out distractions. Students believe that Sports is an excellent way of learning the skill of 'adaptability' in life.

Mst. Mihir Chotrani - XII-A



SECONDARY SECTION

Grade VI and VII - Introduction to Scout and Guide

A voluntary, non-political educational movement for young people; 'Scout and Guide' was introduced to the agile learners of N. L. Dalmia High School. Mr. Santosh Kambli, the training expert threw light on the significance and the technical know-hows of the Scouting and Guiding Association of India. Mr. Kambli successfully instilled the motto of the association - 'Be Prepared'.



Grade X - Guru Purnima Celebration

The subject proficiency of Ms. Pallavi Satam (Teacher, Marathi) propelled the students of Grade X to celebrate the blessings of their Gurus on the auspicious day of Guru Purnima. Dance, recitation of shlokas and a play depicting the 'Gurukul' culture highlighted the richness of the 'Guru-Shishya' bond inspiring the present generations to follow the values and discipline of this divine culture.



Grade VI - A Visit to Wada - Field Trip

Saturday, the 6th of August, 2022 was happily spent at Eco-Farm, Wada (Maharashtra) by the energetic Grade VI. The Eco-Experts shared insight on various farming techniques, uses of plants, new indigenous technological tools, and many more. Witnessing the growth of organic fruits and vegetables was a memorable sight to all!



Grade VII - Bollywood Film City - Field Trip

The Bollywood Film City, Goregaon welcomed the curious learners of NLDHS to the reality of reel life. Viewing the sets of television and films, an opportunity to watch shows at the Bollywood Theme Park and the Chroma Studio of film-making remained the highlights. Insight on work behind the scenes, folly, dubbing a song with sound and VFX effect stole the attention of the students.



PRIMARY SECTION

Grade I - EVS - Healthy Unhealthy Food

To foster healthy food habits, a food activity was conducted that provided hands-on experience to the students. Alongside spreading the significance of healthy food, the little learners were taught to avoid 'Junk food' in a creative and fun filled manner.



Grade II - Math - Fun with Numbers

Bringing to class the concept of 'Addition', an interactive activity was conducted wherein the young learners brought cut-outs of an ice cream cone and three different coloured scoops. The keen learners added the figures and wrote the numbers in the scoops with the 2 step addition.



Grade III - Social Studies - Changes, Now and Then

The lesson "Understanding Changes" speaks of the development and advancement of the society. A research-based project on the changes that occur (in the neighbourhood, lifestyle, food, work, clothes, houses, traditions, etc.) caught the attention of the students. This presentation to their classmates was a showcase of a wonderful enlightenment.



Grade IV - Science - Digestive Systems

In groups of ten, the curious learners were taken to the Biology Laboratory for a hands-on experiential learning. The model of the Digestive System and its know-how was taught to the students in a creative manner. Students were thoroughly engrossed in the lesson thus enjoying the session.



Grade V - English - Declamation Competition

An opportunity to showcase themselves as erstwhile great leaders of the world, students got into the shoes of these famous personalities and revived history with their speeches. Timeless speeches of stalwarts like Jawaharlal Nehru, Swami Vivekananda, Sarojini Naidu, Malala Yousufzai and Dr. Abdul Kalam spoke out loud!



World Music Day

Honouring musicians across the world for their ageless contribution, The Primary section celebrated the World Music Day. The Students and Parents of the Section actively participated in this Mega - Musical - Extravaganza 2022 - 23. Instruments like the Sarod, Tabla, Harmonium, Congo, Keyboard and Guitar filled the air with melodious music.



PRE - PRIMARY SECTION

Recitation Event

Exhibiting their linguistic talents with confidence, the tiny tots creatively recited poems with great zeal and enthusiasm. Their spirit of participation and love for the subject was commendable.



Cold Cooking Activity

Cold cooking activities in the section led to create awareness about the nutritional value of food cooked without flame. The tiny fingers of the Nursery section prepared 'Square Shape Biscuit Toppings', the Jr. Kg section garnished a 'Corn Chaat' and the Sr. Kg section furnished healthy 'Sprouts Salad'.



PRE - PRIMARY SECTION

A Thread of Love

The section celebrated 'Raksha Bandhan' with excitement and joy. Girls tied Rakhis on the hands of their classmates where boys returned their gesture by giving them sweets. The celebration of this festival which signifies the beautiful family bond of trust helped the students to nurture a healthy relationship amongst all at school.



Patriotic Hues

The children of the section celebrated Independence Day with great zeal on 12th August. Dressed in Tri colour attire, the students devotedly sang patriotic songs, spoke about the national symbols and Independence Day. The students had an interactive and inspiring day full of patriotic fun.



Humanity, to the Next Level

The mission of NLDHS is to imbibe qualities that help in moulding children to bring about a holistic development from the very early stage. Vikhyath Nair, a student of Sr. Kg J has set an example by donating his hair for the cause of cancer patients. The school is happy to note that the very quality is being imbibed by the student Vikhyath, a disciplined and studious boy, is now a role model for others to follow. This is an exemplary example for others to be inspired to help the society to be a better place to live in.



SCHOOL UPDATES

Independence Day, 2022

The zeal and gusto of the Independence Day 2022 celebration succeeds each previous year's. This year was no exception as India proudly celebrated its 75th glorious year of Independence. The 'Azadi Ka Amrit Mahotsav' evoked patriotic and nationalist emotions among all. Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. As the Tricolour was hoisted, the national anthem filled the air and was followed by a march past by the school team. Thus, the indomitable spirit of freedom will forever reside in our souls!



CISCE Karate Regional Championship, 2022

The three day CISCE Karate Regional Championship, 2022, hosted by N. L. Dalmia High School commenced on 2nd August and continued till 4th August. A thorough feast to the eyes, day 1 inaugurated the ceremony. Esteemed Mr. Hanshi Vispy Kapadia, founder of all India Gojukai Karate-Do, graced the event with his presence along with other dignitaries. The competition set about with the U-14 Boys category ranging from less than 20 to more than 60kg. The day exhibited excitement and vigour. Day 2 continued with the U-14, 17 and 19 girl's tournament witnessing a massive participation in the less than 18 to more than 68 kg category. Day 3 welcomed the U- 17 to 19 Boys from less than 35 to more than 82 kg category. The true fighting spirit of the participants kept the referees on their toes all throughout.



SCHOOL UPDATES

The Annual World Summit

This August 2022, Jamnabai Narsee School hosted the prestigious Annual World Summit 2022 its 11th Edition with grandeur. This distinguished amalgamation of ideas and thoughts in the form of an engaging MUN for the leaders of tomorrow. Multiple committees and enthralling agendas picked from real world scenarios and left the participants with better awareness of the global situation as well as an eagerness to make a change in these tumultuous times.

Ms. Rinchan Robert, Grade 12D received the 'High Recommendation Award'.



N. L. Dalmia at SISMUN Conclave, 2022

The SISMUN Edition 22 was dedicated to various important and noteworthy events in history that marked the beginning of a new dawn in various countries from Korea to Bangladesh. This session pronounced some landmark decisions from the reunification of Korea, to legalising LGBTQIA, to expelling Russia from the UNSC. N. L. Dalmia participated with great dynamism and learned about leadership, geopolitics and diplomatic. 15 students from Grade 8 to 12 participated in this conclave; and Mst. Sanchit Bhandari, Grade 8 received the 'Verbal Mention Award'. This proved to be a spectacular collaboration.



A Visit of Global Universities

Gen Next Education, Inc., by Mr. Girish Ballolla is an international education organization powered by passionate people dedicated to creating future-ready leaders. With the endeavour to bridge global education, the representatives of George Mason University, Drake University, Marian University, Boise State University and Vidya Shilp University etc. provided active assistance to questions on career choices to the ISC students of NLDHS.



- ◆ **AIMS 'Painting and Drawing' Competition 2022** at the Regional level hosted by CNM School on 13th August. Ms. Ayonija Prajapati, Grade XI (Senior Category) secured 3rd position at the Regional level.
- ◆ **ASIM Creative Writing Competition 2022** at the Regional level hosted by Ryan International School, Malad on 16th July, 2022. Ms. Myeisha Chaudhary, Grade XII (Senior Category) was the winner and at the Regional level and will be representing Maharashtra at the National Level which will be held in last week of September.
- ◆ **AIMS Declamation, Debate, Quiz - Participated**