



SANSKRITI

A Newsletter from **N. L. Dalmia High School**

INDEX

Shlok of The Month
Thought for the month
From The Principal's Desk...
ISC Section
Secondary Section
Primary Section
Pre-Primary Section
School Updates

SHLOK OF THE MONTH

आपूर्यमाणमचलप्रतिष्ठं समुद्रमापः प्रविशन्ति यद्वत् ।
तद्वत्कामा यं प्रविशन्ति सर्वे स शान्तिमाप्नोति न कामकामी ॥

Just as the ocean remains undisturbed by the incessant flow of waters from rivers merging into it, likewise the sage who is unmoved despite the flow of desirable objects all around him attains peace, and not the person who strives to satisfy desires.

THOUGHT FOR THE MONTH

"EDUCATION is the passport to the future, for tomorrow belongs to those who prepare for it today.

– Malcolm X

BIRTHDAYS

Hetal Viral Rajyagor	1st June
Ninata Vikas Desai	5th June
Simran D'souza	8th June
Munmun Bhawani Patel	11th June
Divya Shetty	12th June
Indrayani Sandeep Kamble	15th June
Binita Parmar	19th June
Shamashree Sen	20th June
Hemavati Anupam Singh	22nd June
Prathika Shetty	23rd June
Parvati Radheshyam Prajapati	23rd June
Sheetal Ajmera	26th June
Parwati Sharma	30th June
Savita Kukreti	30th June
Mrinalini Roy Choudhary	30th June

FROM THE PRINCIPAL'S DESK...

Education is not merely an acquirement of facts, but also of values which help us improve different facets of mankind. A pivotal role of education lies in shaping the personality of a child into a healthy mind and a happy soul, that is not only equipped the latest skill and aptitude required for academic excellence but also with values that help the child face the challenges of life in a balanced and harmonious way. Therefore, the system of education should work as a catalyst in making each child a balanced human being, having his core strengths embedded in the learning experiences emanating from our rich socio-cultural roots.

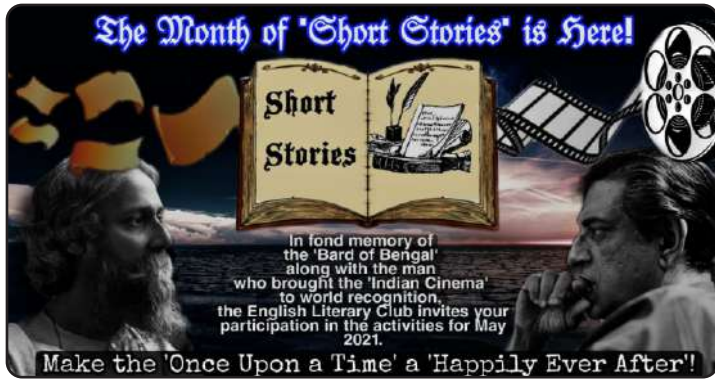
Education is a continuous and creative process. "Knowledge combined with the right attitude and skills is Education in the real sense". Hence I endeavour to promote academic excellence, development of skills especially in character formation, and prepare our children for future challenges.

Ms. Seema Saini
PRINCIPAL

ISC SECTION

The English Literary Club

Celebrating Short Stories with Tagore and Ray (May 2021)

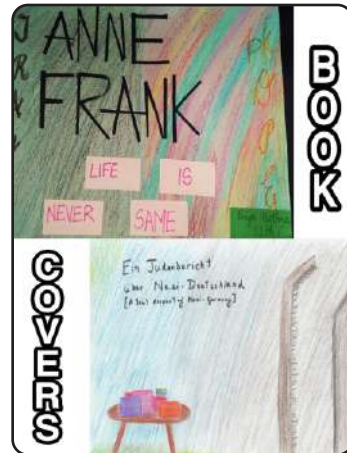
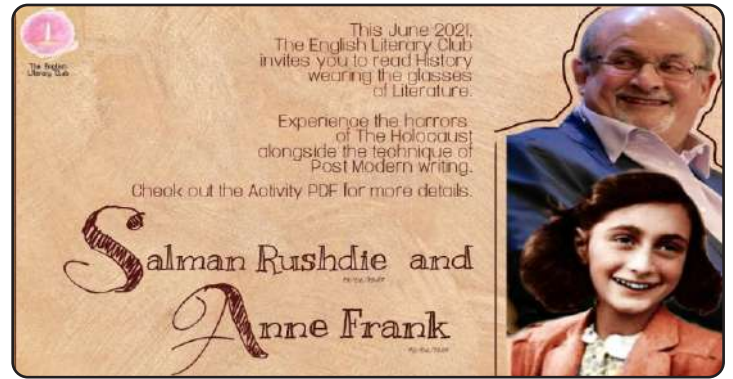


Despite its relatively limited scope, a short story is often judged by its ability to provide a complete or a satisfying treatment of its characters and subject. It was imperative to articulate to students that before the 19th century, 'short stories' were not generally regarded as a distinct literary form. Thus, it may seem to be a uniquely modern genre though the fact is that short prose fiction is nearly as old as language itself. As a genre, the short story received relatively little critical attention. The ELC of the ISC section thus chose to celebrate Short Stories alongside the birthdays of two renowned storytellers from the royal land of Bengal; Sir Rabindranath Tagore and Satyajit Ray. In the face of an activity, students were asked to furnish a pictorial presentation on any two of Tagore's poems. The ELC was happy to receive showers of Ode to the 'Bard of Bengal' (students' composition). For lovers of art, Students were asked to 'tell' a story from Tagore's treasure trove or Ray's cinema using relevant image cut outs from the newspapers or magazines. They were also asked to 'Show' Ray's movie using their 'reel'ing art (drawing in blocks of cinema reels). The ELC also asked students to design a book cover for any two of Tagore or Ray's work. Needless to say, the ELC activity for May 2021 was more than just success!

Ms. Leena Kadam
ISC (English)

The English Literary Club

Historical Literature - Salman Rushdie and Anne Frank (June 2021)



The ELC of the ISC section chose to knit English Literature using the threads of History. On the birth anniversary of Anne Frank (12th June) and Salman Rushdie (19th June), the ELC chose to explore The Holocaust and its trauma afflicted on to people alongside the style of writing of Salman Rushdie. 'Midnight's Children' is a loose allegory for events in India both before and, primarily, after the independence and partition of India. Thus, an introduction to the genre of Historiographic Metafiction was initiated. 'The Diary of a Young Girl' (by Anne Frank) is the real diary of a teenage girl that begins on Anne's 13th birthday. Her diary shows us things that people don't think about now, for example how every day the people in hiding worried about maybe being found and punished.

This June, the ELC has been successful in reinforcing the fact that History matters because it helps us as individuals and as societies to understand why our societies are the way they are and what they value. Needless to say, that studying history can help us to feel a connection with the past as we discover that some human experiences are universal across time.

Ms. Leena Kadam
ISC (English)

ISC SECTION

The EVS Club Re-connect to Re-Inforce



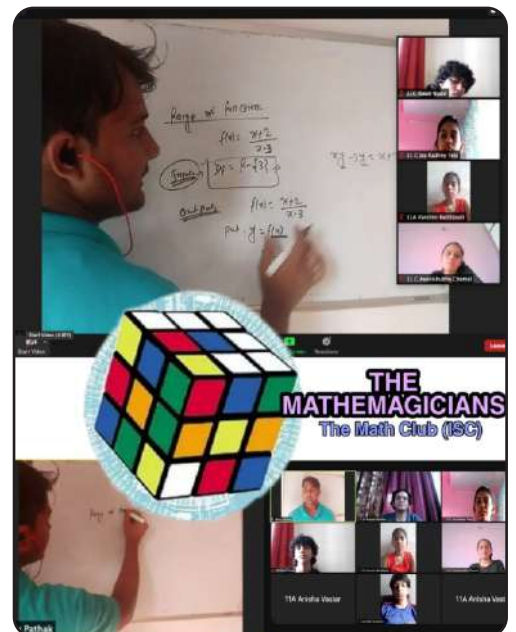
In order to re-connect to the environment, arouse awareness relating to nature and the realising the impact of human activities on environment, the ISC section of NLDHS marked 5th June as a Green Day! Nature does feel pain when hurt. Nature does feel unloved with several irresponsible human activities! Thus, by making posters, creating tangible plans to reduce personal environmental impact, the ISC section indulged in activities to adorn the World Environment Day. Students also undertook plantation of new saplings, explored and furnished biographies of Environmentalist, drew insight on Global warming, and touched upon matters of Hydraulic Fracking. Undoubtedly, Empathy towards nature was the profound lesson learnt! The Environmental Bulletin is a sheer showcase of our personal responsibility and accountability towards Mother Nature!

Ms. Aparna Singh
ISC (EVS)

THE MATHEMAGICIANS Life is Imperatively Mathematical!

Will the complicated formulas, proofs, trigonometry and other calculations ever be applied in day to day life? Well, it always will! Math is the universal language which is applied in almost every aspect of life. The ISC Section of NLDHS has established a 'Mathematics Club' named 'The Mathe Magicians'. This club aids to reinforce the vitality of math is day to day life; thus making it interesting to students.

Students were furnished with the gamut of opportunities that math has to offer in all walks of life. For instance, students were informed that when budgeting is in process, simple calculations (with the help of simple mathematical concepts) are the pre-requisites. Additionally, math is the basis of any construction work. A lot of calculations, preparations of budgets, setting targets, estimating the cost, etc., are all done based on math. Students who wish to study Interior Designing must know that math is inevitable in it. Interior designers plan the interiors based on area and volume calculations to calculate and estimate the proper layout of any room or building. Such concepts form an important part of math. Likewise, math is also an essential concept of Fashion Designing. Marking measurements, estimation of the quantity/ quality of clothes, choice of colour, choices of themes, estimation of the cost and profit, etc. math is followed at every stage. Thus, the ISC section looks forward to the 'hand-on' activities of the club 'The Mathe Magicians' shortly.



Mr. Bibhu Pathak
ISC (Mathematics)

ISC SECTION

THE COMMERCE CLUB

As the first activity of the newly formed Commerce Club, the students of grade 11 C furnished an insightful presentation exploring the details of the renowned Economists across the globe. A few of the famous names that covered the screens of the zoom classroom were Amartya Sen, Gita Gopinath and Karl Marx. It was extremely perceptive to learn about how the subject 'Economics' forms a vital place in the basic comprehension of day to day life!

The students collaborated and researched on their preferred Economist and thus showcased the details elegantly to the class. The showcase was in a form of a video recording that was later compiled to form a wonderful thread of information. Ms. Vaibhavi Lakhani (11D) and Mst. Hriday Subedi (11C) stood as a backbone to this creative and insightful compilation. As an endeavor to acquaint students to renowned Economists and the Theories developed by them, the Commerce Club, undoubtedly began on a note of success. It was a joy to watch students effortlessly gauge the practical utility of Economics and further link it to the deeper comprehension of human behavior, and getting to know each other well in the classroom!

Ms. Mamta Vankani
ISC (Economics)



RICORDI - ISC Convocation Ceremony (Class of 2019-2020)



On Friday, June 18, the students of grade XII (AY 2020-2021) conducted a virtual Convocation Ceremony for the class of 2019-2020. The ISC Section witnessed its 6th batch graduate with pride (within the safety of their homes). Indeed, the essence of education is to be a holistically developed person who can positively impact the society. It was a triumphant moment to watch the school's legacy of knowledge and values amalgamate not only with the near vicinity but also beyond the global arena. In the informal compartment of the ceremony, a 'jaw-drop' performance of dance and melodious rendition warmed the cockles of everyone's heart. A compilation of photos - an ode to college time friendships, competitions and countless memories was showcased. This video took the students on a nostalgia trip to their college days. These memories also gave the programme its name - 'Ricordi' (Italian for memories). The Vote of Thanks followed by the National anthem heralded the end of the ceremony. Grace, Satisfaction and Memories lingered around until long! Watch the complete ceremony on https://youtu.be/_eMi-ZFMYWM

Ms. Riddhi Gupta
Grade 12 (AY 2020-2021)

SECONDARY SECTION

Grade 6 Slogan writing



The students of grade VI participated in the slogan writing competition held on 15th June 2021. The students displayed their thoughts through an array of posters. As International Yoga day was to be celebrated on June 21, the topic for the competition was Importance of yoga/ World yoga day.

Yoga is the dance of every cell with the music of every breath that creates inner serenity and harmony. International Yoga Day 2021 will be observed on June 21 this year to highlight the importance of Yoga and the pivotal role it plays in rejuvenating our mind and the body, leading to a healthier lifestyle.

The participants transformed their thoughts on a Canvas, they expressed their creativity through wonderful sketches, quotations and paintings. The students wrote slogans to spread the message on the importance of yoga for one's well being. They also highlighted how Yoga not only provides physical and mental relaxation but also develops strength and resilience. The numerous benefits of Yoga make it a popular practice for people across the globe, especially in times of a pandemic when mental and physical health is under stress.

Grade 6 Scratch



Scratch is a block-based visual programming language and website targeted primarily at children between 8-16 as an educational tool for coding. Users of the site can create projects on the web using a block-like interface.

The students of grade VI participated in the scratch programming activity held on 22nd June. They were asked to prepare a conversation using two sprites, talking about digital India. They have to use the background, monitor block and many more features which they were well versed with. This encourages the students to learn creating animations that talk aloud, using the Text-to-Speech blocks. There are a wide variety of ways in which students can explore through this, from creating interactive stories to making virtual pets that talk back.

The importance of Scratch has been highlighted in 2020 as the COVID pandemic forced schools to close. Activity in the Scratch doubled as young people, confined to their homes, turned to Scratch to express themselves creatively and connect with one another.

This activity was held to spark children's creativity and engage children with diverse interests and backgrounds.

Grade 6 POSTER MAKING- Father's Day



A Poster Making Competition was held for the students of grade VI on the 8th of June 2021. The objective of the competition was to ignite the fire of imagination and creativity in the students. The theme of the competition was 'Father's Day'. Students were asked to express their love and gratitude through paintings and sketches. The young learners displayed their artistic skills through an array of posters. All the students participated in the competition with immense zeal and enthusiasm and made beautiful posters which showed their love, respect and appreciation to their father. It was great to watch these young minds creating and displaying their ideas on paper. The students thoroughly enjoyed the activity.

SECONDARY SECTION

Grade VI- Father's Day Celebration



Father's Day is a celebration honouring fathers and celebrating fatherhood, parental bonds and the role of fathers in shaping the lives of their children. The students of grade VI celebrated the day in their own special way.

The students clicked pictures twinning with their dad, some danced with them and some enacted funny moments too. The students showed their love by participating in a virtual celebration along with their dad organised by the school. The program took off with a beautiful display of posters made by the students wishing their fathers a very happy Father's Day. It was then followed by various other performances like dance sing-song and poetry put up by the children. The student and their fathers enthusiastically participated in the program and prepared a dance number to tap their feet, a jugalbandi and mimicry performance which filled the ambience with laughter.

The fathers actively participated and thoroughly enjoyed playing the games that were organised by the school captain and vice-captain. The spirits of young students are not dampened during these unprecedented times, and this was evident from the way they celebrated Father's Day, depicting their unending love and gratitude for their fathers. The kids made cards, posters and did various things throughout the day for their father.

The dynamic event concluded with the fathers expressing their gratitude on the occasion. It was a memorable event which the father and the child will cherish for a lifetime.

Digital Assembly 10E- AGAPE GIVERS



The term 'Agape Givers' means a selfless helping hand. A hand with a gentle serenity, pious unity, caring amity and human purity. Our main motif behind this assembly was to convey this fact to the audience that 'We can't help everyone, but everyone can help someone.' So, for the better visualization of this concept, we displayed two videos –

- A video to make everyone realize how privileged we all are.
- A Video on how we can help someone by small acts of kindness.

Moving ahead, our fellow classmates presented a skit where the protagonist, though a poor utensil hawker, helped a another poor man and a dog with some food. This act of kindness was observed by a young girl. Who in turn decided to help the needy just like the poor hawker.

To involve the audience we conducted a few brain boosting games and a quiz where the students had to guess the names of some eminent personalities who are actively involved in social issues. Furthermore to keep the audience entertained, a dance was performed by our classmates. We concluded our assembly with the National Anthem.

SECONDARY SECTION

Grade 7 Logo Designing Competition



“Good design’s not about what medium you’re working in. It’s about thinking hard about what you want to do and what you have to work with before they start.”

-Susan Kare

The logo designing competition showcased a myriad of creativity of our children of grade VII. The topic given was ‘design a logo on an NGO you want to start with.’ Empathy, Respect and Humility could be visualized in the captivating logos designed, speaking about their emotions of extending their help and hand through their NGOs.

Grade 7 Debate Competition



“It is better to debate a question without settling it than to settle a question without debating it”

- Joseph Joubert

The smart way to keep people passive and obedient is not to strictly limit the spectrum of acceptable opinion, but allow very lively debate within that spectrum. ‘Modern Social Media makes People Socially Less Active,’ was the topic given to our grade VII children for their debate competition. A very lively and sensible opinions of the students regarding the topic was seen speaking for and against the topic. The participants, armed with statistics and data made their arguments more emphatic with their righteous facial expressions and voice modulation. They exhibited great oratory skill. The competition was an enthralling experience for the speakers as well as the audience.

Grade 7 Banner Making Competition



The deadly Covid19 has brought the entire world to a standstill. It is imperative on our part to take the precautionary measures in order keep the virus at bay. Owing to this, our grade VII children actively took part in the banner making competition on the topic, ‘Safety measures against Covid 19.’

Children displayed their talents and brought to light the safety measures and the precautions to be followed to fight against this deadlyvirus through their Banners.

Grade 8 Music Makers

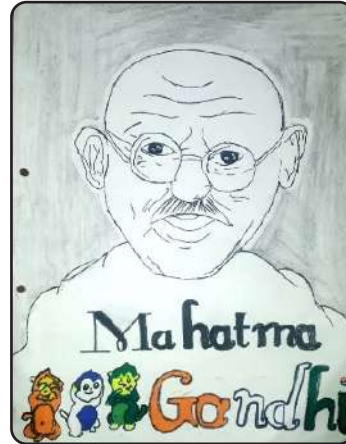
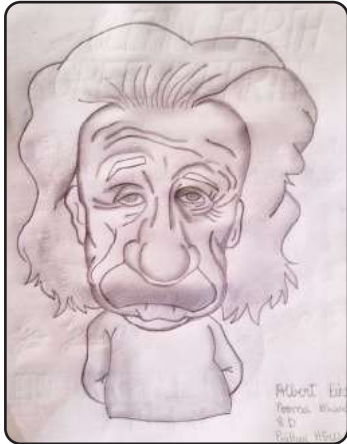


‘Music has the ability to take people out of themselves for an interval of time.’

To give the budding artist an opportunity to showcase their skills, and increase the accord between body and soul, an enlightening event – Music Makers was conducted on 10th June, 2021 wherein the students played a variety of musical instruments whose tunes reached directly to our heart.

SECONDARY SECTION

Grade 8 CAPTIVATING CARICATURE



'The greatest happiness comes from being vitally passionate about following your hobbies and interests that create belongingness for life long.'

To bring out the hidden talent of artistic ability in every student, a fun as well as innovative competition of Captivating Caricature was held on 24th June, 2021 where the students sought the platform to make caricatures of their idols.

Grade 9 SUPW Activities



The month of June brought with it much fun and excitement for the students of Grade 9 as they participated and witnessed some riveting activities.

The Debate Competition conducted on 11/6/21 had participants debate on the Topic, 'Advertising encourages us to buy things which we do not need.' Two Students from each house participated in the Competition, with much fervor and preparedness. One Participant spoke for while the other spoke against the topic. The aim of the Competition was to hone public speaking skills and to be articulate while expressing their thoughts and opinions. The Competition was a kaleidoscope of ideas, thoughts, opinions and perspectives that definitely enhanced the knowledge of the topic in the Students.

The next activity was 'Hasya Kavi Sammelan' conducted on 18/6/21 that saw participants reciting poetries that sprinkled humour all over. Four participants from each house gave in their best shot at the competition. Topics of the Competition ranged from Politics, Lockdown, Shopping to Childhood memories. It was indeed a fun-filled event with participants showcasing their poetic exuberance.

'Mono Acting', the next in line, was an intriguing and captivating activity conducted on 24/6/21. Four Participants from each house showcased their enthusiastic participation. Each participant displayed their acting skills with much fervour and zest. Participants were judged based on their creativity, expressions, attire, body language and props. The audience were entertained by every single performance.

The SUPW Activities conducted were truly a beautiful mosaic of enlivening and enjoyable events.

SECONDARY SECTION

International Yoga Day



“Yoga is a light which once you lit, will never dim. The better you practice the brighter your flame”.

B.K.S Iyenger.

Yoga is invigoration in relaxation. It is a science, a science of well-being, a science of youthfulness, a science of integrating body, mind and soul. The International Yoga Day was celebrated with much zest and gusto by the children of grade VII of N.L. Dalmia High School. Keeping in mind the theme of International Yoga Day this year i.e ‘Yoga for Wellness’, our Yoga teacher explained to our children the importance of Yoga in our day to day lives and how ‘Wellness’ should be the mantra of a healthy living lifestyle. The virtual celebration of this Yoga Day was really a treat for everyone’s eyes as our children could be seen performing various sitting and



standing asanas along with their yoga teacher with eagerness and vivacity. Since its inception in the year 2015, June 21st is celebrated as The International Day of Yoga all over the world. This idea was proposed by our Prime Minister, Mr. Narendra Modi. As he said, “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfilment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being.”

Happy soul, a fresh mind and a healthy body can only be achieved with Yoga and this was what indeed proved by our grade VII children as their beaming, fresh and dewy faces after their yoga session spoke about “Yoga as the gateway to happiness.”

-Shuchismita Dutta

Radio Show



As rightly quoted by Brian Herbert “The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.” The difference in physical and virtual school is clearly felt by the students, especially at this juncture; when the schools reopen after the summer break.

With the intention to pep our students for the next session and at the same time create awareness about the ways to preserve and save the environment, the students of N. L. Dalmia prepared and presented a Radio Show.

The students spoke about missing physical school, gave tips to sail through the academic year smoothly and at the same time, highlighted the need to protect the environment with some interesting pointers.

To break the monotony of endless information and tips, a ‘knock knock’ joke was a perfect way to bring back the smile on the faces of the children and knock open the door to new opportunities that this year has to offer.

SECONDARY SECTION

Doctor's Day



'The presence of a doctor is the beginning of the cure.'

-Isabelle H.

The portals of N L Dalmia High School echoed pride, love, reverence and nostalgia as it honoured its esteemed Alumni Doctors acknowledging and appreciating their unmatched selfless service to humanity! Indeed, a Doctor's mere presence in the life of a patient holds positivity that is more powerful than any medicine. No words are enough to appreciate the humanitarian service of Doctors.

The virtual Doctor's Day Celebration commenced with the school prayer followed by a graceful classical dance by our very students.

The Alumni revisited their schooldays through the school prayer and the dance bringing back fond memories. The Alumni were then apprised of the distinguished School Management- the Founder Chairman, Shri. Niranjanlal Dalmia, the Chairman Shri. Shivkumarji Dalmia and Hon. Secretary Mr. Shailesh Dalmia who have envisioned and empowered the School to achieving excellence in every sphere of education.

The CEO and Principal of N L Dalmia High School Ms Seema Saini, a visionary par excellence in her address expressed her elation on the School's Alumni scaling such great heights and bringing laurels to their alma mater through their benevolent service. Ms. Annie Michael, the Vice Principal, was equally delighted and gratified to welcome the eminent Alumni Doctors who have metamorphosed from being little school children to handling life giving and life saving responsibilities. This was followed by a warm welcome to the Core Team.

It was quite overwhelming to have Alumni Doctors join from different places around the world namely the UK, Sweden, Canada, the UAE and different states from India. They were blissed out at being honoured and felicitated by their very own teachers. A wistful undertone lingered as every single Alumni Doctor shared heart warming memories of their school days. To name a few eminent Alumni Doctors who shared their achievements we had Dr Dinesh Singh, DM Neurology who is one of the most preferred neurologists in Mumbai, Dr. Tirathram Kaushik, MBBS, MS, DNB Surgical Oncology, Associate Consultant at Kokilaben Dhirubhai Ambani Hospital, Dr. Latika Kalra, pursuing Super Specialisation in Cardiothoracic and Vascular Surgery from Delhi, Dr. Tofiq Bohrais an Oral and Maxillofacial Surgeon practicing in Mumbai, Dr. Ruchi Punamia, MBBS , MD Immunohematology and Transfusion Medicine. It was quite a proud moment for everyone to listen to the experiences and success stories shared by them on this platform.

To enliven the celebration , 'Back to School Days' quiz was organised for the Alumni. As a metaphor to the love, care and concern that Doctor's show towards their patients, a euphonious song and a heart-rending video were presented by the students of our School. The celebration came to an end with the Vote of Thanks proposed by the School Captain Ms. Akshiti Banerjee.

Truly, the celebration was a wonderful way to exhibit our love and gratitude to the selfless warriors who work round-the-clock shifts, putting their own health at risk. We salute the brave hearts who are inspirers of hope and life. Someone has rightly said- 'Dr' is not just a prefix, it is a superpower!
Ms. Lynn Pereira

PRIMARY SECTION

International Father's Day Celebration

A fathers' selfless love is essential in nurturing the child and there could not be a more universal celebration than the one that celebrates the achievements and efforts of Father. With great warmth and zeal, the students of the Primary Section celebrated Father's Day on 17th , 18th and 20th June, 2021 Virtually. Our Vice Principal offered a heart-warming welcome, congratulating all the dads on their special day, followed by a lovely message by our CEO and Principal, Ms. Seema Saini, where she addressed the fathers and shared her thoughts on this occasion. There was a plethora of activities marshalled for the fathers reminding them about how they are more like Superheroes than just Dads. The Father's Day Celebration began with a wonderful dance performance by our students. This was followed by a Fashion Show by the Fathers themselves, where they were dressed as different Superheroes proclaiming how they promise to safeguard their families always. The fun filled ambience again transfused, with the fathers ready to engage themselves in various challenges like 'Fitness Regime', 'Fruit Carving', 'Balloon Activity', 'Fetch the things around you', and Antakshari. The 'Father's Day' was celebrated with pomp and merriment on 20th June, by the students of Grade II. Ashna Vaishnav, gracefully welcomed all the fathers with immense pleasure and zeal. A mesmerizing activity of the 'Jungle Safari' was shown where the kids along with their fathers made beautiful 3D projects of the jungle which imparted immense knowledge to the kids about the different kinds of animals. An array of activities was also conducted in the online sessions to allocate the knowledge to the students about the various concepts from different subjects, based on the Father's Day theme. The father child duo was beautifully portrayed in twinning attire which inspired everyone. There was an ideal Father Contest - My Dad My Superhero for the fathers where a question answers round was conducted by the core team members. There was also a dance performance by the father and child that won the hearts of the audience. The celebration concluded with the vote of thanks by Chitra Sharma, a Grade II student who expressed her gratitude to the core team members, teachers, dads and the audience. This flawless Father's Day Celebration proved to be a memorable one that showcased the love of the fathers for their children.



Enthusiastic dads' attempts push up challenges.



Fun time with balloons.



Game: Fetch the things



Amazing Fruit Carving done by dads.

PRIMARY SECTION



Glimpses of Fathers' Day celebration.



Fun time with dads.



National Doctors' Day



National Doctors' Day is celebrated on 1st July, 21 to appreciate all the Doctors who have played a significant role in our lives. The students of N. L Dalmia High School took a moment to say a big "Thank You" to all of the Doctors with zest. The event began with our Principal ma'am, Ms. Seema Saini expressing her heartfelt gratitude towards the superheroes, 'Doctors'. This was followed by Ms. Iqra Kaware, the Sports Junior Captain of Grade V, highlighting the significance of the day. The students, who have their parents as doctors, spoke a few words on how proud they were for the kind deeds and hard-work done by them. The Doctor parents too shared their experience and how they are proud to be associated with India's fight against the virus. The school along with the students paid tribute to our parent doctors displaying beautiful posters made by them. Other parents too expressed their respect through a musical performance by playing various musical instruments like the Tabla, Violin, Guitar, Keyboard, etc. The event concluded with the song 'Heal the World', sung by our student which helped us believe that we can survive any situation that comes our way.

PRIMARY SECTION

World Music Day



The Primary Section of N.L. Dalmia High School celebrated the 'World Music Day' to honor musicians around the world and their contribution towards making everything melodious. The event was graced by our Vice-principal, Ms. Melita Coutinho and the Activity Supervisor, Preeti Thackeray. The students of Grade V were part of this Mega - show. Parents too were decked up in the Rockstar theme. The students across the Primary Section gave an instrumental performance with great zeal and enthusiasm. The performances featured many blossoming musicians with an assortment of unique musical combos. The highlight of the day was 'My favorite Musician', where students dressed up like their favorite

national or international musicians like Kishore Kumar ,Michael Jackson and Anna Kendrick and paid tribute to them by singing their masterpiece. The surprise element of the show was to see our talented Parents who played different instruments like Flute, Tabla, Violin and Piano and mesmerized the audience. It was wonderful to hear and see our parents' live music performance. The event concluded with the national anthem sung by one of the students'. This day amplified and invoked every parent and students to be immersed in music.

International Yoga Day

Primary Section of N.L. Dalmia High School celebrated International Yoga Day on 21st June to bring peace, harmony and happiness. Yoga session was conducted by our very own Yoga teacher, Ms. Mrinalini in the Zoom application for the students of Grade I and II. Parents also accompanied their wards while demonstrating the exercises. Various yogic exercises and asanas were demonstrated like Surya namaskar, Omkar chanting, and finally ended with Pranayama and meditation. An array of rich activities was conducted for the students of Grade III, IV and V to raise awareness of the many benefits of Yoga. Students participated in Family Asanas Challenge - where students along with their family members demonstrated a few sitting and standing asanas and yoga exercises. Students also made beautiful posters on the importance of Yoga in daily life. These activities encouraged students to practice regular yoga to remain fit and improve concentration.



Students also made beautiful posters on the importance of Yoga in daily life. These activities encouraged students to practice regular yoga to remain fit and improve concentration.

Grade II Poetry Recitation Competition



Poetry Recitation is the rhythmical creation of beauty in words, a good poem helps to change the shape of the universe, helps to extend everyone's knowledge. A poetry recitation competition was conducted by the Grade II students of N.L. Dalmia High School on 29th June, 2021 where the students dressed up with the theme 'nature' and recited beautiful poems on nature. It was a stepping stone for the young students to develop their verbal skills and to boost their confidence. This helped the students to spread the fragrance of love for nature. The students also developed their speaking skills and the aura of nature enhanced the

natural touch to the competition. It was fairly judged by the judges and it was a cherry on cake to see the young talents of the Grade II dressed up and reciting beautifully.

PRIMARY SECTION

Grade IV Social Studies Quiz



N.L. Dalmia High school conducted an Inter house Online Social Studies Quiz Competition for Grade IV students on 29th June, 2021 with full zest.

The Junior House Captains of all the houses motivated their respective team mates.

Social Studies Quiz covered the various aspects from Historical to Geographical, Sociological to Wildlife. The format of the quiz entailed three rounds - Question Answer Round, Visual Round and Rapid Fire round. Each contestant exuberated confidence as they answered the questions. The event witnessed enthusiastic preparation and participation. The competition aimed to enhance academic knowledge

amongst the students. The event proved to be very educational and informative for the students. It was a much appreciated endeavor by the school. Such events go a long way in molding students' personality and testing their knowledge.

Grade V Science Quiz

N. L. Dalmia High school conducted an Inter House Online Science Quiz Competition for Grade V students on 2nd July, 2021 with full zeal and enthusiasm. The Junior House Captains of all the houses motivated their respective team members.

The Science Quiz covered the various aspects from Machines in our daily life, The Skeletal System to Global Warming and Forest. Each contestant exuberated confidence as they answered the questions. The event witnessed diligent preparations by the students and an enthusiastic participation by all. The competition aimed to enhance academic knowledge amongst the students and proved to be very educational and informative for them. It was a much-appreciated endeavor by the school. Such events go a long way in molding a student's personality and enhancing their knowledge.



Virtual - Experiential Learning

N.L Dalmia High School values grit, rigor and creativity in preparing students to attain holistic development. In Primary the students are engaged in the class in kinesthetic and experiential learning, hands on experience, where students carried out physical activities rather than merely attending a lecture.

Students of Grade I dressed up like their favourite community helper and spoke about it. In consonance with the chapter *Community Helper - My neighbourhood in EVS, students actively participated and shared what they want to be when they grow up. Students also stated the importance of that particular community helper. Therefore, this activity enabled students to speak and express themselves.



If you can dream it, you can make it.

PRIMARY SECTION

Through a hands-on approach to inquiry, students are encouraged to engage in fun filled activities. Students of Grade IV and V made the model of the Earth and labelled the important longitudes and latitudes, Poles and directions. This enabled students to know more about the planet Earth.



Fun is just another word for learning.

Students of Grade IV and V learnt the parts of speech, Adjectives through fabulous activities in their Hindi session. The teacher asked the students to bring different things and describe them. Students actively gathered objects and described each object in Hindi. This encouraged students to speak confidently.



PRIMARY SECTION

Digital Assembly

The students of Primary section conducted Digital Assembly. The topic for Grade I was 'Discipline.' Grade II conducted on 'Respect,' Grade III conducted on the topic 'Sincerity.' Students of Grade IV was conducted on 'Determination' and V organized on 'Caring for wildlife.' Assemblies contribute greatly to the community culture of our school and pass on positive values. The assembly started with prayer followed by the following activities – Thought for the day, News headlines, Story time, Amazing facts, Poem recitation, importance of the day and Talent Round. This encouraged students to unearth and unleash their hidden talents and oratory skills.



PRE-PRIMARY SECTION

FATHER'S DAY



"He never looks for praises,
He's never the one to boast.
He just goes on quietly working,
For those he loves the most."

-Karen. K. Boyer.

All children share an unique and wholesome bond with their father. A father's tears and fears are unseen, his love is unexpressed, but his care and protection remain as a pillar of strength throughout his child's life. This pandemic has presented the fathers of preschoolers a chance to create a great bonding opportunity, wherein they could closely witness and be a part of every step of their child's growth and development.

Right from the day a child is born, he looks up to his dad as his superhero. A father remains as a guiding light, a mentor and a support system for his child, right from taking his first step as a toddler, to walking into his dream college and towards a

successful career. Father's day is celebrated to honor fathers and the endless efforts they make for the betterment of their family. It is one occasion on which children come forward to express their love and gratitude for their fathers.

The pre-primary section of N. L. Dalmia High School conducted a virtual celebration of father's day event across all grades; right from Sunflower playschool to Sr.Kg on Sunday, 20th June, 2021. The motive behind this was to provide a platform to all the children to collectively spend some quality time with their fathers and for us to offer gratitude and appreciation to the Fathers' that they rightfully deserve.

The theme of the event was varied across all grades; the theme for Sr.Kg and Nursery was twinning, whereas the Fathers and the children of Jr.Kg dressed as Bollywood pairs. On the other hand, the tiny toddlers of Sunflower Playschool were dressed as little Hawaiians with their Fathers'. The event was packed with an interesting lineup of activities, like; 'Aaja Nachle', wherein the Fathers' and children loosened up and danced to the tunes played by the teachers, 'Antakshari' to test the sense of rhythm and to make the event entertaining. Other activities like making sandwiches, coolers were also done by the Fathers'. Innovative games like racing with tied up legs, and paper folding were played during the event, to make it more engaging.

The event was a big success and received a lot of positive feedback. The Fathers' felt special and appreciated as they got a chance to spend quality, fun-filled time with their little children.

DRAWING AND COLORING DAY.

'Of all God's gifts to the sighted man, color is holiest, the most divine, the most solemn.'

- John Ruskin.

Studies have shown that use of colors not only help in increasing the brain's productivity but also instill creativity and increases the capacity to focus and learn. Colors can have varied effects on children, from causing excitement, to stirring calmness, and producing inspiration. It provides visual and cognitive stimulation to preschoolers as it is easier for them to focus on what they see. Presenting a child with a wide range of colors and giving them the liberty to explore their inner artist can have a large impact on their minds.

Keeping this in mind, the Drawing and Coloring day was conducted in pre-primary section on Friday, 11th June 2021; in Nursery, Jr.Kg, and Sr.Kg. The theme for this event in Sr.Kg section was "Save Earth", to raise awareness among children about Environment Day; which was on 5th June, 2021. On the other hand, the students of Jr.Kg played color sorting games during class with various objects that are easily available at home. They were also asked to have some colorful snacks, and wear colored clothes. They did coloring in their book using their favorite colors.

A ball is every child's favorite toy and filling color is an activity that gives them joy. Hence, the students of Nursery section were asked to do Q-tip dabbling in a picture of a ball. All the activities were enjoyed by the students.



PRE-PRIMARY SECTION

YOGA DAY.

“Yoga is the journey of the self, through the self, to the self”

- The Bhagavad Gita.

Regular practice of Yoga has the potential to completely transform one’s life, to guide someone towards light when darkness is all they can see..... Introducing preschoolers to practicing Yoga is very essential; as it strengthens their growing bodies, and increases their flexibility. It also helps to calm their chaotic minds. International Yoga Day was celebrated in all grades of the Pre-Primary section on Monday, 21st June 2021. Some children, whose bodies were already familiar with Yoga, surprised their teachers and classmates by showcasing their skills during the online class, whereas the others enjoyed practicing this new form of exercise.



COLD COOKING.

Food is the a Universal topic that brings people together. It is not exempted from anyone, be it from any age group, any race, and any part of the world. Making something by themselves, for the rest of their family, gives genuine pride and happiness to the preschoolers. This was witnessed first-hand by the teachers on Friday, 25th June 2021, when the children were taught to do cold cooking during class. Children from all grades made different snacks.... like tangy ‘corn chaat’, ‘doraemon sandwich’, ‘sprouts salad’. It was an enjoyable activity for the students.



STORY-TELLING

The art of storytelling is one of the most celebrated art forms. The only way to acquaint the students with this art form is by involving them in it personally and making them perform. Storytelling not only helps students to bring clarity in their speech but also instills some very important moral values and etiquettes. It also presents a platform for co-learning wherein the students can learn something from the stories that their peers are performing. The Sr.Kg section conducted a virtual storytelling event in which every child got a chance to perform a pre-learned story in front of their teachers and classmates. Every participant’s efforts were acknowledged with a participation certificate. Events like this, where every child is given a chance to perform before an audience, play a very important role in their personality development and to build their confidence.



SCHOOL UPDATES



International Asteroids Discovery Project 2021 by STEM &Space, India in collaboration with International Astronomical Search Collaboration (IASC): STEM & Space had organized the 'International Asteroid Discovery Project' last year (2020) and 150 participants who made 372 preliminary discoveries, and 19 provisional discoveries, certified by International Astronomical Search Collaboration (IASC). This year too, the Discoveries and Observations were made and 751 preliminary discoveries done by the students. Our team of 2 students Mahiak Sankhe and Ranveer Singh, Grade VII has done a stupendous job in the **STEM & Space Asteroid Search Campaign and completed 24 sets, preliminary discoveries.** A few of the total preliminary discoveries will convert to provisional discoveries, which will be announced only after 6 months of observing the objects. All the students have been awarded with a Certificate of Participation or Appreciation for their valuable contributions for observing the Near-Earth Object and Main Belt Objects, certified by NASA, IASC and Pan-STARRS observatory. The next stage is the provisional discovery, student discoverers will receive Provisional Certificates from IASC post the provisional discovery and the same will be catalogued by IASC in their Hall of Fame section (along with their school name with location). The month long project was planned and executed. Campaign 1 (April 5 - April 30, 2021) and Campaign 2 - May 3 - May 28, 2021. Each of these campaigns conducted in two phases, in which participants were guided online, by STEM & Space experts who are certified asteroid discoverers. Phase 1 was training prior to campaign - online expert guided specialized training followed by self-paced revision modules and Phase 2 was analyse is for duration of the campaign-Downloading, analyzing and reporting the data sets remotely during campaign.

➤ **Education world** - Student Say- An initiative of Education World films, Learn - Create - Contribute! -An Online Digital Media Production Program for 10-12-year-old children for Std 5-7 nominated by the school. The event was conducted by Education world.

- Ms. Laaibah Shaikh Std V
- Ms. Aarya Vedpathak Std V
- Mst. Sanchit Bhandari VII
- Mst. Pratyush Shah VII
- Mst. Shazahn Naqvi VI

➤ **Lenovo SmarterEd Scholarship an Initiative by Hindustan Times:**

The Lenovo Smarter Ed Scholarship Programme, an initiative by Hindustan Times, is an endeavour that aims to enable and empower young minds to have the best learning experiences. With the abrupt shift to online classes, the transition to learning online has not been smooth for students. Students across all age groups and parents faced challenges with technical infrastructure and financial capabilities. Therefore, the programme aims to make a difference by taking suggestions from the primary stakeholders of remote learning. This Scholarship programme conducted all across the country from Grade V to XII. where the students have given their opinion on how online education can be made better – more informative and engaging. The programme was designed for the students to participate with their preferred choice of written or verbal entries in the form of an essay, or an audio-video, an audio file, or even a PowerPoint presentation. Students residing across the country participated in the Scholarship Programme online through the website www.lenovoscholarship.com. Total **61270 students from 1375 schools** all across country participated.

200 students have been shortlisted based on originality of thought, constructive recommendation, creativity, the plausibility of the entry, and academic achievements. They have asked to share their ideas, concerns and creative solutions on the topics 'DESCRIBE THE CURRENT ONLINE EDUCATION SYSTEM'.

A panel of senior editors had an interaction the shortlisted students and selected the final 100 winners across the country and have been awarded have been awarded with various prizes, including Lenovo laptops and tablets worth Rs.25,00,000. The award means a great deal for each of the deserving children; it makes a big difference in their student

SCHOOL UPDATES

journey. The competition was held in 4 steps- Online nomination, short listing. Interview and the announcement of Winner.

Mahika Sankhe, grade 7 is the winner of HT Scholarship award 2021 for the 2nd time . She was also a winner of HT scholarship award in grade 5, in the year 2019.



➤ **12th June 2021- 17th (Online) UCMAS State Level Competition 2021** conducted by UCMAS Mumbai. 7 students participated from grade 2nd to 4th . The UCMAS Competitions are one of its kind events with children attempting 100-200 math problems in just 8 minutes! This is a unique and scientifically proven brain development program also an arena to face the competitive spirit & challenges. Students were recognized with certificates, medals & trophies.

Winners of N. L. Dalmia High School at the 17th UCMAS State Level Competition 2021 (12th June 2021)					
S. No	Students Name	Category	SLC Result	Awards	Std / Div.
1	ADITYA SATYANARAYAN GOWDA	G1	ADVANCED MODULE CHAMPION	Cash Rs. 6000+ Trophy + Certificate	4th C
2	HAMZA MOHAMMED NAEEM CHOUDHARY	D1	CONSTRUCTION MODULE CHAMPION	Cash Rs. 6000+ Trophy + Certificate	2nd C
3	TVISHA SATISH POOJARY	G1	CHAMPION	Cash Rs. 3000+ Trophy + Certificate	4th D
4	HRIDHAAN PANKAJ JAIN	E2	MERIT	Trophy + Certificate	4th E
5	RUDRA RANA	G1	MERIT	Trophy + Certificate	3rd A

12th June 2021- UCMAS Zonal Level Competition 2021 conducted by UCMAS Mumbai. **10 students participated** from grade 2nd to 4th.

Winners of N. L. Dalmia High School at the UCMAS Zonal Level Competition 2021 (12th June 2021)					
S. No	Students Name	Category	SLC Result	Awards	Std / Div.
1	ADITYA SATYANARAYAN GOWDA	G1	CHAMPION	Trophy + Certificate	4th C
2	HAMZA MOHAMMED NAEEM CHOUDHARY	D1	CHAMPION	Trophy + Certificate	2nd C
3	TVISHA SATISH POOJARY	G1	CHAMPION	Trophy + Certificate	4th D
4	SAIRAMA MULUPURI	B3	1ST RUNNER UP	Trophy + Certificate	7th B
5	RISHA TALESARA	F1	1ST RUNNER UP	Trophy + Certificate	4th
6	KUNJ NAGAR	F1	2ND RUNNER UP	Trophy + Certificate	4th G
7	HRIDHAAN PANKAJ JAIN	E2	MERIT	Trophy + Certificate	4th E
8	RUDRA RANA	G1	MERIT	Trophy + Certificate	3rd A
9	ILISHA VIKAS LODHA	D2	MERIT	Trophy + Certificate	4th E
10	DEEVEEASHA BHATT	H3	MERIT	Trophy + Certificate	7th

➤ **India Today General Category Quiz (For Class 9th to 12th students) - (Pre Zonal Pre, Semi-finals and Finals)**
General Category Quiz (For Class 9th and 10th students). The contestants participated in an online MCQ quiz with 30 questions.
Zonal Semi Finals - Winners from the Stage 1 had taken part in a virtual quiz.
Zonal Finals - General Category Quiz. Winners from the zonal finals will take part in the National Pre - Finals.

Name	Level 1 - Zonal Preliminary / Students Rank in School / School Rank 9th June	Level 2 - Zonal Semi-final School Rank 16th June	Level 3 - Zonal Final School Rank 23rd June
Tanishka Mehta	1st / 19th	3	1 / Qualified for Nationals
Mihika Khadloya	2nd / 19th	3	1 / Qualified for Nationals
Aaron Keith Boodle	3rd / 19th	3	1 / Qualified for Nationals
Kanishk Arora	4th / 19th	3	1 / Qualified for Nationals

➤ **National Slogan Writing Competition on Speak Up for Road Safety**

Every year, more than 1.50 lakhs people lose their lives in our country in road accidents and many more are debilitated. There is a need for the society at large to take cognizance of the issue and to join hands to make road safety a social movement. To give all the stakeholders an opportunity to take part in concerted action for the cause, National Road Safety Month was observed from 18th January 2021 to 17th February 2021. The theme of this year was, **"Sadak Suraksha- Jeevan Raksha"**. A Slogan Writing Competition was organized under the Umbrella of National Road Safety Month 2021 by the Ministry of Road Transport and Highways and Indian Road Safety Campaign (IRSC). That is where slogans come into play. Road safety is an important topic that needs a lot of attention. Road safety

SCHOOL UPDATES

slogans are imperative to remind individuals to adhere to traffic rules. Like other Contests, slogan writing also received a massive response of about 5840 individuals, determined to educate common people about the importance of road safety.

The top 3 participants were awarded with a cash reward. The overall event was informative as well as enlightening at the same time.

Divyanka Mishra, Grade 9 - won the third place in National Slogan Writing Competition- The results were declared in the presence of The Defence Minister of India.



on 19th of June. The theme chosen for the party was "Rainbow" and to connect with the theme every section was given a particular colour. It was a vibrant mix of beautiful colours from the rainbow that everyone was dressed in. It was an excellent gathering of unwinding the work pressure and bonding with each other. We were all connected with each other virtually for 3 hours by a simple wish, to be visible, to be heard and to know that everyone matters.



➤MaRRS International Play2Learn and Spelling bee by MaRRS Intellectual Services Pvt. Ltd. , EDU PLANET

•MaRRS International Spelling Bee Junior' National Prelims ,Maharashtra.

ANJALI NAIR – Jr Kg - Rank II-

•MaRRS Play2Learn" National Prelims for the Academic Year (2019-20 –)

•MaRRS Inter School Spelling Bee - 2020 -21

MISB - Category I - Rank -2 UMAIMAH AAMIR BARDAY, Sr Kg, RANK 4 with A++

MISB - Category II - Rank -3 MANASVI BOOB,

•The National Prelim: MaRRS International Spelling Bee JUNIOR is scheduled ONLINE on **Saturday 26th & Sunday 27th June 2021.**

20th June, 2021- Quadspark - A School Science Competition(online)conducted by IISc Bangalore’s Pravega. 16 students from grade 9-12 participated.

19th June, 2021- Virtual Tea Club Party (for the Staff)

" We are not a Team because we work together, We are a Team because we respect, trust and care for each other".

With this spirit a virtual get together in the form of Tea Party was organized for the entire team of N.L Dalmia High School

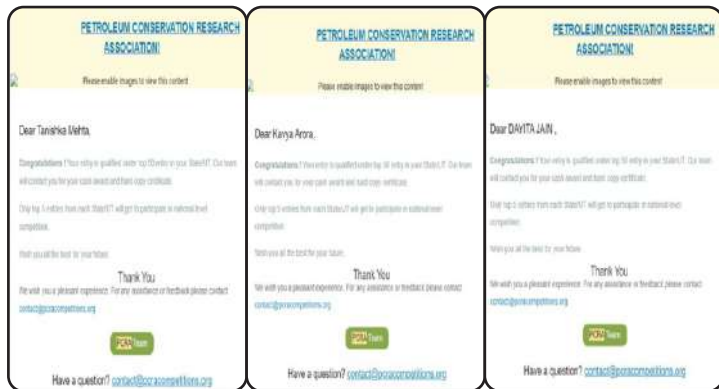
27th June, 2021. The Olympic Quiz - Road to Tokyo 2021

The 32nd edition of Olympics, Tokyo Olympics 2021 started from 23rd July 2021 and will end on 5th September at Tokyo, and in this edition, the Indian contingent will consist of around 130 strong athletes. With a view to extend our moral support to the Indian contingent, it has been decided to create awareness amongst the countrymen about the Olympics and Indian participation before the start of Olympics. This quiz is based on the past & current Olympics and athletes wherein questions were asked with multiple options and the user must select the correct option. On successful completion of each activity, each participant have been awarded with an e-certificate marking their participation. The winners will get an opportunity to win Indian Team fan jersey and some lucky winners will also get a chance to meet their favourite Olympian.



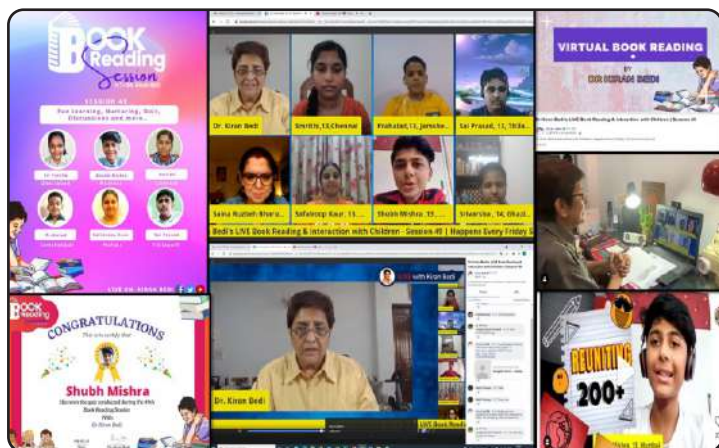
SCHOOL UPDATES

PCRA State Best Entry in Painting and Essay by PETROLEUM CONSERVATION RESEARCH ASSOCIATION of India
Tanishka Mehta, std IX , Kavya Arora , std VIII(Essay) and Dayita Jain, std VIII (Painting) entries have been qualified under top 50 entry in your State/UT. The students will be awarded with cash prize and hard copy certificate. Top 5 entries from each State/UT will get to participate in national level competition.

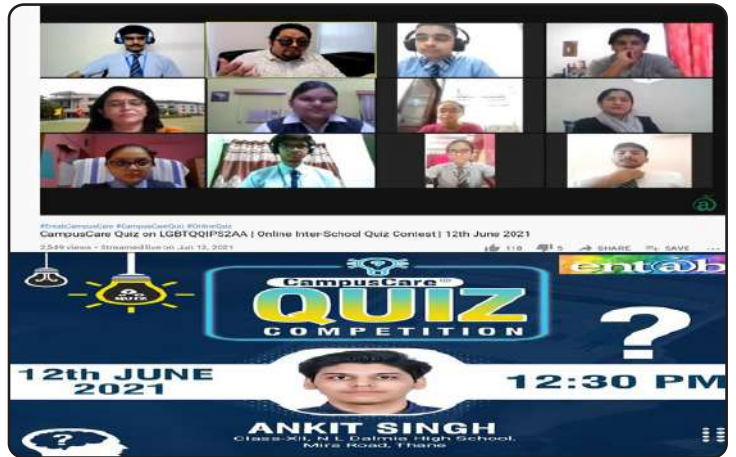


9th July 2021 - Dr Kiran Bedi's LIVE Book Reading & interaction with Children

Shubh Mishra, Std IX has been selected nationally to have one to one interactive session with Dr. Kiran Bedi, live with her on all virtual platforms of Youtube, Twitter, Facebook. Shubh was the winner of the Wimbledon Quizz that Dr. Kiran Bedi Maam had taken!



12th June Entab Campus Care Quiz Online (Live) - Inter-School Quiz Competition (Live) was on their Channel "Entab Campus Care"
Ankit Singh, Grade 12 represented our school at the National level.



24th June 2021 Song Contest „Dein Song für EINE WELT!“ (Your Song for ONE WORLD!) has entered its 4th round and is once again calling on young people to musically deal with development issues. Our school has participated in "Your Song for ONE WORLD!" Song Contest. Our entry has been received by them and now it will be reviewed and evaluated by a preliminary jury in due course and shall participate in the user voting. After validation process, it will be uploaded to their website of the song contest. The best entries will then be submitted to the main jury, who will nominate the winning entries in a two-stage procedure. The final results shall be announced

